

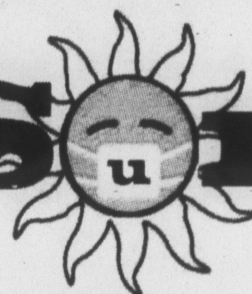


Early Fall Cross-Training Activities - Page 2
 Central Tabulator Counted Early Votes - Page 3
 Mulvey Wants To Hire Diverse Staff - Page 4



2
CAR-RT LOT..C-004
 THOMAS CRANE LIBRARY
 40 WASHINGTON ST
 QUINCY, MA 02169-5304

The Quincy Sun

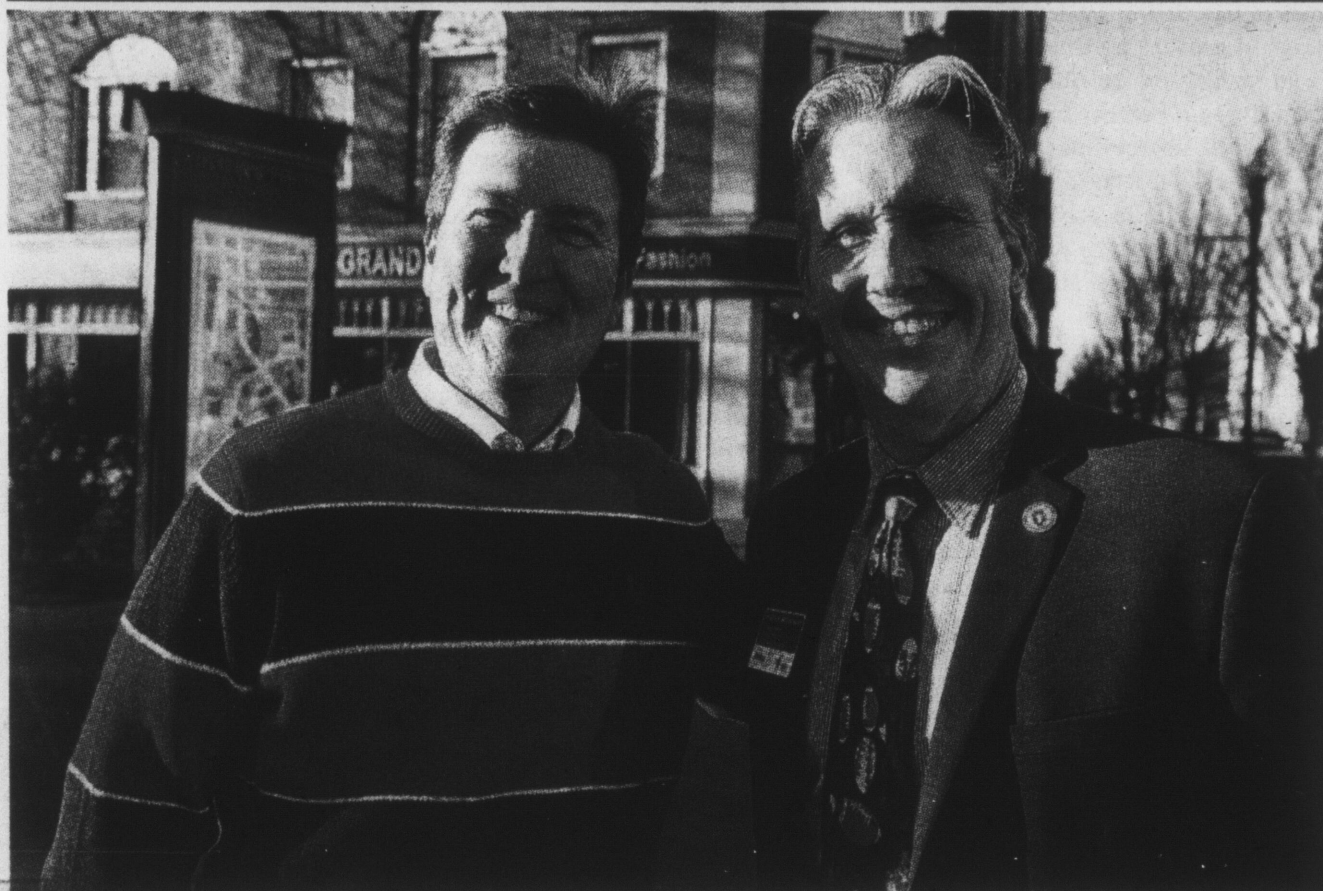


Historic Quincy's Hometown Weekly Newspaper Since 1968

VOL. 52 No. 52

Thursday, September 10, 2020

\$1.50



IT WILL BE McDermott versus McDermott for Norfolk County sheriff in the Nov. 3 election. Republican and current sheriff Jerry McDermott (left) faces a challenge by Quincy Democrat Patrick McDermott (right). This photo was taken last November at the Salvation Army Community Leader kettle in Quincy Center. Patrick McDermott won the Democratic nomination for sheriff in the Sept. 1 primary by 966 votes defeating two challengers: former Mayor William Phelan and retired State Police trooper James Coughlin of Dedham. Jerry McDermott was unopposed in the Republican primary. The winner of the sheriff's race Nov. 3 will serve for two years - the balance of former Sheriff Michael Bellotti's term. The two McDermotts are not related.

Quincy Sun Photo/Robert Bosworth

It's McDermott Vs. McDermott For Norfolk County Sheriff

*Lynch, Shea, Bellotti Also Win;
DiBona, Hubley, Madden Finish
3rd, 4th, 5th In Probate Contest*

By SCOTT JACKSON

Patrick McDermott won the Democratic primary for sheriff and will face Republican Jerry McDermott in the November general election.

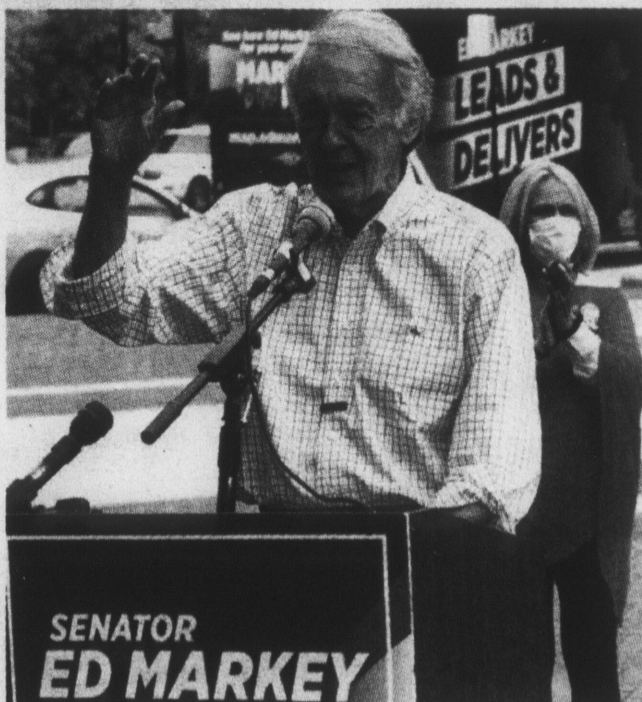
Patrick McDermott, the current register of probate, is one of three Quincy Democrats who prevailed in county contests during the Sept. 1 state primary along with Michael Bellotti in the race for treasurer and Joseph Shea in the race for commissioner.

The turnout in Quincy was 38.25 percent, with 23,596 of the city's 61,622 registered voters casting ballots. More than half of those ballots, 12,263, were submitted by mail

or through in-person early voting. City Clerk Nicole Crispo said turnout in November could be in the high 70s, which would surpass the 70.44 percent turnout seen in the last presidential election four years ago.

McDermott defeated two other Democrats in the primary for sheriff, former-Quincy mayor William Phelan and retired state trooper James Coughlin of Dedham. McDermott finished with 49,272 votes to Phelan's 48,306, a margin of 966 votes or 0.67 percent, according to the Associated Press. Coughlin was third with 45,159.

Cont'd On Page 3



ANOTHER BIG WINNER in the state primary was incumbent U.S. Sen. Edward Markey who turned aside a challenge by Cong. Joseph Kennedy III to win the Democratic nomination. Markey - shown here speaking at a "Get Out The Vote" rally at the Hancock-Adams Common Sept. 27 - carried Quincy with 10,463 votes to Kennedy's 9,283 votes. Markey will face Republican nominee Kevin O'Connor Nov. 3.

Quincy Sun Photo/Robert Bosworth

Bus Rules Change Approved

*Students 2 Miles From School
Eligible To Ride On A Bus*

By SCOTT JACKSON

The School Committee approved a change in the district's transportation policy that will cut the number of students eligible to ride on school buses.

The new rule, approved on Sept. 2, requires students to be two miles away from school to be eligible to ride on a bus. Previously, the district offered bus service for students up to grade five who lived more than 1.5 miles away from school.

Michael Draicchio, the school system's transportation director, said the change would reduce the number of students eligible for bus service from 570 to 70. The

change does not apply to special education students.

The proposed rule change was introduced on Aug. 26 in response to new guidance for school buses issued by the state amid the coronavirus pandemic. Those rules allow no more than one student to sit on each bench inside a bus, though siblings can sit next to each other. Students must also alternate benches on each side of the bus.

Draicchio on Aug. 26 said the rules would reduce capacity on buses to one-third of their normal occupancy.

Cont'd On Page 13

Quincy Students Can Play High School Sports

By SCOTT JACKSON

High school students in Quincy can participate in extramural athletics this year amid the coronavirus pandemic with new rules in place for various sports designed to reduce contact.

The School Committee on Sept. 2 voted to allow high school students to play during the upcoming school year. The committee was required to approve students' participation because high schoolers will start the school year Sept. 16 learning remotely.

Committee member

Douglas Gutro said students would benefit from being able to participate in athletics.

"I feel like school sports are an incredibly important part of social and emotional health as well as physical fitness for the kids," he said.

"I appreciate the state and the guidelines that they put out there. I'm sure there are some coaches and some players out there that are frustrated by them in each sport...but at least there are some parameters to give us the greenlight to move

Cont'd On Page 13



AARP Monthly Fraud Watch Update - Page 5
 Varicose Veins: Signs, Treatment Options - Page 9
 Strong Lending Drives Real Estate Market - Page 12

More Quincy news:
The Quincy Sun.com

Early Fall Cross-Training Activities

Practical Fitness With Wayne L. Westcott

By WAYNE WESTCOTT

If you have been doing a specific type of exercise this summer, it may be time to integrate complementary activities into your training program. Although you may not be interested in doing a triathlon, the three activities, running, cycling, and swimming, make for excellent cross-training exercises. If you do not have access to a pool or pond, rowing is an excellent substitute for swimming. Cross training refers to different aerobic activities that provide essentially the same cardiovascular conditioning benefits. However, performing three different endurance exercises reduces the risk of both physiological and psychological problems, namely overuse injuries and boredom.

While running and cycling both involve the leg muscles, running emphasizes the rear thigh (hamstrings) muscles, whereas cycling emphasizes the front thigh (quadriceps) muscles. Also, running requires weight-bearing exercise from a standing posture, whereas cycling requires weight-supported exercise from a sitting position. These activities are therefore highly compatible and complementary from a muscle-use perspective.

Rowing involves both the upper body and legs, with the majority of propul-

sive power produced by the quadriceps and hamstrings, the upper and lower back muscles, and the biceps muscles of the arms. Like cycling, rowing is performed in a body-supported position, which thereby eliminates the landing forces and shock absorption associated with running. This further enhances the value of cycling and rowing as cross-training activities.

As a general guideline, I recommend three cross-training sessions a week for beginning exercisers and up to six cross-training sessions a week for more advanced exercisers. For example, a sensible beginning fitness program may feature cycling on Mondays, rowing on Wednesdays, and running on Fridays. A more advanced cross-training schedule may include cycling on Mondays and Thursdays, rowing on Tuesdays and Fridays, and running on Wednesdays and Saturdays.

Even though cross training reduces the risk of overuse injuries, I recommend some specific strategies for further enhancing exercise safety.

Running Tips: To reduce shock to the feet, legs and lower back, do most of your running on softer surfaces, such as wooded paths, stone dust jogging paths, grassy athletic fields, or composition tracks. Also, invest

in well-designed running shoes that fit properly (loose in the toe box and snug in the heel), and provide appropriate motion control. Knowledgeable running shoe store personnel can advise you on the best shoe for your foot type, for example, straight last shoes for low-arched feet and curved last shoes for high-arched feet. Try to run during cooler times of day, and in shaded areas whenever possible. Avoid running on the sides of roads and beaches, as these sloped surfaces place uneven stress on feet, legs, and hips, which increases injury potential. If you run with a friend, your running pace should permit you to converse in short sentences. If you can't talk, you are running faster than necessary to promote physical fitness.

Cycling Tips: Although more expensive than a pair of running shoes, a good bicycle or indoor cycle is basically a one-time investment that pays years of health/fitness benefits if used properly and regularly. Most cycle shop owners are expert at selecting the bicycle that best fits your cycling needs and body dimensions. Essential cycling accessories include a well-fitted helmet, water bottle, padded bike shorts, tire pump, spare tubes and (possibly) biking shoes. Be sure to cycle safely, complying with all traf-

fic rules, signs, and signals. Always ride with traffic, preferably on roads with relatively wide shoulders. Be on the watch for cars turning in front of you or pulling out of driveways, especially in more populated areas. If convenient, bike as often as possible on designated bike paths or non-vehicle areas such as Wompatuck State Park.

If you prefer off-road cycling you will definitely exercise your upper body muscles along with your legs, and you will typically travel more varied terrain. However, you typically have a higher risk of spills, so learn the ropes from experienced trail riders before venturing into wooded areas by yourself.

Wherever you ride, avoid cycling when it is dim, dark, or raining. Dry, daylight riding is definitely recommended, for both safety and enjoyment. Of course, indoor cycling is more con-

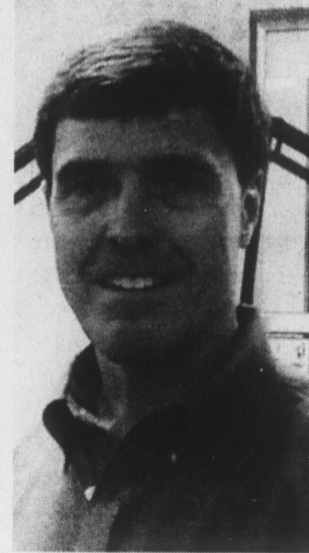
venient and requires fewer precautions, but may not be as interesting or scenic.

Rowing Tips: August and September should offer pleasant temperatures for outdoor rowing. When rowing outdoors, be sure to follow all navigation rules, and try to row in an uncrowded area (preferably without motorboats).

If you prefer to row indoors, most rowing machines provide a similar action and feel to water rowing. Just be sure to use the proper sequence of muscle activation, namely, legs, then back, then arms.

In terms of training duration, I recommend about 20 to 30 minutes of running, about 20 to 30 minutes of rowing, and approximately 30 to 40 minutes of cycling. Of course, beginners should start with shorter exercise segments before progressing gradually to longer training sessions.

Mixing up your aerobic activities provides physiological and psychological benefits that can enhance your exercise experiences



WAYNE WESTCOTT

and facilitate higher fitness levels of physical fitness. And if you don't particularly enjoy running, cycling, or rowing, feel free to substitute canoeing, kayaking, swimming, walking, or even tennis for your aerobic activities.

Wayne L. Westcott, Ph.D., is Chairperson of the Quincy College Exercise Science Department. He has written 30 books on physical fitness and strength training. Wayne may be reached at 617-984-1716 or at wwestcott@quincycolllege.edu.

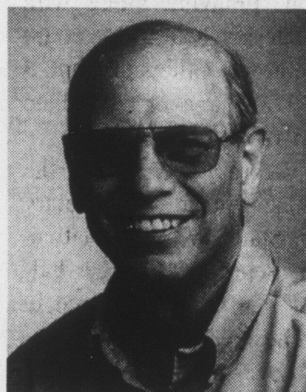
QCAN, Library To Host Online Lecture By Efficient Buildings Pioneer Sept. 15

Ron Judkoff To Discuss Renewable Energy Technologies, Ultra-Efficient Building Techniques

Quincy Climate Action Network and the Thomas Crane Public Library will cosponsor an online lecture Tuesday, Sept. 15 at 7 p.m. by Ron Judkoff, who recently retired as chief architectural engineer of the National Renewable Energy Laboratory (NREL), a US Department of Energy facility.

The lecture is free, and all are invited to watch and listen via the library's Facebook page (<https://www.facebook.com/tcplibrary/>); on its YouTube channel (<https://www.youtube.com/c/ThomasCranePublicLibrary>); or via the Zoom meeting platform. The Zoom meeting ID is 873-8149-9949, and you can access the audio over the phone by dialing 646 558.8656.

"Ron is a pioneer of efficient design," said David Reich, QCAN's board chair. "His team at NREL invented the concept of net-zero buildings, which



RON JUDKOFF

produce as much energy as they consume, using ultra-efficient design and renewable energy technologies. The team also provided energy design expertise for several of the world's first net-zero buildings, winning numerous awards along the way." In addition, during his 40-plus years at NREL, Judkoff led the development of new efficiency retrofits for mobile homes that have found their way into the federal standards for manufactured buildings, and he led the team that developed the first PC modeling system for building efficiency and a test to debug other building efficiency models.

Judkoff's lecture will cover both renewable energy technologies and ultra-efficient building techniques developed at NREL, with a special focus on the way that advances in both fields have dramatically lowered the cost of efficient building construction and renewable power generation. "Excel

Energy is the big power company in my area," said Judkoff, who lives near the NREL campus in Colorado. "Recently they solicited bids from electricity suppliers. Bids for wind and solar power came in so low that the company decided it was no longer economical to continue operating some of their existing coal-fired generating plants. And as soon as battery storage becomes a little less expensive, there will be no more reason to build any new gas-fired plants, either."

Judkoff predicted that, assuming a reasonably even playing field, renewables and efficiency will increasingly displace fossil fuels. "As long as politics don't overwhelm the free market," he said, "economics will win out. The only missing element is cheap battery storage, and the price for that has come way down and promises to come down further."

The author or coauthor of 60 conference papers, 42 technical reports, and 13 journal articles, Judkoff has lectured at the United Nations and many professional conferences. His work at NREL led to two patents, one for a super-efficient air-conditioning system and another for a technology that deactivates bioaerosols, including deadly viruses, while providing air-conditioning.

HEARING POWER IS BRAINPOWER

Learn how to engage your brain's full potential. Schedule a hearing consultation today.

Tobias
Hearing Center

40
YEARS IN BUSINESS

VOTED BEST
2018
BEST OF QUINCY

617.934.4656
Quincy • 382 Quincy Ave

We accept most insurance plans including MassHealth

TobiasHearing.com AUDILOGY CERTIFIED

QUINT'S
House of Flowers
Family Owned & Operated Since 1919
761 Southern Artery QUINCY
617-773-7620

S
E
P

1
0

2
0
2
0

Early Primary Ballots Centrally Tabulated Here

By **SCOTT JACKSON**

Election officials in Quincy used a high-speed tabulator to count more than 10,000 ballots that were submitted in the lead up to the Sept. 1 primary.

Most communities in the state were required to send mail-in ballots and early voting ballots to individual precincts to be counted on the day of the primary. Quincy was one of several communities that received permission to use a high-speed scanner in a central tabulation facility to count all ballots received through Aug. 30; ballots received on Sept. 1 were sent to individual precincts.

Election officials used the high-speed scanner to count ballots on two occasions, Aug. 24 and Sept. 1. Both times were posted on the city's website and open to the public.

The tabulator, about the size of large desktop printer, was set up in an office

inside the second floor of the glass City Hall annex building on the morning of Sept. 1. Clerk of Committees Jennifer Manning and John Dumas, a member of the Quincy Board of Registrars, were among those inside the room that morning. They were joined by Joel Bergeron of LHS Associates, the vendor for the tabulator.

City Clerk Nicole Crispo said the ballots were first sorted by ward and precinct. Stacks of up to 50 ballots at a time were then fed into the tabulator to be counted. The machine flags ballots with write-in votes, and those with defects, for hand counting.

Crispo said the city had received more than 9,000 mail-in ballots for the primary by the end of the day on Aug. 30. An additional 1,100 residents cast ballots during the in-person early voting period the week before the primary.



CLERK OF COMMITTEES Jennifer Manning (left) and City Clerk Nicole Crispo (right) use a high-speed tabulator to count ballots for the Sept. 1 state primary. The city received permission to use the machine to count mail-in ballots and ballots cast during the in-person early voting period. The tabulator can count stacks of up to 50 ballots at a time.

Quincy Sun Photo/Scott Jackson

It's McDermott Vs. McDermott For Sheriff

Cont'd From Page 1

Jerry McDermott of Westwood, who Gov. Charlie Baker appointed sheriff after Bellotti resigned from the post, was unopposed in the GOP primary. Jerry and Patrick McDermott are not related.

Patrick McDermott described Norfolk County as ideologically diverse and said he would campaign hard for the sheriff's seat leading into the general election.

"I recognize how much work I need to do to be victorious in November," he said by phone. "We don't have a lot of time to rest on our laurels and celebrate."

The winner of the November contest, which is a special election, will serve for two years. The sheriff's seat will be on the ballot again in 2022 and a full six-year term will be on the line.

It took three days for a winner to be declared in the Democratic primary for sheriff as no results from the town of Franklin were

released the night of election. Franklin, along with Wellesley, both had to count additional ballots on Sept. 3 that had gone uncounted the day of the primary.

Debra O'Malley, the spokeswoman for Secretary of State William Galvin, on Sept. 4 said the ballots that went uncounted in Wellesley, "were a mixture of overseas and military ballots submitted electronically, which are traditionally counted after all tallies are returned to the clerk's office, and ballots submitted to the drop box in the last hour leading up to 8 p.m. The clerk did not have time to send those to the polls to be counted."

"In Franklin, it appears that the clerk neglected to send the mail-in ballots to the polling places to be tabulated on Tuesday," O'Malley added.

McDermott received the most votes in Franklin and said Phelan called to concede the race shortly after

Cont'd On Page 17

A Deep Dive Into Coffee

Budding coffee entrepreneur Heeten Kalan will discuss his love for coffee and his foray into coffee roasting with his teenage son Wednesday, Sept. 16 online at 7 p.m.

Learn about the roasting process, various brewing techniques, coffee origins and flavors.

Join on Zoom (meeting ID 839 7845 1128). Using the free Zoom app is recommended. Call (646) 558-8656 and use the same meeting ID to listen to the audio. You may also view the program live the Crane Public Library's YouTube channel and on its Facebook page.

Access the equity in your home or free up cash monthly Here's how...

Maybe you'd love to access the equity in your home but you're nervous about taking out an adjustable home equity line with the situation today. Or maybe you went with a shorter term and that monthly payment has become a burden. **This is something that could work for you — refinance into a new 30-year mortgage.** With 30-year rates still so low, lower than fixed-rate equity loans, it's definitely a home equity loan/line alternative. And also a way to free up cash monthly and make your life easier. Would a new 30-year loan be right for you? It's easy to find out. Apply online or call Angela Blanchard at 617-471-0750. Colonial Federal, a bank with ideas.



30-YEAR FIXED
3.375% RATE
3.490% APR
NO POINTS!



COLONIAL FEDERAL SAVINGS BANK

"Your neighborhood bank!"

QUINCY: 15 Beach Street 617-471-0750

1000 Southern Artery (Residents only) 617-479-1430

HOLBROOK: 819 South Franklin Street 781-767-1776

EAST WEYMOUTH: Middle & Washington Streets 781-331-1776

ONLINE: www.colonialfed.com

Some additional facts: Rate/Annual Percentage Rate (APR) effective as of 09/02/20 and may change. Applies to 1-4 family owner-occupied homes. Assumes a maximum 80% loan-to-value and first mortgage position. Subject to credit approval. A 30-Year Loan would be repaid in 360 equal monthly principal plus interest payments of \$4.42 per \$1000 borrowed, which do not include taxes or insurance premiums, if applicable. So your actual monthly payment will be greater. NMLS # 409557



Member FDIC

The Quincy Sun

(USPS 453-060)
Published Weekly on Thursday by
The Quincy Sun Publishing Co., Inc.
1372 Hancock St., Quincy, MA 02169

Robert H. Bosworth
Publisher and Editor

Henry W. Bosworth, Jr.
Founder
1968 - 2009

\$1.50 per copy newsstand • \$40 per year in Quincy
\$42 per year by mail outside Quincy • \$50 out-of-state

Telephone: 617-471-3100 Fax: 617-472-3963

online at: www.TheQuincySun.com

email address: thequincysun@verizon.net

Periodicals postage paid at Boston, MA
Postmaster Send address change to:
The Quincy Sun, 1372 Hancock St., Quincy, MA 02169

The Quincy Sun assumes no financial responsibility for typographical errors in advertisements but will reprint that part of an advertisement in which the typographical error occurs.



Moments in time

THE HISTORY CHANNEL

• On Sept. 24, 1789, the Judiciary Act of 1789 is passed by Congress and signed by President George Washington, establishing the Supreme Court of the United States as a tribunal made up of six justices who were to serve until death or retirement. The number of justices was changed in 1869 to nine.

• On Sept. 25, 1894, President Grover Cleveland issues a presidential proclamation pardoning Mormons who had previously engaged in unlawful polygamous marriages. His proclamation ensured that their property and civil rights were restored.

• On Sept. 23, 1908, a game between the New York Giants and Chicago Cubs ends in 1-1 tie after a controversial call at second base. The officials ruled that Giants first baseman Fred Merkle was out because he failed to touch second base, a call that has been disputed ever since.

• On Sept. 21, 1942, the B-29 Superfortress makes its debut flight in Seattle. The long-range heavy bomber contained a pilot console in the rear, in the event the front pilot was knocked out of commission.

• On Sept. 22, 1953, the first four-level (or "stack") interchange in the world opens in Los Angeles at the intersection of the Harbor, Hollywood, Pasadena and Santa Ana freeways, 32 lanes of traffic weaving in eight directions at once.

• On Sept. 26, 1960, for the first time in U.S. history, a debate between presidential candidates is shown on television. The presidential hopefuls, John F. Kennedy and Richard M. Nixon, met in a Chicago studio.

• On Sept. 27, 1989, Hollywood socialite Zsa Zsa Gabor, on trial for slapping a police officer during a traffic stop, storms out of the courtroom. Gabor had been pulled over for expired tags, expired license, open alcohol container then attempting to leave the scene. She slapped the officer when he caught up with her.

(c) 2020 Hearst Communications, Inc.
All Rights Reserved

Quarry, Granite Workers Museum Open Sept. 19, 20

The Quincy Quarry and Granite Workers Museum will open on Saturday, Sept. 19th and Sunday, Sept. 20th from 10 a.m. to 3 p.m. for a self-guided walking tour at the Lyons Turning Mill grounds located on Quarry Hills Drive West Quincy.

Historic pictures of the granite industry and interpretive information can be viewed at each stop around the mill. The Museum will

also be open for a self-guided tour to view pictures and artifacts from Quincy's granite industry.

During the walk around the mill and the museum, visitors must adhere to all of the COVID-19 guidelines including full face mask, social distancing and following directional arrows. All guidelines will be posted.

Museum members will be on hand to answer ques-

tions and Quarry Museum T-shirts will be on sale to help the museum through this period.

If rain on either day both

QHS Women's Athletic HOF Induction Postponed

The QHS Women's Athletic Hall of Fame Induction Ceremony scheduled for Friday, Sept. 25th has been

postponed due to the COVID-19 continued restrictions.

postponed due to the COVID-19 continued restrictions.



HIRING DIVERSE STAFF that better reflects the Quincy School System's student population is one of the top priorities of new School Supt. Kevin Mulvey shown here outside the Coddington Building.
Quincy Sun Photo/Robert Bosworth

New School Supt. Mulvey Wants To Hire Diverse Staff

By SCOTT JACKSON

Kevin Mulvey, Quincy's new school superintendent, identified the hiring of a diverse staff that better reflects the school system's student population as one of his top priorities.

The School Committee appointed Mulvey, age 47, as the new superintendent of schools in August. Mulvey is the district's 16th superintendent and succeeds Richard DeCristofaro in that role.

Mulvey discussed his priorities as superintendent, plans to open a new special education in Wollaston as soon as next year, and his career as part of a recent interview.

When asked what he felt was the biggest issue facing the district, Mulvey said it was restarting the school year amid the COVID-19 pandemic.

"Certainly, COVID is the number one priority right now" he said. "We have to address getting our kids back to school as much as possible."

In the long-run, Mulvey said, he is also concerned about diversity, equity and

inclusion in the school system.

"Long-term, one of our bigger issues is dealing with diversity, equity and inclusion issues that have been facing the city simultaneously with the COVID-19 crisis. We want to definitely address that effectively with our students," Mulvey said.

"We're currently engaged in professional development for all of our staff - from the superintendent all the way down - called Visions. We're currently engaged in that right now to prepare our staff to effectively engage our students when they return on the issues of equity, diversity and inclusion."

"We also want to try and do our best to hire a more diverse staff that is more reflective of our student population. We're working on that and we have already begun to make strides with regard to the hiring of teaching staff. We've been doing this for the last number of years, but that is going to be our focus moving forward."

Hiring a more diverse staff can be a challenge, he said, because the district has

to ensure all teachers have the proper certifications and licenses required by the state.

"It's a challenge," Mulvey said. "It's not a problem that just Quincy is facing. It's a problem across the state and the country really because you have to balance the desire of a district to hire a more diverse staff while obviously making sure that the person that you're hiring is highly qualified, licensed and meets all the certification requirements that the state puts on us."

Mulvey said the district is partnering with area colleges and universities to identify potential new hires. The district could also hire tutors and paraprofessional and assist them with the licensing and certification process to become teachers.

"We're partnering with many colleges and universities around the area, it's a pretty lengthy list...to provide student-teaching opportunities in the district. We're working with those programs to identify diverse teaching populations so that we can get them into the system, get them used to the system. Hopefully they get to know us, they like us and would like to stay and be hired as teachers," Mulvey said.

"So, we're using that type of pipeline as well as a paraprofessional and tutor pipeline so that we can identify minority employees, hire them as tutors and paraprofessionals because they may not have the license at the moment, and work with them so they can be certified to be hired as full-time teachers."

The City Council last year approved the purchase of the office building at 178 Old Colony Ave. for \$6.8 million with an additional \$1.7 million to begin the process of converting the space into a center for special education. An additional \$14 million bond request for the project is pending before the council.

Mulvey said he is working with Erin Perkins, the district's special education director and acting assistant superintendent, Public Buildings Director Paul Hines and Wessling Architects on designs for the new building, which will be named in honor of DeCristofaro once it opens.

"We're currently in the design phase of the facility. It's coming to the end and the plans for this facility are fantastic," Mulvey said. "It will be state-of-the-art when it's done. I think the public, particularly our special education parents, are going to be extremely pleased with the plans and how the facility is working out."

"It's just going to be a great asset for our families, particularly those special education families who have to send their children out of district because we can't service them here in Quincy. This will allow us to service those families here in Quincy and will prevent them from having to go on a bus for perhaps an hour every day both to and from. It will allow our parents to have easier access and closer access to their students, because they are actually in the community, and it will allow us to give greater

Cont'd On Page 11

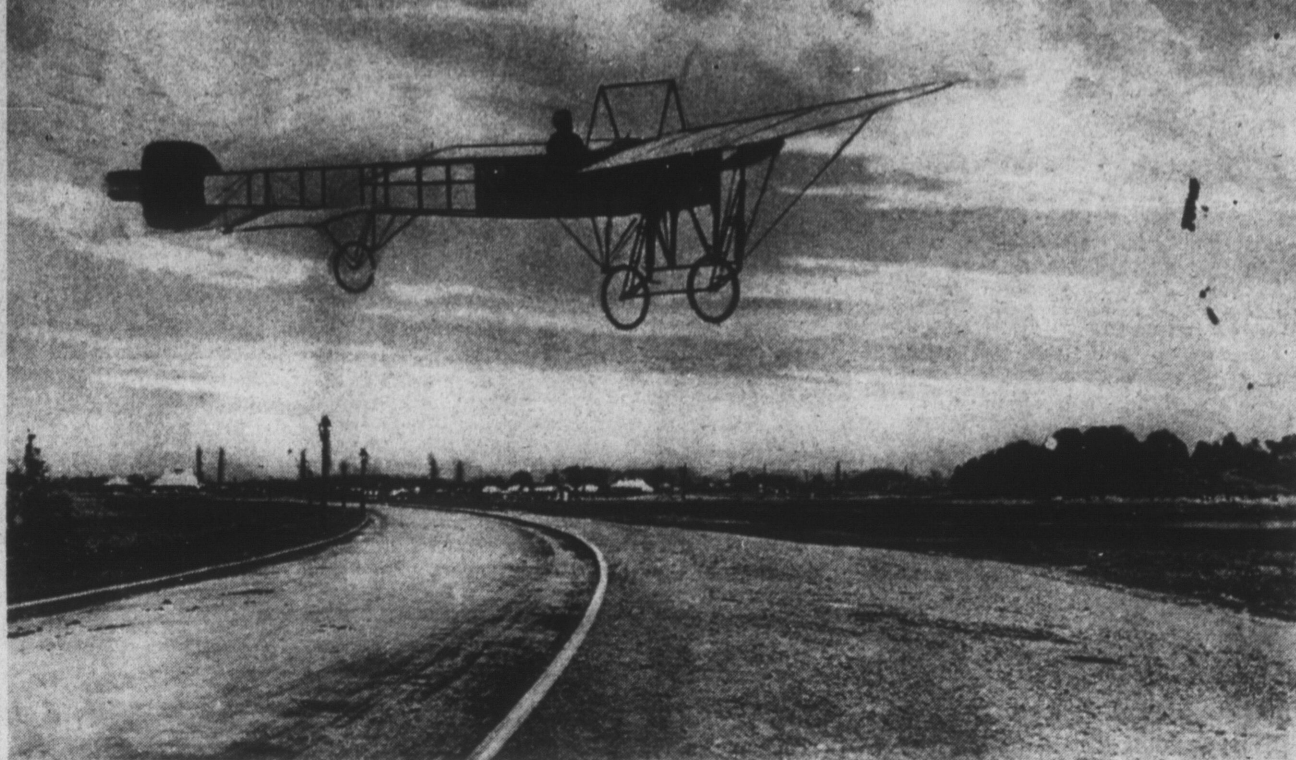
S
E
P

1
0

2
0
2
0

Scenes From Yesterday

Boulevard and Aviation Grounds towards Squantum, Atlantic, Mass.



ONE-HUNDRED AND TEN years ago – September, 1910 – the Harvard Boston Aero Meet was held at the Harvard Aero Field in Atlantic. The Harvard Aeronautical Society had rented the 500-acre field for five years. They offered large cash prizes for record-breaking thrilling contests to lure the most daring aviators and the most advanced aviation equipment from around the U.S. and Europe to this meet. It was only the second aero-meet held in the U.S. and it was only seven years after the Wright Brothers' first flight at Kitty Hawk. Wilbur Wright was present but he did not participate. Among the over 50,000 observers who came to Quincy

that week were President William Howard Taft, Mayor John F. (Honey Fitz) Fitzgerald and New York state senator Franklin Roosevelt. This postcard, looking north on the newly opened Wollaston Boulevard, shows a French-built Bleriot monoplane with Englishman Claude Graham-White at the controls. He won most of the contests at the event. Today, there is a Dunkin' Donuts shop on the corner of the Squantum Causeway pretty much where the tent is seen on the left. Moswuset Hummock is on the right.

From the Tom Galvin Postcard Collection

AARP Monthly Fraud Watch Update

By CINDY CAMPBELL
Communications Director
AARP Massachusetts

Did you know that someone's identity gets stolen every two seconds?

The AARP Fraud Watch Network provides you with tips and resources to help you spot and avoid identity theft and fraud so you can protect yourself and your family. Our watchdog alerts will keep you up to date on con artists' latest tricks. It's free of charge for everyone: AARP members, non-members, and people of all ages.

The AARP Fraud Watch Network is:

- **An Educator:** Get real-time alerts about the latest scams, tips on how to spot them, and the inside scoop on how con artists think so you can outsmart them before they strike.
- **A Watchdog:** Our nationwide scam tracking map gives you access to a network of people who've spotted scams and the opportunity to pass along your own experiences, so together we can beat con artists at their own game.
- **A Resource:** Get connected to a real live person trained in how to avoid fraud and advise you if you or a loved one has been scammed by calling our fraud hotline or attending a forum in your community.
- **Free for Everyone:** Anyone, of any age, can access our resources at no cost.

SCAM ALERT #1: Diet scams - COVID

Nearly half of US adults say they are trying to lose weight, and with many people worried about weight gain while stuck at home during the pandemic, that number may very well rise. Unfortunately, scammers know this and are trying to take advantage for their own financial gain. In fact, diet scams are the most common types of health care fraud reported to the Federal Trade Commission.

Be leery of websites that offer results that seem too good to be true, even if they include celebrity endorsements – which are often fake. When signing up for a free trial, read the terms and conditions closely. Often hidden in the fine print of even legitimate free trial offers is that your free trial becomes a paid subscription, and you're on the hook for a monthly fee. Also, check with your health care provider before starting any new weight loss supplements.

SCAM ALERT #2: Lottery scams

One of the most resilient scams we know about is the lottery scam. In 2019 the Federal Trade Commission (FTC) received nearly 125,000 reports of scams involving prizes,

sweepstakes and lotteries that cost victims \$121 million.

When someone calls or mails (or e-mails or texts...) to congratulate you for winning a big lottery, engage your inner skeptic. Remember, you can't win a lottery you've never entered. And, know that legitimate sweepstakes and lotteries will NEVER require you to pay an upfront fee.

SCAM ALERT #3: Social Security scams - COVID

Scammers are always looking to capture people's personal information, and Social Security numbers are highly valuable. Because of that, scammers often impersonate the Social Security Administration. They may pose as a friendly Social Security official who just needs to confirm your information – including your Social Security number. Or, they use fear tactics to force the target's hand out of fear their Social Security number will be suspended (something the Social Security Administration never does). They may even call with good news – you are eligible for a special cost of living adjustment; all you need to do is confirm your Social Security number.

Know this: the Social Security Administration will not call you out of the blue. You may get a legitimate call if you have an existing issue that you have been working on with the Social Security Administration. If you aren't expecting a call, when "Social Security" calls, hang up.

SCAM ALERT #4: Elder financial abuse

When it comes to scams and fraud, we are often looking out for the unknown con artists. But most financial crimes against older adults are perpetrated by someone they know. Financial exploitation is the most common form of elder abuse in the US, and the average victim loses \$120,000. We also know this crime is severely underreported.

Social isolation is a significant risk factor for financial abuse, and one of the best ways to combat it is maintaining regular contact with your older loved ones. Some telling signs of financial abuse include sudden changes in mood or behavior, or new financial issues like overdue bills or maxed out credit cards.

If you suspect your older loved one is suffering from financial exploitation, contact Adult Protective Services in your area for guidance and support. If you fear your loved one is in danger, call 911.

Be a fraud fighter! If you can spot a scam, you can stop a scam.

Report scams to local law enforcement. Contact the AARP Fraud Watch Network at www.aarp.org/fraudwatch-network for more information on fraud prevention.

Quincy's Yesterdays

This Week
1991
29 Years Ago

New Fire Chief In Two Weeks

Mayor James A. Sheets said he will appoint the city's new fire chief within the next two weeks.

Sheets had previously planned to name the new chief by the first week of September after holding interviews with each candidate, Acting Chief Thomas Gorman and Deputy Chief Joseph Walsh. However, the interviews had to be rescheduled because Sheets had been out of the city recently.

Gorman and Walsh will be interviewed by Sheets, his Executive Secretary Thomas Koch, City Solicitor Stephen McGrath and Personnel Director Kathy Yaeger.

Although the candidates will be interviewed by a panel, the mayor said he alone will make the appointment.

(Editor's Note: Mayor Sheets appointed Thomas Gorman who was the present acting chief.)

20% VOTE SEEN FOR PRELIMINARY ELECTION

With only the school committee race and a Ward Six city council contest, less than 20% of Quincy's registered voters are expected to turn up at the polls for the preliminary election, Sept. 17.

City Clerk John M. Gillis said that this year's preliminary election is one of the quietest ever. Without a major ballot draw, like a mayoral contest, Gillis projects the turnout will be low.

(Editor's Note: Citywide turnout was 21.7%.)

LEXINGTON DECISION COULD BE MADE BY THE END OF SEPTEMBER

D-Day for the USS Lexington is only a few weeks away.

Mayor James Sheets who was back in the mayor's office after a trip to Washington, DC, last week said Navy Secretary Lawrence Garrett III would decide whether Quincy, Corpus Christi, Texas or Mobile, Alabama would win custody of the carrier by the end of September or the first of October.

(Editor's Note: Despite a valiant effort by city officials, Corpus Christi, Texas, was awarded custody of the Lexington. Later on the Quincy-built heavy cruiser USS Salem would be awarded to the city of Quincy.)

QUINCYISMS

PhotoQuick of Quincy was offering "Same Day Slides, The Only Place in Quincy"... The Hibernia Savings Bank, 731 Hancock St., Wollaston, was offering "Fixed Rate Mortgages 15 Year, 9.125% and 30 Year 9.625%"... Petar's Automotive, 324 Quincy Ave., was advertising "10 Minute Oil Change, Premium Quality Lube, Oil and Filter, for \$1895"... The Quincy Sun Sunbeams Column reported that former school committee member Charles T. Sweeney, 75, was keeping in shape by walking with the Senior Strollers at the South Shore Plaza... The North Quincy High Class of 1956 was planning its 35th anniversary reunion on Nov. 30 at the Sheraton Tara, Braintree. Alfred Sweeney, 15 Amherst Rd., Braintree, was a contact person for locating missing members... Karen McLean of Quincy received an academic achievement as a freshman in the evening division of Suffolk University's College of Liberal Arts and Sciences... The Quincy High School Class of 1941 was scheduled to hold its 50th class reunion, Friday, Oct. 18 at the Neighborhood Club. Contact persons for the event were Frank Gantley and Helen (Davidson) Gohl... The Secondary School lunch menu for Monday, Sept. 16 included pizza, green beans, apple crisp and milk... The Ward Four Neighborhood Association had scheduled a guided tour of historic Quincy Center, on Sunday, Sept. 15, starting at City Hall, association president Ernie Aristide, along with Doris Oberg of the Quincy Historical Society to lead the tour. Councillors Tom Fabrizio, Ted DeCristofaro and Tim Cahill will be in attendance... Ward Six Councillor Thomas Nutley received the Outstanding Public Official Award for his volunteer service on behalf of the handicapped... New Pastor Rev. Roger Ketcham of Bethany Congregational Church will conduct his first worship service Sunday, Sept. 15, his sermon: "How To Get Along With People"... E.R.A. Real Estate of Quincy was offering "A two-family home in Houghs Neck with separate heat and utilities for \$159,000 as well as a four-family, all separate heat and utilities, Good rents, Quick sale, \$249,000)... Attorney Donald Hansen was the guest speaker at the Quincy Citizens Association meeting at the Atlantic Neighborhood Center. Atty. Hansen spoke on estate planning, as well as the advantages and disadvantages of trusts and wills... Holly Rendle, of Quincy, was a junior co-captain on the Colgate University volleyball team. Rendle was a graduate of North Quincy High School where she helped the Red Raiders to the 1987 state championship... South Shore Buick, 50 Adams St., was offering a "1986 Dodge Daytona, Sports Coupe for \$4,250"... Cagney's, 214 Washington St., Quincy Point, was advertising "Sunday, Super Specials: 10" Cheese Pizza, a Nacho Platter and Basket of Chicken Wings for \$1 each"... Our Lady of Good Counsel Parish, 227 Sea St., Merrymount, was holding a fair on Saturday, Sept. 21 from 10 a.m. until 4 p.m. Admission: One can of soup for the local pantry.

Arts & Entertainment

Theatre Company Plans Streamed Reading Of Premiere Performance

Lightning House Players Original Show This October

Lightning House Players, a newly formed local theatre company in Quincy, has announced plans to stream a reading with music of an original show this October. This represents an ambitious undertaking as they switch plans away from a live theatrical premiere in light of the COVID-19 pandemic.

"In retrospect, it seems that Lightning House Players choose the wrong year to launch our inaugural production," said Lightning House founder and playwright, Zareh Artinian, Jr. "However, we are committed to bringing this inspiring tale to our audience, and the streamed reading is a great opportunity for people to be introduced to this new work."

The new work is an original, two-act musical entitled "The Glassblower's Daughter," for which Zareh wrote the book, with music and lyrics by local composer and musician Kelvyn Koning, a graduate of the Boston Conservatory at Berklee School of Music.

The musical's story is "about fighting adversity," Kelvyn says. "It's an inspiring story, especially for people who feel they are

up against insurmountable odds."

To reduce the likelihood of technical glitches, such as connection delays or disconnections, that may come up during a live streamed event, Lightning House Players plans to record and edit all dialogue and music in advance.

"We have a cast of 20 performers, and it would be impossible to have them all singing in unison live while each streams from their remote locations," Zareh said. "In some ways, it's more like producing a movie than a stage show."

In order to produce and stream the show, Lightning House Players reached out to Jay Psaros, owner and operator of PB and Jay Records of Scituate.

"The pandemic has certainly been one of the biggest challenges of my career," says Jay. "The studio is a relatively new venture for us, but in a way, has proven to be a saving grace as so much of the market has moved to streaming and online content. As challenging as it has been, there have certainly been many upsides to it as well. We have developed an in-house ability to run professionally shot and



SOME OF THE over 20 cast and crew members from the Lightning House Players virtual table read to kick off rehearsals.

recorded streams and expanded our role into media not related to music."

Kelvyn adds that they also had to figure out "how to rehearse and record group songs virtually, how to perform and record in a safe manner. We've decided to rehearse songs online with smaller groups, and record as individuals or socially distant pairs, cleaning the space and equipment between recording sessions."

Most of the cast members are either students or recent graduates of the Boston Conservatory at Berklee College of Music. One of Lightning House Players' mission goals is to provide a space for new and emerging talent to apply their skills.

Lightning House Players is not only responding to the pandemic, but also to recent calls for more inclusion of members of the BIPOC (Black, Indigenous, and People of Color) community in theatre. Zareh has downloaded and read the BIPOC Demands for White American Theatre released by the We See You White American Theatre collective. As a start-up theatre company, many of the demands regarding financial arrangements and assumptions of having a robust production staff don't necessarily apply. However, where they do apply, Zareh is committed to doing what he can.

"From its onset, our mission has focused on producing works of theatre for social justice that uplift and inspire people," Zareh says.



JAY PSAROS, of PB and Jay Records, monitors Composer and Lyricist Kelvyn Koning in the recording studio.



COMPOSER AND LYRICIST Kelvyn Koning plays a song from "The Glassblower's Daughter" as it's recorded for the streamed reading. Courtesy Photos

"I've been thinking of the phrase 'beyond color-blind casting' as a guiding principle. Casting a person of color as Tevye in 'Fiddler on the Roof' might help a particular actor get a role and be included in a production they might not otherwise be, which is good, but it does little to actually bring new voices and perspectives into

theatre at different levels of a show's production."

Kelvyn's goal is "to foster empathy, healing, and social justice for individuals and communities through music." "The Glassblower's Daughter," with its message about finding and using one's voice to speak out against injustice, is the perfect show to demonstrate Lightning House Player's main mission.

Lightning House Players has been posting updates about their production online. You can follow their activities at www.LightningHousePlayers.com, as well as on Facebook.

Burke Donates \$20,000 To Newman Center

Quincy attorney George Burke announces he recently donated \$20,000 to the Newman Catholic Center at the University of Massachusetts Amherst.

Burke said he has do-

ated a total of \$400,000 to the Center over the years and will continue to support the Newman Catholic Center at UMass Amherst for all that they provide to students away from home.

WE'RE OFFERING
**in-store pick up and
call ahead ordering**
TO BEST SERVE YOU RIGHT NOW.

Order online at www.coffeebreakcafe.net

THE FLAVOR OF THE MONTH IN SEPTEMBER IS
SOUTHERN PECAN STICKY BUN

SEASONALS:

Pumpkin Spice
—and—
Vermont Maple
Nut Crunch

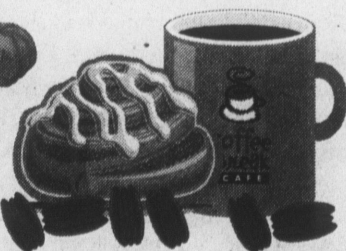
12 Old Colony Avenue
Quincy: 617-773-9420

24 Central Avenue
Milton: 617-696-2326

680 Truman Parkway
Hyde Park: 617-910-9175

Now Open!
102 Franklin Street
Quincy: 617-481-5257

Coming soon:
479 Washington Street
Quincy



SALES. SERVICE. INSTALLATION

LOCKSMITH SERVICES

GRANITE LOCK CO. INC.

www.granitelock.com
617-472-2177
617-479-3341(Fax)
MA Sys. Con. Lic. 7026-C

COMMERCIAL

- Access Control
- Wireless Locks
- Electric Strikes
- Exit Hardware
- Door Openers/Closers
- Commercial Mailboxes
- High Security Key Systems
- Master Key Systems
- Handicap Access Hardware

AUTOMOTIVE

- Fit Keys to Autos/Rekeying
- Lockouts/Repairs
- Cloned/Transponder Keys

SAFES

- Sales/Repairs/Installations
- Combinations Changed
- Fire & Burglary Resistant Safes

RESIDENTIAL

- Deadbolts Installed
- Baldwin/Emtek Hardware
- Rekeying/Lockouts

755 Southern Artery, Rte. 3A Quincy, MA 02169

"Rock Solid Security"

Social

Golf Tourney Raises \$77,000 For NHS

NeighborWorks Housing Solutions, a housing service provider in southeastern Massachusetts, recently held its 21st annual Mulligan Golf Tournament at Brookmeadow Country Club in Canton.

The event raised nearly \$77,000, which will go directly to the NHS programs and services that support veterans, and specifically those who have been financially impacted by COVID-19.

The event was attended by approximately 140 golfers, all of whom practiced social distancing and wore their specially made "Mulligan Masks" in honor of the tournament. The day concluded with a brief luncheon sponsored by North Easton Savings Bank and awards presentation. The tournament was customized to adhere to CDC and Massachusetts state COVID-19 guidelines.

Dellbrook JKS, a construction management company based in Quincy and greater New England, served as the Presenting "Ace" Sponsor, and has been a long-time partner and supporter of NHS. "We are proud to partner with NHS and support the Mulligan Tournament," said Michael Fish, president and CEO of Dellbrook JKS. "The work they do for veterans and ensuring that veterans have access to housing in our community is critical."

NHS also received support from NEI, The Narrow



GOLFERS (from left to right) Paul Nylan, Brian McDonough, John Toomey and John Curtis of Stoughton were among the participants at the 21st annual Mulligan Golf Tournament at Brookmeadow Country Club in Canton. The event raised nearly \$77,000 for NeighborWorks Housing Solutions, a housing service provider in southeastern Massachusetts.

Courtesy Photo

Gate Architecture, and Klein Horning LLP, all of whom committed to the tournament as Sweet Spot Sponsors. NHS also celebrated Community Sponsors United Way of Massachusetts Bay and Merrimack Valley and Wells Fargo.

"We are thrilled that we have been able to pull together our Mulligan Golf Tournament, which has become an annual tradition at NHS and among our supporters. This year is especially meaningful because we have seen how this pandemic has affected the most vulnerable in our communities and in particular, veterans. I am grateful to

our friends and supporters who helped us raise significant resources in support of our veterans," said Robert Corley, CEO of NeighborWorks Housing Solutions. "Events like our Mulligan Golf Tournament not only help us continue to provide services and supports to veterans in our community, but also helps to raise awareness of the challenges they face, especially during this time. We are truly grateful for the generosity of our sponsors, and our participants, who helped to make our tournament a success."

NeighborWorks Housing Solutions has more than 70 years of combined ex-

perience in the community development field and provides services to more than 11,000 households in more than 75 cities and towns across the region. In addition to building and managing 786 units of housing for veterans, homeless families and others in need, the agency offers a wide range of housing services, including foreclosure prevention counseling, home rehabilitation loans and grants, financial coaching and first-time homebuyer workshops. For more information, contact Serenity Belo, Resource Development Director, at 617-801-5217 or sbelo@nhsmass.org, or visit: www.nhsmass.org.

Quincy College Hosts Business After Hours Event

Quincy College President Dr. Richard DeCristofaro and Cordage Commerce Center owner Joseph Jannetty recently hosted the Plymouth Area Chamber of Commerce (PACC) Business After Hours along the waterfront at Cordage at the Stack Shack outdoor dining area.

The evening included remarks by Sue Giovanetti, chairman of the Board of Directors of the Plymouth Area Chamber of Commerce; Eileen Bevivino-Lawton, member of the Board of Governors of Quincy College; and Dr. DeCristofaro. All guests had the opportunity to learn more about the college, and add their input on how the college can better serve the Plymouth area community.

Eileen Bevivino-Lawton, member of the Board of Governors of Quincy College recognized Plymouth as a college town and a hub of educational activity that contributes "one of the high-

est percentage of student population on our campuses. We are all living in very unusual times with COVID-19 and it has changed how we all live and conduct our businesses. It has also taught us the importance of staying connected and looking at what we do with a new perspective. I hope we will be able to find many opportunities to strengthen our work together. Our name may say Quincy, but we are America's Hometown college."

Quincy College was established in 1958, and 33 years later founded the Plymouth campus in 1991. The first Plymouth classes were held in the Plymouth Town Library, and in 2007 the campus moved to its current location in the Cordage Commerce Center. Once a rope-making factory, this historic building space was converted and provides ample parking at a convenient location off of Route 3A.

"Quincy College is an in-

stitution that believes in the limitless possibilities within every individual," said Dr. DeCristofaro. "This college is a place where students are offered an opportunity to learn, grow, succeed and go on to make a positive impact in our communities. Our degree programs are aimed at training a workforce, with viable and often profitable careers after earning their associate's degree."

"Quincy College is proud to partner with supportive individuals, organizations, and our business community. Collaboratively our partnership will enhance and enrich the educational opportunities and college

experience of valued students, staff, and faculty," Dr. DeCristofaro added.

Quincy College students come from Southeastern Massachusetts and all over the world to enroll in college credit certificate and associate degree programs that provide skills training and academic credentials for employment or transfer.

Registration is open for fall to students who have earned a high school diploma or passed the GED/HiSet exam. Students in high school can also take courses with the permission of a guidance counselor. For more information, go to www.quincycollege.edu/fall

Temple B'nai Shalom Services

Temple B'nai Shalom of Braintree will hold Rosh Hashanah and Yom Kippur Services online this year.

The dates for Rosh Hashanah are Sept. 18, Sept. 19th and Sept. 20th.

The dates for Yom Kip-

pur are Sunday, Sept. 27th and Monday, Sept. 28th.

For further information concerning the services contact the temple at Info@tbsbraintree.com or by phone at 781-843-3687 leave a message.

Social Security Matters

Ask Rusty – Should We Get Married Or Just Live Together?

By RUSSELL GLOOR

AMAC Certified Social Security Advisor
Association Of Mature American Citizens

Dear Rusty: My question is about benefits and getting married. I am a retired man, 65-years-old, and collecting Social Security plus 2 pensions. My girlfriend will turn 62 in October of 2020 and plans to apply for Social Security benefits on her 62nd birthday. If we were to get married, would we be affected money wise? Or should we just live together? **Signed: Contemplating Marriage**

Dear Contemplating Marriage: Your own Social Security benefit will not be affected in any way if you get married, unless your potential new bride is a very high earner and her Social Security entitlement at her full retirement age (which is 66 years and 8 months) is more than twice the full benefit amount you were entitled to at your full retirement age (even though you claimed your SS earlier). In that case, you would become eligible for a spousal benefit from your new wife after you are married for one year.

If, however, your potential bride is the lower earner and claims at 62 but is entitled to a Social Security benefit at her full retirement age (FRA) that is less than 50% of your FRA benefit amount, your new wife may be entitled to a "spousal boost" from you after you are married for a year. I cannot tell you the answer to those questions without knowing your respective benefit amounts at each of your full retirement ages.

You may also wish to consider potential survivor benefits. If you are married and one spouse dies, the surviving spouse is entitled to 100% of the amount the deceased spouse was collecting at their death, if the surviving spouse has reached full retirement age (otherwise the survivor benefit is reduced for claiming it early). The surviving spouse gets the survivor benefit if that benefit is more than they are entitled to on their own.

In any case, neither of you would be eligible for a Social Security spousal benefit or survivor benefit from the other unless you are married (you must be married for at least one year to get a spousal benefit and at least 9 months for a survivor benefit).

Note that so-called "common law" marriage isn't recognized in most U.S. states, and Social Security goes by state law on that topic. The only states which currently recognize common law marriage are Colorado, Iowa, Kansas, Montana, New Hampshire, South Carolina, Texas, and Utah (and the District of Columbia). So, unless you were to live in one of those states, or in D.C., cohabitating would not be considered a "marriage" for the purposes of Social Security benefits, and no spousal or survivor benefits would be available to either of you.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit the website (amacfoundation.org/programs/social-security-advisory) or email ssadviser@amacfoundation.org.

Lauren Lo Graduates Bryant University

Lauren Lo of Quincy recently earned a Bachelor of Science in business administration degree in finance from Bryant University in Smithfield, R.I.

Joyce & Gendreau Jewelers

Custom Designs • On-Premise Repairs
Quality Jewelry • Great Values
Over 100 Years of Honesty and Reliability
Friendly, Family Business

52 Billings Road No. Quincy
Facebook/JoyceandGendreau 617.328.0084

WHAT'S COOKING

with
Marie & Susie

By MARIE D'OLIMPIO and SUSIE FALCO



Ice Cream S'mores Sandwich

By MARIE

How do you like the sound of Ice Cream S'mores Sandwiches? Sounds yummy right!

My friend, Alicia, made this delicious treat and I could not wait to share it with all of you!

Prepare a 9 x 13 pan lined with wax paper or parchment paper.

FROZEN S'MORES

8 ounces cream cheese, softened
1 cup marshmallow fluff
2 cups whole milk
1 box instant chocolate pudding (large size)
1 package graham crackers
1 tub of Tru Whip - (Tru Whip is organic but you can use any preferred brand such as Cool Whip.)

In a mixing bowl, make layer one for your dessert by mixing 8 ounces of softened cream cheese, marshmallow fluff and the Tru Whip; blend with hand mixer until smooth.

Place this first layer in a 9 x 13 pan lined with wax or parchment paper, spread evenly.

In a separate medium bowl mix the 2 cups of milk and blend together pudding mix and mix until well blended.

Pour into pan on top of the first layer and spread evenly, creating the second layer. Freeze until solid.

Line the top of the frozen pudding with the graham cracker squares.

Flip the dessert out of the baking dish on to a cutting board.

Peel off wax paper and layer top with graham squares.

Cut in-between the squares to make sandwiches, wrap and put in freezer individually.

Garden Pea Soup

By SUSIE

This tastes nothing like split pea soup for those of you who are not fans of traditional pea soup.

Here is a quick and very basic Garden Pea Soup recipe. Super duper easy if you have a hand held blender!

If you do not just wait until cooled and place in batches in your traditional blender.

This freezes very well also, but I doubt there will be any left. I love to serve my soups with a salad, that way you are having your raw vegetables along with your cooked vegetables (which aids in digestion).

Enjoy!

6 cups of chicken or vegetable broth
4-5 small potatoes quartered
2 cups frozen sweet peas
1/2 shallot or small sweet onion minced...
1 clove garlic, minced
1-2 tablespoons of olive oil
teaspoon of lemon juice
Sea salt and pepper to taste

Saute' onion and garlic in sauce pan with olive oil until fragrant. All you have to do now is place remaining ingredients (except the lemon juice) in the pot and cook until potatoes are tender. Take the soup off the stove and use hand held blender to puree. Add the lemon and season to taste with sea salt and pepper. Serve hot.

South Shore YMCA Adds Powers Aquatics To Y's lifesaving Swim Academy Programming

When the South Shore YMCA resumes swim lessons on Monday, Sept. 14, they will introduce an exciting new addition to their Swim Academy programming, Powers Aquatics.

Developed 19 years ago by USA Certified Head Swim Coach and instructor, Kristen Seaton, Powers Aquatics is a progressive, effective parent/child curriculum for teaching children ages two- to 36-months old to swim safely underwater.

As part of the South Shore YMCA Swim Academy, Seaton and her team will teach the Powers Aquatics Inclusive, Adaptive and Little Crushers programs for ages two months to 6 years at the Quincy YMCA and Emilson YMCA in Hanover.

Seaton said she is thrilled to return to her roots at the Y, where she will join the staff as a full-time instructor as part of the South Shore YMCA's trusted Swim Academy.

"We have so many of the same core values as the Y, and I am thrilled to share the Y's mission to offer lifesaving, affordable swim lessons for everyone, including children who need special attention and modification through our Inclusive and Adaptive programs," Seaton said. "We are excited that financial assistance is offered through the Y, so that every child can learn to be safe in the water and enjoy a lifetime of swimming."

"Our program teaches parents to teach their children," said Seaton. "So, when we are in class we are building relationships and trust. They need to trust us, and a bond is formed between teacher and parent, and parent and child. We are not just telling them what to do, they have to experience it with us."

That trusted relationship extends to her instructors as well. "I teach with my own children in the pool, so that parents see what

I'm doing and trust that it works. Every instructor in our program came through the program themselves, and I chose them because they did a great job teaching their own children. They now teach with me and we all teach with our own kids in the water."

When her daughter was two weeks old, Seaton was inspired to start the Powers Aquatics program after learning that drowning is the leading cause of preventable death for children under the age of four. As a swim instructor with a young daughter, Seaton wanted to find a way to save as many children's lives as possible. As "America's Swim Instructor" the YMCA is committed to this mission as well.

"We are thrilled to welcome Kristen and Powers Aquatics parent/child programming as part of our Swim Academy," said Ken Berardi, Aquatics Director for South Shore YMCA. "It is a natural fit for our pro-

gram, giving children these life-saving skills at a young age, then allowing them to grow and develop as a swimmer through our Swim Academy programs, which offers paths for recreational swimming or competitive swimming. Swimmers progress through our Swim Academy at their own pace, at any age and ability, so there is truly something for everyone."

"Some people think that it's either too late or too early to start a lifelong love of swimming," added Seaton, "but that's really not true. Anyone can learn to swim at any age, from the youngest to the oldest. It's a lifelong gift that your parents or a teacher can give to you, and you can give it to others you love as well."

Registration for Fall Session lessons at the South Shore YMCA Swim Academy began Sept. 1. For information on swim lessons at the Y, visit ssymca.org/swimlessons.



MANET COMMUNITY HEALTH Center's Prevention Team, led by program manager Kim Kroeger, includes prevention specialists/community health workers, recovery coaches and a nurse. Prevention Team from left to right: Olivia Kaiser, Kesey Foley, Catherine Weerts, Kim Kroeger, Stephen Cobble, Jaimie Sprague, Shannon Winslow and Charles Boateng.

Photo Courtesy Manet Community Health Center

Manet Community Health Center Opens New Community Outreach, Prevention Services Office in Quincy

Office At 549 Washington St. Will Provide Infectious Disease And Overdose Prevention Services

Manet Community Health Center (Manet) is celebrating National Recovery Month by announcing the opening of its new Community Outreach and Prevention Services Office at 549 Washington St. in Quincy.

The office will serve as the hub for the health center's expanding Outreach and Prevention programs, which provide infectious disease and overdose prevention services, including education, testing and referral into care, across the

health center's service area that spans Norfolk, Plymouth and Bristol counties.

"We are very pleased to be able to offer our services in this beautiful new space with support from the Massachusetts Department of Public Health and cooperation from the City of Quincy," said Manet Chief Executive Officer Cynthia Sierra. "This new location near the border of Quincy and Weymouth is easily accessible for clients from across the health center's South Shore service area, including Quincy, Hull, Weymouth, Braintree, Hingham, and will enable the Prevention Staff to further expand their vital outreach efforts and assist more people."

The free and confidential services available at the Community Outreach and Prevention Services Office are provided by appointment and during walk-in hours (12-5 p.m., Monday through Friday) and include Narcan training and distribution; Hepatitis A vaccination; education about and testing for sexually transmitted infection (STI), HIV and Hepatitis C; PrEP/PEP education and harm reduction material distribution. A kiosk is available for safe syringe disposal, and as with all Manet locations, appropriate social distancing and sanitation practices are in place.

Manet's Prevention Team, led by program manager Kim Kroeger, includes prevention specialists/community health workers, recovery coaches and a nurse. They will continue to offer services at Manet's five practice sites in Quincy, Hull and Taunton, as well as street outreach in com-

munities; Mobile Van services; on-site health screening, health education and promotion services at local recovery homes, detox centers, homeless shelters; and community support services with local Housing Authorities, Norfolk County Sheriff's Office/Jail. Each year, the team educates thousands of at-risk individuals, provides HIV/STI and Hep C testing for more than 500 individuals and distributes more than 1,000 Narcan kits. The team also works alongside the police departments in Quincy, Hull, Braintree, Milton and other Norfolk county towns, visiting residences of drug overdose survivors to offer Narcan and resources for support and treatment. The program is based on a harm reduction model, which includes offering information about and referral to primary care, substance use disorder treatment and recovery services.

The Prevention team has also been instrumental in Manet's participation in the Commonwealth's Stop the Spread free COVID-19 testing initiative in Taunton, which has provided testing for 2,400 community residents since July 29 and will continue through Sept. 10.

"Our team has been growing and, as we reach out to even greater numbers of people within our communities, we are excited to have this great new space that provides a private, convenient, comfortable environment for our clients," Kroeger said.

To reach the Manet Community Outreach and Prevention Services Office, call 617-993-0100 or email knowyourstatus@manetchc.org.

S
E
P

1
0

2
0
2
0

A Message From Ruth Jones, City Of Quincy Health Commissioner

- Burning, throbbing, muscle cramping and swelling in your lower legs

- **Pregnancy.** Varicose veins may appear for the first time or may worsen during late pregnancy, when your uterus exerts greater

- **Sex.** Women are more likely to develop varicosities. Hormonal changes during pregnancy, premenstruation or menopause may be factors since female hormones have a tendency

Self-care measures, such as exercising, losing weight, wearing loose-fitting clothes, elevating your legs, and avoiding long periods of standing or sitting can alleviate pain and prevent varicose veins from worsening. Wearing compression stockings is often the initial approach undertaken before progressing on to other treatments. Compression stockings steadily squeeze your legs, assisting veins and leg muscles to transport blood more efficiently. If

- **Ambulatory Phlebectomy.** Your doctor removes smaller varicose veins through a series of tiny skin punctures. Only the parts of your leg that are being punctured are numbed in this outpatient procedure. Scarring is usually minimal.
- **Endoscopic vein surgery.** This procedure may



- Exercising
- Watching your weight
- Eating a high-fiber, low-salt diet
- Avoiding high heels and tight hosiery
- Avoid sitting with legs crossed
- Elevating your legs
- Changing your sitting or standing position regularly

Ruth Jones is the health commissioner for the City of Quincy.

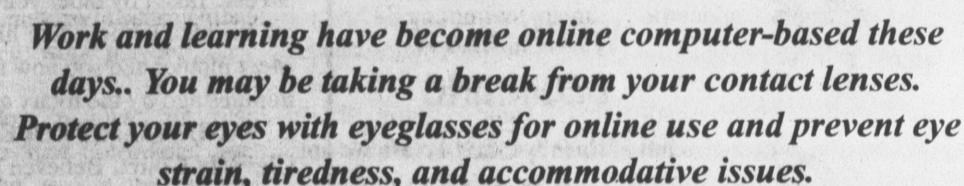
"I am extremely proud of the programming we provided this summer to families thirsting for activ-

The city's Prevention First summer programming was held at Marshall School, the newly-renovated Kincaide Park, and in North Quincy (Parker School and North Quincy High School). The Prevention First program is held at targeted locations to provide safe and fun supervised recreational

This year's Recreation clinics included arts and crafts, baseball, girls and boys basketball, cheer-leading, dance, golf, girls lacrosse, musical theater, soccer, tennis, track and field and volleyball. The Jump Start camp provided opportunities for younger children to play together and the Sports and More Camps provided a range of fun events including Action and Adventure Week, Wacky Water Week, Carnival Week, and Ultimate Sports Week.

Interior decorating,
home décor sewing,
downsizing/decluttering,
home staging,
decorating seminars

Creative solutions at reasonable rates
Call Barbara at 617-921-6033
www.sec-interior.com



Ask about our WORK FROM HOME eyeglass special

All CDC safety protocols in place

SECOND SIGHT

The Eyewear Gallery

1147 Hancock St., Quincy, MA 02169

617.773.1178 800-235-1178

secondsighteyewear@verizon.net

www.secondsighteyewear.com

On Friday, Aug. 28 the Quincy Police Drug Control Unit Detectives were conducting surveillance in the area of Clay Street. This was due to several recent complaints of drug activity in the area.

In recent weeks, a detective spoke with an individual, who wished to remain anonymous. The individual stated that one of the residents was purchasing drugs from a Hispanic male who operated a 2014 Black Chevy Equinox. The detective was able to determine that the Hispanic male happened to be the registered owner of the vehicle.

Typically, in an effort to hide their true identity, drug dealers will operate rental vehicles or vehicles registered to someone else. The registered owner has a criminal history to include arraignments for Possession to Distribute Class B and Conspiracy to Violate the Controlled Substance Laws. At approximately 2:40 p.m., detectives observed the vehicle on Newport Avenue. In anticipation of the vehicle traveling to meet the resident to distribute drugs, detectives entered the building and observed the resident standing outside. Detectives followed the vehicle as it traveled into the parking lot of the building. They observed a female occupying the front passenger seat.

Detectives observed as the registered owner exited the Equinox and walked to the apartment building. The female passenger remained inside the vehicle. Once the Hispanic male was inside the building, detectives observed the resident run to meet with him. Detectives observed both individuals enter into the elevator and the elevator door closed. The elevator traveled to one of the floors and then immediately back down to the first floor.

Detectives observed the Hispanic male exit the elevator and the building. They observed the resident was no longer

A Job Well Done

By QUINCY POLICE SGT. KARYN BARKAS
Public Information Officer
Quincy Police Department

present inside the elevator. Detectives believed the resident exited the elevator and subsequently returned to her apartment.

Detectives believed the individuals had engaged in a drug transaction inside the elevator. The male walked back to the Equinox and entered the driver's seat. Detectives knocked on the resident's door. The occupant answered the door and detectives identified themselves as Police Officers with their police badges displayed. Detectives asked the resident if they could enter her apartment to speak with her. They informed the resident that they believed she had just purchased drugs from male in the elevator.

The resident admitted to buying \$20 worth of crack cocaine from the male but told detectives she already smoked most of it. She directed the detectives to her coffee table in her bedroom and pointed to two small "rocks" of an off-white, rock-like, substance that detectives believed to be crack cocaine. Detectives seized the substance as evidence. She was advised she may receive a summons from Quincy District Court to answer to the charge of Possession Class B (Cocaine). DCU detectives then cleared the scene.

As detectives spoke to the resident, detectives outside of the building stopped the Equinox before it could exit the parking lot. They approached the vehicle and announced

"Quincy Police" with police badges displayed. Detectives arrived at the driver's door and advised the driver to place the vehicle in park and unlock the door. He did not immediately comply but eventually unlocked the door. He was asked to step from the vehicle. Simultaneously, detectives approached the front passenger door. Detectives observed the female passenger placing a folded \$20 bill into her purse. Detectives believed this was the money the male had received during the sale of crack cocaine.

Officers also observed that there were four young children, under the age of 9, in the back seat. Officers attended to the children who were initially distraught due to the nature of the incident. He identified himself as a police officer and reassured them they would be ok. The female passenger, who was also the mother of the children, was never placed in handcuffs and was allowed to tend to her children. She was advised that a 51A would be filed and she would be contacted by the Department of Children and Families. She remained with her children and arranged for a family member to drive the vehicle away.

The 43-year-old male from Brockton was placed under arrest for Distribution Class B (Cocaine). He was transported to QPD Headquarters where he was booked by Sgt. O'Shea. As part of the booking process, fingerprints were submitted to the FBI's Automated Fingerprint Identification System (AFIS).

Due to the fact that his fingerprints came back to an alias, the true name of the defendant is unknown at this time. Detectives field tested the drugs and confirmed the presumptive presence of cocaine base (crack cocaine). The drugs were packaged and placed into evidence.

QUINCY POLICE CRIME AWARENESS JOURNAL

FRIDAY, AUG. 28

VANDALISM/PROPERTY (overnight), 8:39 a.m., 1000 Southern Artery. North building. To vehicle - window smashed, no entry made. Nothing taken.

VANDALISM/PROPERTY (slashed tire), 9:13 a.m., Sea Street. Reporting party states her tire on motor vehicle. Reporting party will be by her car waiting for responding officer. Tire burst on its own, clear.

LARCENY/MOTOR VEHICLE (motor cycle), 9:24 a.m., 175 Centre St. Happened overnight. Stolen vehicle: dirt bike.

BREAKING AND ENTERING/PAST (vehicles), 10:24 a.m., 200 Falls Blvd. Meet in front of clubhouse; management has info regarding two motor vehicle breaks that were reported yesterday.

LARCENY (wallet), 10:56 a.m., Dollar Tree, 100 Granite St. Contact party via telephone; happened earlier this morning is now home.

LARCENY (ring), 12:51 p.m., Quincy Medical Cen-

ter, 114 Whitwell St. In QPD lobby - states ring was stolen while sedated. Reporting party will check with ER regarding missing property.

ASSAULT AND BATTERY (disorder), 1:45 p.m., Marina Bay, 542 East Squantum St. By the clock tower.

SATURDAY, AUG. 29

BREAKING AND ENTERING/PROGRESS (possible B&E), 12:53 a.m., Q Nails Spa, 1431 Hancock St. Caller states youths climbed a scaffolding and entered the building and then opened a door to let more in. Five juveniles were located inside, parents being contact. All juveniles picked up by parents. QFD broke door frame and glass damage; door was able to be resecured.

LARCENY/MOTOR VEHICLE (Mercedes Benz), 9:35 a.m., Billings Road. Reporting party purchased vehicle yesterday and was in process of transferring plates but had not been to registry yet. Plate in as stolen as well as VIN entered for vehicle.

LARCENY (cell phone), 11:37 a.m., Spear Street. Phone in a black case, possibly taken by a female friend visiting room. Happened this morning.

VANDALISM/PROPERTY (tire slashed), 12:37 p.m., North Central Avenue. Tires slashed while parked in driveway - two tires passenger side, happened last night Aug. 29. Two right side tires slashed.

SUNDAY, AUG. 30

LARCENY (items missing), 8:45 a.m., West Quincy Fire Department, 182 Copeland St. Male at the station wants to see an officer about possible stolen property. At 10:50 a.m., Officer E.T. Smith observed the reporting party with his backpack and shoes that were taken from him, walking on Copeland Street

ASSAULT AND BATTERY (past), 1:16 p.m., Pet Supply Plus, 625 Southern Artery. In past, out by Goodwill Store on Southern Artery.

LARCENY (bicycle taken), 3:08 p.m., Washington Street. Taken by older youth white teen pushed 12 year old off his bike while riding his bike down Washington Street. Meet mother and son now at Dairy Queen lot. Happened 10 minutes ago by the rotary and bridge. Not injured.

VANDALISM/PROPERTY (vehicle), 6:19 p.m., Cleverly Court. Believed to have occurred between 5 and 6 p.m. Someone damaged her car window. Possible cameras on property; access was not gained.

MONDAY, AUG. 31

LARCENY (phone, license), 9:34 a.m., Panera Bread Co., 200 Hancock St. to Atlantic Street and Squantum Street. Trespass by manager. Party stopped at Atlantic Street and East Squantum Street. Charges to be filed for receiving stolen property/credit card fraud.

VANDALISM/PROPERTY (front door dented), 2:34 p.m., Nelson Street. Apartment complex. In the hallway, door is damaged dented, doorknob intact. Happened within two hours while out. Front door is still locked and closed. Unknown if it's new damage.

LARCENY (credit card), 4:36 p.m., Everett Street. Caller is in the police lobby. Cards were already used.

TUESDAY, SEPT. 1

LARCENY (money from ATM), 7:18 a.m., Stop and Shop Supermarket, 495 Southern Artery. Reporting party left self checkout and forgot to grab her cash back after selecting the option. Reviewed cameras with store staff saw gentleman take it. Wants to speak to officer. She is in lobby. This occurred Sunday, she is reporting now.

LARCENY/MOTOR VEHICLE (motorcycle), 9:03 a.m., Cross Street. Incident closed.

LARCENY/MOTOR VEHICLE (moped), 7:32 p.m., Marshall's, 141 Newport Ave. Occurred while reporting party was in store.

WEDNESDAY, SEPT. 2

VANDALISM/PROPERTY (house egged), 11:29 a.m., Cheriton Road. House was egged.

LARCENY (packages), 11:45 a.m., Roselin Avenue. Reporting party in QPD lobby.

VANDALISM/PROPERTY (past fire), 11:58 a.m., Baxter Avenue. Siding to house damaged as a result of work fire. Incident closed.

LARCENY (package), 2:15 p.m., Ruthven Street. In the QPD lobby - would like to report a larceny of a package.

VANDALISM/PROPERTY (threw eggs at the door), 10:16 p.m., Samoset Avenue. No other information given. Reporting party stated no damage.

THURSDAY, SEPT. 3

LARCENY (keys/debit card), 8:36 a.m., Cubesmart Self Storage, 617 Washington St. Public storage, caller will make himself known. Was working on a party car when stole his keys and debit card. Suspect on scene. Incident occurred in Braintree, advised, units clear.

Breaking & Entering in Progress: 1400 block Hancock Street, Yardarm Lane

Breaking & Entering Past: 800 block Hancock Street, Falls Boulevard

Breaking and Entering MV: Harrington Avenue, 1300-1400 block Hancock Street (2), 1000 block Southern Artery (3), Victory Road, Station Street, Hillside Avenue, 100 block Squantum Street

Larceny MV: 100 block Newport Avenue, Cross Street, Billings Road, Centre Street, 400 block Hancock Street, Centre Street

Total Calls For Service: 1,470

QUINCY TRACK CLUB CROSS COUNTRY RUNNING PROGRAM

Boys & Girls Ages 5 to 14
From Quincy and
Surrounding Communities
\$40 per child



REGISTRATION
EVERY
MONDAY AND
WEDNESDAY
BEGINNING
MONDAY, SEPT. 14TH
6-7 PM

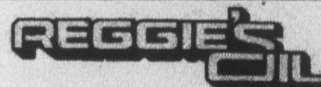
Quincy Residency
NOT Required

QUIRK FIELD HOUSE
Faxon Field Track, 102 Coddington St.

For Information Call or Text
Geoff Hennessy 617-510-1456

www.quincytrackclub.wordpress.com
email: quincytrackclub74@gmail.com

FOLLOW US ON FACEBOOK



Joseph P. Reggiannini
92-94 (Rear) Franklin St.
Quincy, MA 02169

Office Hours:
M-F 7:30 am - 5:00 pm

(617) 471-2095

(24 Hour Emergency Service)

www.reggiesoil.com

CO., INC.
Heating & Air Conditioning Service

We are a local, family-owned & operated oil company located right here in Quincy. We've been providing a quality product & superior service to our customers here in Quincy & throughout Southeastern MA for more than 50 years...and we always will!

S
E
P

1
0

2
0
2
0

New School Supt. Mulvey Wants To Hire Diverse Staff

Cont'd From Page 4

community involvement – not only to the students but the parents as well.

"It's just going to be a great thing and the facility is looking really great conceptually. We can't wait for the development to occur."

The superintendent is hopeful the new building can open in the fall of 2021.

"Because the renovations are going to be more extensive than we anticipated, there isn't a solidified date as of yet," Mulvey responded when asked about timeline for opening the building.

"It would be great if we could open in September of '21, but even that would be a tight timeframe based on the investment that is being put into this building. It really will be amazing when you see it. Hopefully September of '21, but if not, hopefully soon thereafter."

Mulvey was elected to the School Committee in 2006 and was hired by DeCristofaro to be the district's human resources director in 2008 before being promoted to deputy superintendent in 2013.

In the recent interview, Mulvey called his appointment as superintendent last month "the greatest honor" of his lifetime.

"For me, it was a particular honor to be chosen as superintendent. I've been in the system now since 2006 and worked my way up from being on School Committee to being selected as the HR director by the former superintendent, Richard DeCristofaro, and then being selected by him to be his deputy superintendent. Working in the system has been an honor and to be selected as superintendent has really been a great honor for me," Mulvey said.

"I'm a product of the Quincy Public Schools. It gave me the educational foundation from which I was able to go to college and then law school and then enter into a legal career which ended up, kind of not expected, in the educational field. To be selected as superintendent is the greatest

honor I've had in my lifetime."

Mulvey graduated from North Quincy High School in 1991 and then attended Suffolk University, where he earned his undergraduate degree and law degree. Mulvey said he did not expect he would wind up working in education after graduating from Suffolk but ran for School Committee in 2005 to become more involved in the Quincy community.

"I graduated from there thinking I would have a lifetime career in the legal field, so I joined the public defenders' office, then the DA's office, then my own law firm in Brookline. While I was in Brookline, I felt I really wasn't doing much in the Quincy community, so I decided at that time, when there were three openings on the School Committee in 2005, to run for School Committee," Mulvey said.

"Fortunately, out of a field of 12 I was selected as one of the three and started working with the school department since then."

"I also had some experience in working for nine years in an all-girls inner city school in Dorchester as well, so I had some experience with education in that regard," he added, "but it was really my work with the superintendent and his leadership team and School Committee that really got me interested in the school department then unexpectedly the superintendent asked me to leave the School Committee and become his HR director. I accepted and it all kind of went from there."

Mulvey said his greatest takeaway from his time working under DeCristofaro was his predecessor's work ethic and commitment to the school system.

"His work ethic and how much time and dedication he gave to the school system literally working seven days a week," Mulvey responded when asked what his biggest takeaway from DeCristofaro was. "With Rick, when he works seven days a week, so do we."

"Certainly the most im-

portant take away from working with the former superintendent is his dedication to the Quincy Public Schools and his work ethic. I've never seen someone work as hard in a position."

Mulvey said he and DeCristofaro, who is now the president of Quincy College, are in constant contact with each other.

"We're in pretty consistent contact," Mulvey said. "We're checking in on how he's doing and he's checking in on how we're doing. We're undertaking initiatives as well – partnerships – strengthening our partnership between Quincy Public Schools and Quincy College, so that is always an ongoing discussion."

Those partnerships, Mulvey added, including opportunities for Quincy Public Schools students to enroll in college-level classes and earn college credit, and for Quincy College students to intern in the school system.

Mulvey said having served on the School Committee would help him out in his new role as superintendent.

"For the nearly three years that I was on, I served as the special education chairperson and the budget chairperson. You get to know and get to see how the process works from the School Committee perspec-

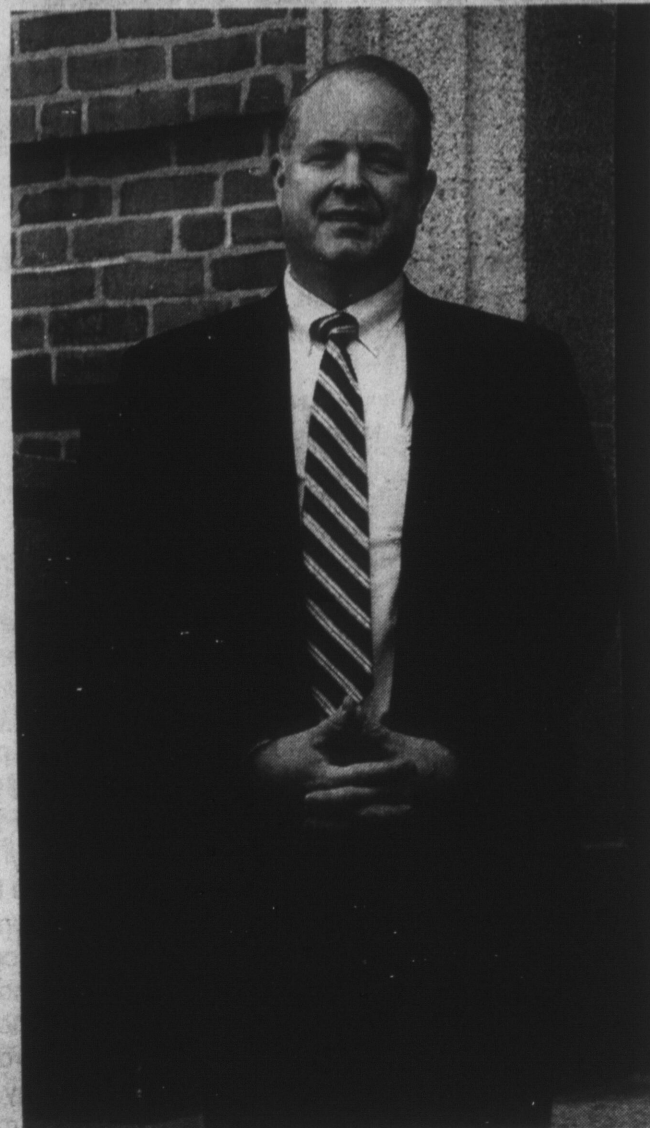
tive. You know what is important for the School Committee to know and the key with that is to communicate, communicate, communicate so that there are no surprises," he said.

"Definitely just from an operations standpoint, it was definitely beneficial to serve on the School Committee because it gave me an insight that I would not have normally saw just by starting as an administrator without having that experience."

Mulvey said his lack of classroom experience should not be seen as a negative. He said he has spent his time inside the school system helping staff, including teachers and administrators, with professional development and helped launch the district's teacher evaluation program.

"I've been in and out of classrooms on a consistent basis helping educators develop as teachers, as guidance counsellors, as assistant principals and as principals," Mulvey said.

"I actually was the person in the school district that negotiated and phased in the teacher evaluation process in the district and did the professional development for all of that. Since that was done way back in 2012-2013, I've been the person that has been doing



"I'M A PRODUCT of the Quincy Public Schools. It gave me the educational foundation from which I was able to go to college and then law school and then enter into a legal career which ended up, kind of not expected, in the educational field," new QPS Supt. Kevin Mulvey said in a recent interview. "To be selected as superintendent is the greatest honor I've had in my lifetime." Quincy Sun Photo/Robert Bosworth

the professional development for all our evaluators – principals, department heads, assistant principals,

administrators – and I've been assisting principals and all the evaluators on a pretty consistent basis."

Back-To-School Online Tips

Back-to-school season, usually a time of exciting new beginnings, is evoking many different feelings for families in Massachusetts this year: anxiety, uncertainty, and chaos, to name a few.

As schools across the globe are struggling to safely reopen, successfully hold fully virtual classes, and balance in-person and remote learning, parents have a lot more to prep for this year than ever before. Brainly, the world's largest online learning and homework help community, has some back-to-school tips to help parents prepare for this unprecedented school year—regardless of their school or situation.

1. **Talk to your child about how this school year will be different.** Be upfront about the situation and empower your child to make smart choices and do their part to help stop the spread. Things like hand-washing, social distancing etiquette, and mask-wearing should be discussed. Having an open conversation and presenting all the facts will make both you and your child feel less anxious.

2. **Create a learning command center.** Spend some time creating a space in your home for your child to learn from home or do homework. If you don't have a spare area, or if you have multiple children who want to work together, create a way to store school supplies in a cart or container that's portable and can be used at the kitchen table or anywhere. Make sure the space is distraction-free and stocked with everything they need to learn effectively—noise-canceling headphones and blue light glasses are two items you might consider having at your learning command center for kids who will be learning virtually all day.

3. **Build excitement and inspire positivity.** While

getting mentally prepared for this back-to-school season may be a particularly tough assignment for many people, it still deserves to be celebrated. Consider having a back-to-school themed TV marathon, creating an end-of-summer countdown with construction paper loops, or planning out a special breakfast for the first day.

4. **Make face masks fun (and familiar).** For those returning to in-person classes, have a mask for every day for your child, and make sure they like the mask and feel comfortable wearing it for extended periods of time. Cloth face masks come in countless patterns and colors, and kids can use them to express their personal style while staying safe. Pro tip: it's also smart to make sure kids have an extra mask in a plastic baggie every day just in case something happens to the first one.

5. **Use tech tools to enhance learning.** Students who are starting out the first part of their fall semester online may find themselves needing some extra help on assignments, and luckily there are plenty of safe online resources they can utilize. Brainly is a social online learning and homework

help community that brings all the benefits of in-person study groups into a digital format. Dictionary.com is perfect for students needing to look up definitions for vocabulary words, synonyms or antonyms, as well as wanting to expand their personal word bank with a word of the day.

6. **Bake in time for social interactions and study breaks.** Some students who are starting virtual classes may be feeling a little down about not getting to see their friends, but there are plenty of ways for them to still socialize with their friends. Encourage your kid to incorporate games into their Zoom calls.

7. **Meal prep healthy lunches and snacks.** Getting organized ahead of schedule makes all the difference in the world. There are tons of online resources for quick, easy, healthy snacks and lunch ideas for kids of all ages (and adults!) such as MealBoard, LaLa Lunchbox, or Cozi. Make things easier on yourself by prepping for the coming week on Sundays and having everything conveniently stored and ready-to-go in the fridge to help streamline school days.

SUBSCRIPTION FORM

FILL OUT THIS SUBSCRIPTION BLANK AND MAIL TO

The Quincy Sun

Historic Quincy's Hometown Weekly Newspaper Since 1968

1372 HANCOCK STREET, QUINCY, MA 02169

NAME _____

STREET _____

CITY _____

STATE _____

ZIP _____

CHECK ONE BOX IN EACH COLUMN

☐ 1 YEAR IN QUINCY

\$40.00

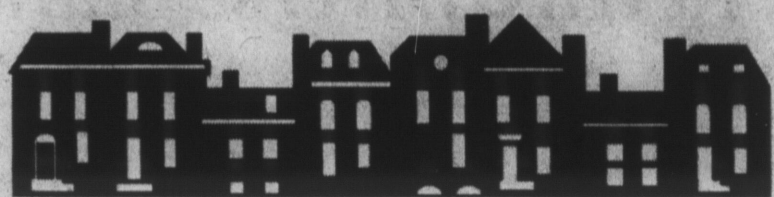
☐ 1 YEAR OUTSIDE QUINCY

\$42.00

☐ CHECK ENCLOSED

☐ 1 YEAR OUT OF STATE

\$50.00



Real Estate

Quincy Real Estate Transactions August 31 - September 4

Transactions are compiled by the Norfolk County Registry of Deeds

SELLER	BUYER	AMOUNT	ADDRESS
Patricia M. Cheney	Christopher J. & Elizabeth A. Fitzgerald	\$475,000.00	94 Rock Island Road
Tullis Family Limited Partnership	Dan Yan Zou	\$329,000.00	1025 Hancock Street, Unit 5M
Kristy & John Froehlich	Rosemary Blasi	\$809,000.00	86 Rock Island Road
Molly R. Jacobs	Taylor F. Murphy	\$316,000.00	50 Charles Street
Zimbalatti Revocable Living Trust	Nancy Mui	\$425,000.00	10 Weston Avenue, Unit 222
JLS Realty LLC	Aren Imsong	\$715,000.00	67 Madison Avenue
Gregory Brogan	Danjie Chen & Taofan Lin	\$340,000.00	173 Main Street
Mary Cahill	Chinapenny Trust	\$449,000.00	185 Quincy Shore Drive, Unit A86
Shuk M. & King H. Wan	Christopher E. Durgham	\$280,000.00	133 Commander Shea Boulevard, Unit 406
Michael J. Crowley	Andrew J. Wong	\$295,000.00	58 South Street, Unit 208
Anthony & Jennifer Lomanto	Mark P. Miller	\$597,000.00	238 Elmwood Avenue
Robert J. & Ann B. Morley	Thoi N. Le & Yang Chung	\$670,000.00	5 Miles Drive
William P. Kiley	Tadar LLC	\$700,000.00	935 East Squantum Street
Phyllis M. Erikson	Sheryl A. Erikson	\$500,000.00	20 Bunker Hill Lane
James S. & Karen N. Mullaney	Bhole LLC	\$850,000.00	203 West Squantum Street
Vincent A. Mannering	Steven McLaughlin	\$487,500.00	28 Jackson Street
Jason M. Langley & Michelle M. Baratta	Spencer Russell & Kate Millington	\$615,000.00	240 Pine Street
Estate of Richard D. Hatton	Seymourian Realty Trust	\$170,000.00	179 Presidents Lane, Unit 1N
Ping Hu	Christopher Peters	\$349,000.00	79 Suomi Road, Unit 79
Joshua P. & Amy P. Basseches	Clifford Gluck	\$1,905,000.00	62 Bay Street
Bing Pang	Tiffany M. Tan	\$199,500.00	195 Thomas S. Burgin Parkway, Unit 601
Marian P. Ellis	William Ma	\$490,000.00	999 Hancock Street, Unit 408
Emily Harrington	Phuong Keefe	\$277,500.00	246 Bellevue Road
Jean M. MacDougall	Bing Pang	\$359,900.00	90 Quincy Shore Drive, Unit 414
Elizabeth Rafuse Realty Trust	Madeline Kamb	\$381,096.00	75 Bay View Avenue
Carlos Cajina & Maryori Carmona	Christopher Reeves & Brandon Hart	\$740,000.00	80 Furnace Brook Parkway
Erin Foley & Kathryn R. Kelley	Garrett Murphy & Johanna Thomas	\$385,000.00	82 Centre Street, Unit 82-B

Strong Lending Numbers Driving Norfolk Real Estate Market

Despite the ongoing COVID-19 pandemic and high unemployment rate seen in Massachusetts, the Norfolk County real estate market more than held its own during the month of August, reports Register of Deeds William O'Donnell.

"During August, a total of 1,865 real estate sales transactions, both residential and commercial, were recorded. This represented a slight 2% increase year over year," O'Donnell said.

"However, the average sales price for a property, again both residential and commercial, actually fell 9% to \$877,906. Also, the total real estate sales volume in Norfolk County, both residential and commercial, also fell 9% to \$1.1 billion.

"The drop in average sales price and total sales volume can be explained by the \$270 million sale of the Windsor Gardens apartment complex located in Norwood and Walpole that took

place in August 2019."

Norfolk County lending numbers continued to show significant strength in August. A total of 4,096 mortgages were recorded countywide, a 36% increase from the previous year. In addition, the total dollar amount borrowed in Norfolk County also increased 24% to \$2 billion.

"These numbers are a direct result of historically low interest rates and the continuing appeal of Norfolk County as a place to live and work," O'Donnell

said. "A recent announcement by Fed Chairman Jerome Powell indicates low interest rates may persist well into the next year no matter what happens with the economy."

Homestead recordings also showed some life in August. A total of 1,344 Homesteads were recorded, a 2% increase compared to August 2019.

"I am especially pleased to see Norfolk County homeowners taking advantage of the benefits afforded by the Homestead

law," O'Donnell said. "It is another layer of protection that can be utilized by a homeowner on their primary residence. Specifically, a Homestead prevents the forced sale of a homeowner's primary residence to satisfy unsecured debt up to \$500,000."

During August, a total of 5 foreclosure deeds were recorded against Norfolk County property. However, due to the ongoing statewide moratorium against initiation of foreclosure or eviction activity, no Notice to Foreclose Mortgages, the first step in the foreclosure process, were recorded.

"While the vast majority of foreclosure activity has been suspended while the COVID-19 pandemic is ongoing, we know many of our neighbors and friends are experiencing economic hardship due to the pandemic," O'Donnell said. "One of the programs I am most proud of here at the Registry of Deeds is our ongoing partnership with Quincy Community Action Programs (QCAP), 617-

479-8181 x376, and NeighborWorks Housing Solutions, 508-587-0950. Each of these agencies are staffed by knowledgeable professionals who can help individuals and families who are facing challenges paying their monthly mortgage payment.

"Another program available is the Massachusetts Attorney General's Consumer Advocacy and Response Division (CARD) at 617-727-8400. Like QCAP and NeighborWorks Housing Solutions, the CARD program can help those having difficulty paying their mortgage. Each of these programs are excellent examples of non-profit and government agencies helping those in need."

In conclusion, O'Donnell said:

"I am pleased and frankly happily surprised by the relative strength of the Norfolk County real estate market while the COVID-19 pandemic has been ongoing. The importance of low interest rates can not be over-

Cont'd On Page 26

Century 21
Annex Realty, Inc.

49 Beale St., Quincy, MA 02170
617-472-4330
www.c21annex.com

Over 70 Seller and Buyer Agents
specializing in Residential, Commercial
Real Estate, Bank Owned Properties,
Short Sales and Rentals

ANNEX REAL ESTATE SCHOOL
Offering Salesperson's, Broker's and Continuing Ed. classes

"STILL NUMBER ONE"

Red Door
Real Estate

A Trusted
Name In
Real Estate

Madelene Cheney
Owner

(617) 894-1124

RE/MAX
Realty Pros

Buying, Selling or Investing?
Call Tom McFarland
For All Your
Real Estate Answers

QUINCY - (617) 851-0900
On the Web visit McFarlandproperties.com

FLAVIN Insurance Agency

Complete Insurance Service Since 1925
Auto • Home • Condos • Apartments
Travel Trailers • Umbrellas • Flood • Business
Boats • Commercial Auto

Representing
Safety Insurance
AUTO • HOME • BUSINESS

Call or drop in for **Premium Quote**

Flavin & Flavin
1085 Hancock St. Quincy Center
Visit: www.flavinandflavin.com **617-479-1000**

QUINCY
WWW.
stamosandstamosrealtors
.com

Stamos & Stamos Realtors
747 East Squantum St.
Squantum, MA 02171
617.328.9400

S
E
P

1
0

2
0
2
0

Bus Rules Change Approved

Cont'd From Page 1

Committee member Douglas Gutro on Sept. 2 asked Draicchio if he had considered alternatives to reducing the number of students eligible for buses, in particular using staggered schedules so one bus driver could make multiple trips. Draicchio said the schedules are already staggered.

Gutro asked Supt. Mulvey if he had received any feedback from families since the potential rule change was first announced. The superintendent said the rule change had been discussed with families during various meetings held this summer, but he had received little feedback.

"[It's] been very, very quiet on that front," Mulvey said. "I thought we would have more feedback at this point on the lack of transportation, particular the proposed policy that is before the School Committee."

Gutro also asked if the committee should hold off on voting on the transportation policy change for a week because two members – Mayor Thomas Koch and Emily Lebo – were not present for that portion of the meeting.

Mulvey said delaying the vote to this week's meeting would have left administrators with just one week to reach out to parents with information on the change before the start of the school year on Sept. 16.

"If we wait a week, just keep in mind there would be less time to communicate to parents definitively that their students would not be participating in transportation and that they would have to find alternative ways to get their students to school," he said.

Committee member Kathryn Hubley asked Draicchio how many drivers the district has for this school year and how many it would have in a typical year.

Draicchio said the district has 23 full-time drivers compared to the 29 full-time drivers it would typically have; the district lost two drivers, one to retirement and one for medical reasons, between the Aug. 26 and Sept. 2 meetings. The district also has several part-time drivers available.

Twenty-one drivers will work special education routes, Draicchio said, leaving two to work regular bus routes.

Mulvey on Aug. 26 said the district has been looking for new drivers, but school systems across the state are having difficulty finding them. The district has advertised for those openings online and in an area newspaper, Mulvey said. School officials have also reached out to the MBTA to see if any retirees would be interested in driving a school bus and to the Quincy Fire Department to see if any firefighters would be willing to work as bus drivers on a part-time basis.

Quincy Students Can Play High School Sports

Cont'd From Page 1

ahead with most sports."

Committee member Paul Bregoli, a longtime coach at North Quincy High School, said students are eager to return to play.

"Kids are dying to get back," he said. "They can't wait to get back on the field. They are chomping at the bit."

The fall season is scheduled to run from Sept. 18 to Nov. 20 this year and will include soccer, cross country, golf and girls' volleyball in Quincy.

The state and MIAA have agreed to push back two other fall sports, football and competitive cheerleading, to a floating season later in the school year. That floating season will take place from Feb. 22 to April 25, after the winter sports season.

Kevin Mahoney and JJ Niamkey, the athletic directors at Quincy High School and North Quincy High School respectively, provided an overview of the new state guidance for sports during the committee meeting.

Spectators, coaches and officials will need to wear a mask or face covering. Athletes would also need to wear a mask or face covering when possible, Mahoney said.

"Even in the more intense activity sports, they are requiring facial coverings when possible and giving participants frequent breaks if they can, if they are out of proximity from other participants on the field," he said.

Golfers can remove their masks on the course if there is enough physical separation to do so, Mahoney stated, and cross-country

runners do not need to wear masks during their races but will need to do so at the start and finish areas.

Bregoli questioned the requirement that athletes in other sports, including soccer, wear masks while playing.

"A sport like soccer, that's 80 minutes and sometimes kids play an 80-minute game. For them to be asked to wear a mask I think is harmful," Bregoli said.

Health Commissioner Ruth Jones said sports are important for those participate, but it is necessary to follow the precautions to reduce the risk of transmitting COVID-19.

"It is very important for kids to get back into the habit of doing this and to be able to socialize, but we need to do it safely," Jones said.

"The modifications were put in there for specific reasons so that we're not transmitting – kids aren't transmitting to each other – and they're not having droplets all over the place close to each other but are still able to play these sports."

"It's going to be a little different, but I think kids will adapt."

Mahoney and Niamkey also reviewed changes for sports that will be played during the fall season. Soccer will feature more changes than the others, with rules in place to prevent contact.

"Soccer is probably the biggest change we're going to see in the fall in terms of the way the game is played," Mahoney said.

Games will now be played with four quarters, instead of two halves, with a two-minute break in between quarters and ten minutes for halftime. To eliminate contact, Mahoney said

slide tackles and heading the ball intentionally would be violations, players cannot place their hands on each other, and defenders won't be allowed to line up in walls. In addition, indirect kicks, except for goal kicks, must be on the ground rather than in the air, and players will kick the ball in instead of throwing it.

For girls' volleyball, teams will no longer switch sides after each set. To prevent contact in the vicinity of the net, a line will be placed three feet from the net on both sides that players will not be allowed to cross.

Golfers will have to follow the safety protocols put in place by each club, Mahoney said. They will no longer be allowed to exchange score cards after each hole to check their opponents scoring and will instead keep their score and their opponents score on their card.

Cross country will feature staggered start times with waves of eight to ten runners – four or five from each school – starting three minutes apart. Finish lines could also be separated so each team would have its own.

The state rules allow up to 50 spectators at an outdoor venue. For indoor venues, if the number of participants – athletes, coaches, officials and staff – does not exceed 40 percent of the space's occupancy, one spectator would be allowed for each player.

Committee member Frank Santoro said it was important for the new precautions to be properly enforced.

"The rules that we have are only as good as their implementation," he said.

"There are a great number of new rules and expectations. I have no doubt that our two ADs here can make sure those rules and regulations are followed, however we are going to have teams, coaches and spectators that will arrive from other communities."

Niamkey said the Patriot League, which both schools are members of, has supported giving athletic directors and site supervisors the ability to remove spectators and participants who do not comply with the rules.

"All the member schools are onboard with giving us that power," he said.

The MIAA's board will convene in October to discuss changes for the winter sport season.

The winter sports season is set to begin Nov. 30 and conclude Feb. 21. Sports scheduled for then include basketball, hockey, wrestling, winter gymnastics, indoor track and field, skiing, and winter cheerleading, dancing and swimming and diving.

The floating season would then follow from Feb. 22 to April 25. Football

and competitive cheerleading are scheduled for that season. Districts that need to cancel other fall sports seasons because of the pandemic could potentially reschedule them during this time as well.

The spring season – April 26 to July 3 – would include baseball, lacrosse, tennis, boys' volleyball, rugby, girls' golf, crew and sailing.

The four-season approach approved by the MIAA for the upcoming school year replaces the traditional three-season model used in typical years. Student-athletes will be allowed to participate in all four seasons.

The MIAA has also authorized out-of-season coaching during the upcoming school year, with permission from a member school's principal, meaning teams like football and cheerleading that cannot play this fall could potentially still practice.

The MIAA voted to cancel postseason tournaments this fall, but Mahoney said leagues and districts could possibly schedule their own end-of-season events.

Burke Recalls Fond Memory Of Baseball Pioneer Jackie Robinson

In honor of Jackie Robinson Day, Aug. 28, Quincy attorney George Burke recalled a fond memory of a dear friend.

When Burke was the Norfolk County district attorney, he held a drug seminar at Archbishop Williams High School and he invited Jackie Robinson to speak at the seminar because his son, Jackie Robinson, Jr., had battled drug addiction.

The evening before the seminar Burke took Jackie Robinson and his wife out for dinner and they bonded over dinner telling wonderful stories and they became friends. The following day Jackie Robinson – the first African American player in the major leagues – spoke at the seminar and did an outstanding job telling his personal story on a family member struggling with addiction, Burke said.

High School Science Fair Winners Honored



THE QUINCY SCHOOL committee last spring honored the winners of the Quincy High School and North Quincy High School science fair. From left, Jia Ye Zou (QHS, 3rd place: Fat in Organic and Non-Organic Foods); Sarah Alberione (QHS, 2nd place: Biochemical Bases for Lactose Intolerance); Dylan O'Brien, Jose Betancourt, Olivia Fritz (QHS, 1st place team: Blind Reads); Trista Lee (NQHS, 1st place: Soft Robotic Designs on Weight-Carrying Capacity); Song Yu Chen (NQHS, 2nd place: Effect of Paddle Angle on Rotational Speed); and Dominique Dang (NQHS, 3rd place: Deciding on De-Icers).

Quincy Sun photo/Tom Gorman



CLASSROOM SCENE with teacher Mabel Adams and students, ca. 1891. Image courtesy of the City of Boston Archives.

Remember The Ladies: Women's Suffrage And The Black Holes Of Local History

By Alexandra ELLIOTT
Curator

Quincy Historical Society

Introduction: *Reexaminations of the Woman Suffrage Movement*

On Aug. 18th, 2020 the nation honored the one-hundredth anniversary of the ratification of the 19th Amendment to the United States Constitution; the Amendment which officially granted women the legal right to vote in the United States. Of course, the reality is a great deal more complicated than this one sentence summary. The fight for women's suffrage lasted approximately 72 years, from its canonically recognized beginnings at the Seneca Falls Convention in 1848, to when the Movement's goals were finally achieved in 1920 and the federal amendment was ratified. But even so, after the Amendment's passage, legal and cultural roadblocks were immediately thrown up to prevent women from exercising that newly won right. This was particularly true for women of color, who did not truly gain access to the ballot until 1965 with the Voting Rights Act of that year.

Over the past several years, as our nation approached the Centennial, a renewed interest arose around the story of women's suffrage. In particular, there has been an impulse to approach the history differently. Much of the early scholarship on the Suffrage Movement took Susan B. Anthony's *A History of Woman Suffrage* as gospel. But her six volume opus leaves out many important details, including the significant contributions of women of color to the



MARY DEWSON (left) and her lifelong partner Mary G. Porter (right), ca. 1925, at Van Cortlandt Park in the Bronx. Image courtesy of Castine Historical Society.

Movement. This new wave of scholarship seeks to give increased visibility to minority leaders in the Movement, such as Ida B. Wells, Mary Church Terrell, and Boston's own Josephine St. Pierre Ruffin. These new studies also seek to reconcile the less honorable aspects of the Movement, such as the overt marginalization of women of color and allying with segregationist legislators, with the heroic narratives that many of us grew up hearing.

This work is important and nec-

essary to understanding who we are as a nation.

Local historical institutions play an important role in expanding the conversation surrounding significant national events and individuals. They are often the keepers of documents and artifacts that contribute more detail to the overarching national narratives. They are also often the meeting point between academic research and the general public. These institutions put on exhibits, or host events in which new ideas are

shared and the conversations about our history flourish.

However, what happens when the national conversation turns to subjects where the story was under-reported or undervalued in its own time? Historians then encounter black holes in their research from which it becomes incredibly difficult to add anything new or to focus locally on that topic.

Women's Suffrage and Local History

For local historical institutions, this reexamination of suffrage his-



PHOTOGRAPH OF Josephine St. Pierre Ruffin, 1900. A Massachusetts Suffrage leader, and editor of "The Woman's Era." Image courtesy of The New York Public Library.



PHOTOGRAPH OF Adalaide A. Claflin, from "A Woman of the Century: Fourteen Hundred-seventy Biographical Sketches." F. E. Willard and M. A. Livermore, editors. 1893.



MARY PARKER FOLLETT ca. 1920. Image courtesy of Quincy Historical Society.

tory provides an opportunity to delve into our archives and to tell the stories of the Movement from the perspective of our own communities. However, this effort is not always as simple as cracking open the old municipal records or combing through the old issues of the local newspaper. For example, in Quincy we do not yet have a strong understanding of the scope of Quincy's involvement in the Suffrage Movement. We know the names of only a handful of the women who participated, and the Historical Society's archive only contains one relevant document — that being a pamphlet from an Anti-Suffrage Organization meeting.

One of the other main sources for local history are newspapers. However, in Quincy's case *The Patriot-Ledger* did not cover the local groups in much detail. The *Ledger* does reveal that Quincy's popular Women's Clubs and Temperance Clubs were involved in the larger state and national Suffrage Organizations. But we are rarely given any reports about what the

Cont'd On Page 16

S
E
P

1
0

2
0
2
0

Interfaith Social Services Distributes Hundreds Of Backpacks

As communities face a school year like none other, hundreds of local parents will have one less thing to worry about: where school supplies for their kids will come from. Over the last month, Interfaith Social Services distributed more than 600 backpacks filled with school supplies to children across the South Shore.

Interfaith, a multiservice agency in Quincy, operates a food pantry, mental health counseling center and homelessness prevention program. The food pantry also conducts several seasonal initiatives throughout the year aimed at bringing joy to children who may be growing up in difficult situations. One of those initiatives is Interfaith's annual Backpack Drive, intended to make sure students start out the school year outfitted with the supplies they need to succeed.

"Whether they are in the classroom or learning remotely at home, every child deserves to have the tools they need for a successful school year," said Emily Ryan, Interfaith's Family and Children Program Manager. "We're happy to take some of the burden of back-to-school expenses away from families that are struggling right now."

Interfaith's volunteers

SAL 9-11 Ceremony Friday At Flags Island

The Sons of the American Legion, Squadron 294, Morrisette American Legion, will hold a 9-11 remembrance ceremony Friday, Sept. 11 at 10 a.m. at Flags for Veterans Island, School and Pleasant Streets, Quincy.

The ceremony will mark the 19th anniversary of the Sept. 11, 2001 terrorist attacks that killed nearly 3,000 people and injured more than 25,000. The death toll included 343 firefighters and 72 law enforcement officers.



MICHAEL McGRATH, of Quincy, donated 20 backpacks with supplies to Interfaith Social Services' Backpack Drive. Michael created his own fundraiser to pay for the backpacks, running 1 mile a day for 20 days as he gathered pledges from friends and family.

distributed more than 600 backpacks during the month of August to the children of Interfaith's food pantry clients. The backpacks, which were donated by local businesses and individuals, are filled with notebooks, pens and pencils, markers, crayons and more.

"We're so grateful to the individuals and businesses that were able to contribute to this program," said In-

terfaith's executive director Rick Doane. "Because of the pandemic and logistical challenges, many of our corporate partners have been unable to provide the level of support they normally can for our programs. At a time when more people than ever are reaching out for Interfaith's help, we were worried we wouldn't be able to meet the need. Fortunately, our supporters came out in a big way to make sure we had the supplies we needed."

To learn more about Interfaith's seasonal programs, contact Emily Ryan at eryan@interfaithsocialservices.org or 617-773-6203 ext.26.



INTERFAITH SOCIAL SERVICES volunteer Marzie Gans, of Quincy, (right) gives a backpack to Joshua Hashorva, of Braintree (left). Volunteers distributed more than 600 backpacks to the children of Interfaith's food pantry clients in August.



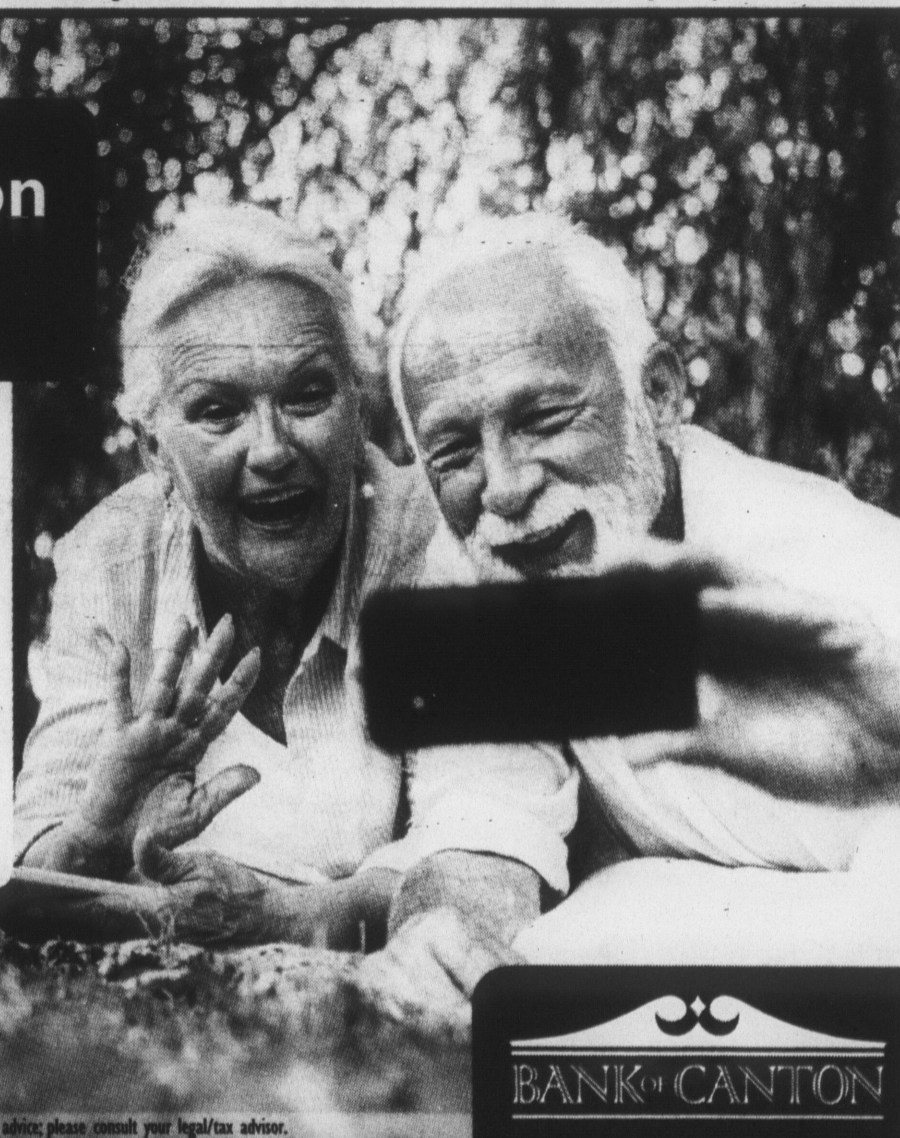
JENNIFER WHITE, left, vice president of Community and Public Relations for HarborOne Bank, delivers backpacks to Interfaith Social Services' Family and Children Program Manager Emily Ryan, right. HarborOne employees donated and assembled 150 backpacks for Interfaith's 2020 Backpack Drive.

Photos courtesy Interfaith Social Services

A lasting connection with those you love

Nobody knows the future. But the experts at B.O.C. Life Solutions* know how to plan for it – ensuring that you and your loved ones will be cared for, according to your wishes.

Call 781-830-6152 for a **free estate planning consultation** today.



BANK OF CANTON

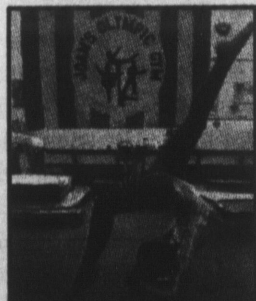
www.ibankcanton.com

*B.O.C. Life Solutions is a licensed subsidiary of Bank of Canton. Bank of Canton does not provide legal or tax advice; please consult your legal/tax advisor.

888.828.1690

JOAN'S OLYMPIC GYM
Gymnastics & Dance School

Fall Program Accepting NEW Registration
Sign up NOW
CLASS SIZE LIMITED!



Voted #1 On The South Shore

781-843-9624

An excellent educational environment for your child.
197 Quincy Ave. Braintree
joansolympicgym.com

WE WIN!



POLITICAL CARTOON from The Patriot-Ledger that ran on June 4th, 1919 and acted as the headline heralding the passage of the 19th Amendment through Congress.

THE REST ARE EASY



POLITICAL CARTOON from The Patriot-Ledger that ran on June 23rd, 1919 and heralded the ratification of the 19th Amendment in Massachusetts.

Remember The Ladies: Women's Suffrage & Local History

Cont'd From Page 14

local groups did to participate, or how suffrage was discussed in their meetings or in town generally. We do not even know how many women voted in Quincy in 1920, the first Presidential election in which they could participate. It should be noted that Quincy is not unique in this regard.

And in some cases, the information that we thought we knew turns out to be wrong, as we discovered in the case of Mabel Adams and Adelaide A. Claflin. For many years we believed that Mabel Adams, a teacher and principal of the Horace Mann School for the Deaf and Hard of Hearing, was the first woman to hold elected office in Quincy. She served as a member of the School Committee from 1895 to 1904. But recently, the research of Society board member Wayne Miller, determined that Adelaide A. Claflin was really the first woman to hold elected office in Quincy. She also served as a member of the School Committee, but from 1884-1887.

Without the benefit of the usual sources of historical information, historians of Quincy are left with large gaps in our knowledge. Right now, it is impossible to give a coherent narrative of Quincy's involvement in the Suffrage Movement, but we can share some of the names and deeds of those we do know were involved.

Quincy Women in the

Suffrage Movement

"Remember the Ladies" Abigail Adams implored her husband John in a letter from March 31, 1776, while John was serving on the committee that worked to draft the Declaration of Independence. Her letter advocated that in the new Republic, women be treated better and be given more rights than they had been under English law. She went on to say, "be more generous and favorable to them [the Ladies] than your ancestors. Do not put such unlimited power into the hands of the husbands." Whether she argued for women to be given the right to vote or not is a matter of much scholarly debate. However, this letter does make Abigail Adams one of the first women to advocate for women's rights in Quincy history. She would not be the last.

The first Quincy-resident that we can tie directly to the Suffrage Movement is Adelaide A. Claflin. She was mentioned above as the first woman to hold an elected office in Quincy in 1884, but she was also well known in the Suffrage speaking circuits as a passionate and entertaining presenter. She moved to Quincy in 1870 after getting married, and quickly devoted herself to public service and to the fight for women's suffrage. Claflin petitioned the Commonwealth of Massachusetts multiple times to pass a suffrage bill. In 1894 Claflin ultimately left public ser-

vice and became a minister.

Mabel Adams was the second woman to hold elected office in Quincy in 1895. A descendant of the Presidential Adams family, she graduated Phi Beta Kappa from Radcliffe College. Adams then went on to be a teacher at and, ultimately, the principal of the Horace Mann School for the Deaf and Hard of Hearing. She served on Quincy's School Committee for three consecutive three-years terms.

It is worth noting that both of these women were elected in Quincy before any woman could cast a ballot in their favor.

Mary Parker Follett was a social worker and political thinker, whose theories about the management of non-profit organizations drew the attention of President Theodore Roosevelt. Roosevelt would appoint her as his personal consultant based on her ideas and expertise. Follett was born in Quincy in 1868 and stayed in the Massachusetts area for most of her life. She graduated summa cum laude from Radcliffe College in 1898, and also studied at University of Cambridge, and even applied to Harvard though it did not accept women at the time. Her works defined management as "the art of getting things done through people" and her ideas have been influential in management theory.

Mary Dewson was born in Quincy in 1874, and after graduating from Wellesley in 1897 she quickly

began working in fields relevant to the advancement of women's rights, and the minimum wage movement. Dewson then went on to participate in the Woman Suffrage Movement and even volunteered with the American Red Cross during World War I. After the war she began moving in the same circles as Eleanor Roosevelt, who recruited her for politics. Dewson's Reporter Plan became a key information campaign in support of the New Deal, and Dewson is frequently credited with securing positions for women at all levels of government.

One of the loudest voices that we know of in Quincy for the Suffrage Movement was Miriam N. Marsh. Marsh was born in 1889, and was a descendant of one of Quincy's most successful families. On top of being a Suffragist, she was also a vocal champion of various charities in Quincy. Many of the contemporary articles regarding suffrage that we were able to find cite Marsh in some shape-or-form. One memorable quote from the Quincy Telegram reads:

"The best way to show our patriotism is by trying to make our country a better place to live in. This means that we shall seek to make our country not the nation with the biggest commerce, or the nation with the biggest fleet, but the nation with the best government and the highest level of citizenship. All of us can be good citizens by living up-

rightly and obeying the laws but we cannot make our country, or our state, or our city a better place to live in unless we can elect the men who make the laws. And it is because the women are just as patriotic as the men that they are asking for the ballot, in order to have part in bringing about better social conditions."

Black Holes and Local History

A large part of the reason for the gaps in the historical record on the topic of women's suffrage was the contemporary societal attitudes towards women and other marginalized groups (such as the poor, immigrants, and people of color). Their cares and thoughts were often not deemed important enough to report upon or to preserve. Thus their stories were neglected, leaving today's historians with a great number of black holes in our archives and in our narratives. Historians today seek to remedy the oversight by previous generations of scholars, but the work is not easy for the reasons stated above.

As the curator for Quincy Historical Society, I frequently find myself parodying the proverb "all roads lead to Rome" when talking about Quincy's remarkable ability to be relevant to any given event or movement in American history. When it comes to the history of the Revolution, sports, aviation, the World Wars, cinema, music, the 1918 Flu Pan-

demic, Temperance, fast-food, or virtually any other topic, it is remarkably easy to find a connection to Quincy itself or to a Quincy resident. But when we began researching the history of the Woman Suffrage Movement in Quincy, we were shocked to discover how little the historical record has to tell us.

I am highly incredulous that Suffrage was the one political movement in American history that Quincy just sat out. And I received some vindication of that incredulity in the last few days of researching for this article. On a whim, I typed in Miriam Marsh's name into a database of the Patriot-Ledger and was rewarded with an entire issue from 1917, dedicated to discussing Woman Suffrage. While that issue ultimately didn't give me any new information, it did give me a few ideas for where to look next.

Being a public historian is part-gumshoe detective work, and part-storytelling. Not only do you have to present a narrative to the public, but you also have to track down the information that you need in order to tell that story. And sometimes it just doesn't turn up where you expect it to be. The quest for Quincy's unique story in the Suffrage Movement is not over. Sadly, it did not reveal itself in time for the Centennial, but I have no doubt that the story will reveal itself in time.

S
E
P

1
0

2
0
2
0

It's McDermott Vs. McDermott For Norfolk County Sheriff

Cont'd From Page 3

they were released. McDermott was also the top vote getter in Avon, Braintree, Holbrook, Randolph, Stoughton and Weymouth.

Phelan won the Quincy vote over McDermott, 8,457 to 7,932. The former mayor topped the ticket in Wards 1, 2, 4 and 5 in the city while McDermott won in Wards 3, which he formerly represented on the City Council, and 6. Phelan also prevailed in Brookline, Cohasset, Milton, Sharon and Wellesley.

Coughlin won the remaining municipalities in the county.

McDermott credited Galvin's office for working to ensure all ballots were counted and said he has faith in the mail-in voting system that is in place for this fall's

election cycle amid the COVID-19 pandemic. He said residents who vote by mail have a chance to research each candidate on the ballot once they receive it, an opportunity they do not have when voting in person.

"I think that's a real win for the mail-in process," McDermott said.

In the race for county treasurer, Bellotti bested Quincy City Councillor Brad Croall, 84,028 to 50,637, according to the AP.

In Quincy, Bellotti received 11,182 votes to Croall's 7,570. Bellotti won five of six precincts in the city; Croall carried Ward 2, which he represents on the City Council.

Bellotti, who will be unopposed in November, said he welcomed the opportu-

nity to serve as county treasurer.

"It was a great race. Brad Croall was a class act," Bellotti said by phone.

"I welcome this opportunity to bring my skill set to the treasurer's office and county government. I would like to bring many of the things I brought to the sheriff's office, including senior initiatives and youth initiatives, and most importantly be a guardian of the pension fund."

Shea, an incumbent county commissioner and former Quincy city clerk, topped the four-person field in his re-election bid with 75,664 votes. Canton Town Moderator Richard Staiti was second with 42,270, Braintree Town Councillor Charles Ryan was third with

35,754, and Dennis Guilfoyle of Dedham was fourth with 33,575.

Shea outpolled the competition in Quincy, finishing with 14,463 votes. Ryan was second with 4,689 followed by Staiti with 2,870 and Guilfoyle with 1,724.

No Republicans ran for the county commissioner's seat. Heather Hamilton, a Brookline selectwoman, is running as an independent candidate in that race in November. Two county commissioners will be elected this year.

In the Democratic primary for the open register of probate seat, attorney Colleen Brierley of Norwood was the top vote getter with 36,332 votes countywide. Westwood Selectman Michael Walsh was second

with 32,331, Quincy City Councillor Noel DiBona was third with 29,804, Quincy School Committee member Kathryn Hubley was fourth with 22,758 and Quincy attorney Courtney Madden was in fifth place with 12,396.

DiBona received more votes in Quincy, 10,205, than the other four candidates combined and swept all six wards. Hubley was second with 3,520, followed by Madden with 1,966, Brierley with 1,611 and Walsh with 1,467.

In a message to his supporters on Facebook, DiBona congratulated Brierley on the win.

"Congratulations to Colleen Brierley of Norwood on winning the seat," he wrote. "Colleen ran a very positive campaign and I tip my hat to her. I want to also thank the other candidates for running. Everything in life is a learning experience. This election gave me ideas, strategy and mindset, not only for politics but for living my life."

Brierley will be unopposed in November.

The Democratic primary for the U.S. Senate race — which saw incumbent Edward Markey facing a challenge from U.S. Rep. Joseph Kennedy III — drew the most attention of the contests on the Sept. 1 ballot.

Markey won the race statewide with 55.39 percent of the vote. In Quincy, Markey outpolled Kennedy 10,463 to 9,283. Markey won five of the city's six wards, with Kennedy winning in Ward 2.

Both candidates made appearances in Quincy during the closing days of the campaign. Markey addressed supporters at the Hancock-Adams Common

on Aug. 27 and Kennedy had lunch on Quincy Shore Drive two days later.

Markey will face Republican Kevin O'Connor in the November general election.

O'Connor bested Shiva Ayyadurai in the GOP primary, both in Quincy and statewide. O'Connor finished with 1,835 votes in Quincy, sweeping all six wards, to Ayyadurai's 1,138 votes and prevailed with 60.06 percent of the vote statewide.

In the eighth congressional district, which includes Quincy, U.S. Rep. Stephen Lynch turned fended off a challenge from Robbie Goldstein, winning 66 percent of the overall vote. In Quincy, Lynch bested Goldstein 13,208 to 6,244 and won all six wards.

Lynch will face Jon Lott, an independent candidate, in November.

The members of Quincy's delegation on Beacon Hill, all Democrats, were unopposed in their party primaries. They are Sen. John Keenan of the Norfolk and Plymouth District; Rep. Bruce Ayers of the First Norfolk District; Rep. Tackey Chan of the Second Norfolk District; Rep. Ronald Mariano of the Third Norfolk District; and Rep. Daniel Hunt of the 13th Suffolk District.

Keenan will face an independent candidate, Alexander Mendez of Quincy, in November. Mariano will face Republican Stephen Tougas of Quincy, who was unopposed in the GOP primary. Both races will be rematches from two years ago.

Governor's Councillor Christopher Iannella Jr., a Democrat, was unopposed in the primary and will be in November as well.

61-Year-Old Quincy Resident Contracts EEE

The Massachusetts Department of Public Health announced Sept. 4 a human case of eastern equine encephalitis (EEE) in a 61-year-old Quincy resident. It is believed that this person contracted the disease in Plymouth County.

The risk level of cities and towns are made based on likely location of exposure not necessarily place of residents. This does not change the risk level in Quincy, which remains at remote.

EEE virus has caused 38 human infections in Massachusetts residents with 15 deaths between 2000 and 2019. In addition to the case identified in Quincy, there have been three other human EEE cases identified in Massachusetts: one from Hampden County and two from Plymouth County.

EEE is a rare but serious illness spread by the bite of an infected mosquito. While EEE can infect people of all ages, people under 15 of age or over 50 years of age are at greatest risk for serious illness. By taking a few, common sense precautions, people can help to protect themselves and their loved ones:

- Apply insect repellent when you go outdoors. Use a repellent with DEET, permethrin, picaridin, IR3535 or oil of lemon eucalyptus according to the instructions on the product label. DEET products should not be used on infants two months of age and under should be used in concentrations of 30 percent or less on older children. Oil of lemon eucalyptus should not be used on children under three years of age. Permethrin prod-

ucts are intended for use on items such as clothing, shoes, bed nets and camping gear and should not be applied to skin.

- Clothing can help reduce mosquito bites. Although it may be difficult to do when it's hot, wearing long-sleeves, long pants and socks when outdoors will help keep mosquitoes away from your skin.

- Be aware of peak mosquito hours — the hours from dusk to dawn are peak biting times for many mosquitoes. When risk is increased, consider rescheduling outdoor activities that occur during evening or early morning. If you are outdoors at any time and notice mosquitoes around you, take steps to avoid being bitten by moving indoors, covering up and/or wearing repellent.

- Drain standing water

— mosquitoes lay their eggs in standing water. Limit the number of places around your home for mosquitoes to breed by either draining or getting rid of items that hold water. Check rain gutters and drains. Empty any unused flower pots and wading pools and change water in birdbaths frequently.

- Install or repair screens — some mosquitoes like to come indoors. Keep them outside by having tightly-fitting screens on all your windows and doors.

While the Quincy Health Department continues to work closely with the MDPH, locally the health department is actively involved with Norfolk County Mosquito Control regarding the control of mosquitoes in Quincy. For detailed information visit <https://www.quincyma.gov>.

In Loving Memory of your Birthday

Henry W. Bosworth, Jr.

September 13, 1924

February 7, 2009

Another birthday, another year,
With precious memories of one so dear,
Thoughts today of our lives together,
Hold a love that will live forever.

The Bosworth Family

Rogers Jewelry

1250 Hancock St., Quincy
www.RogersJewelry.com
617.773.3836



GOLD CHAINS
LOOSE DIAMONDS
WATCHES
ENGAGEMENT RINGS
ESTATE JEWELRY
FINE JEWELRY SALES
GRADUATE GEMOLOGIST
WE BUY GOLD

Rogers Jewelry continuing to serve Quincy for more than 60 years; A full Service Jewelry Store with a Graduate Gemologist on staff. We buy your unwanted jewelry and offer loans as well! We have new inventory daily so be sure to check in frequently.

NEW QUINCY LOCATION! 1250 Hancock St. Quincy, MA 02169

Quincy Access Television
88 Washington Street
Quincy, MA 02169



www.qatv.org
617-376-1440
617-376-1441



Public Access Channel 8

Thursday, September 10
5:00pm: Bethany Congregational Church
7:00pm: AM Quincy: Chamber of Commerce

Friday, September 11
11:30am: Currently in Quincy
8:00pm: NQ vs. Boston Latin Football '02

Saturday, September 12
12:00pm: On the Road with Jazzy Bill
7:00pm: The Call

Sunday, September 13
10:00am: Bethany Congregational Church
11:30am: Good News

Monday, September 14
11:30am: Currently in Quincy
8:00pm: QH5 vs. Braintree Football '14

Tuesday, September 15
7:00pm: AM Quincy: Mayor Thomas Koch
8:00pm: Quincy in Focus

Wednesday, September 16
5:00pm: Good News
7:00pm: The Call

Government Access Channel 9

Thursday, September 10
9:00am: Healthy Bones & Balance
12:00pm: City Council includes Finance Comm 9/8
4:30pm: QPS Fall 2020 Re-entry Parent Info Meeting
6:00pm: Update DPW: Fall Season

Friday, September 11
6:00pm: Media Advisory: 9/11 Remembrance
7:00pm: Update DPW: Fall Season
7:30pm: Board of License Commissioners 9/8

Saturday/Sunday, September 12/13
8:00am: MA House of Representatives Session 9/3
10:30am: At Your Library: September Happenings
4:30pm: Board of License Commissioners 9/8
6:00pm: Update DPW: Fall Season
7:00pm: City Council includes Finance Comm 9/8

Monday, September 14
8:30pm: At Your Library: September Happenings

Tuesday, September 15
9:00am: Balance Class for Adults Over 60
7:00pm: St. Johnsbury 1830 Band

Wednesday, September 16
2:00pm: At the Library: Andy & Judy Daigle

Programming is subject to change.

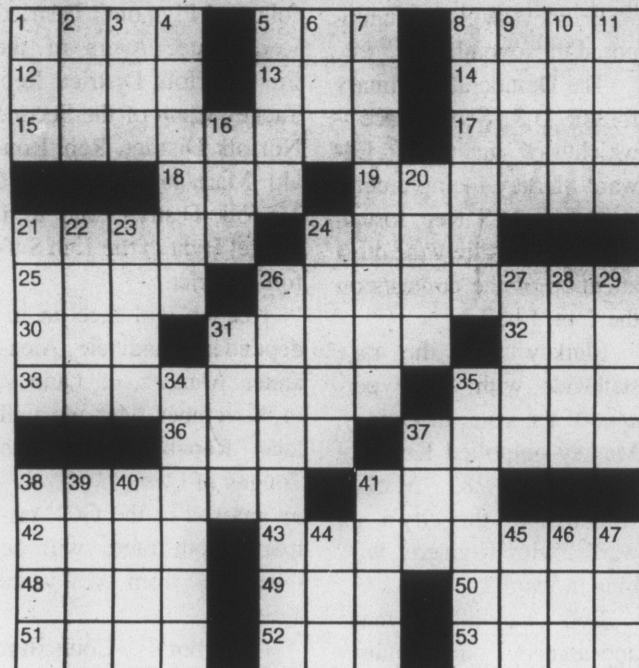
For a complete list of programs, please visit our website at qatv.org

SUN FUN PAGES

King Crossword

ACROSS

- 1 Drink heartily
5 Coffee, in slang
8 Snatch
12 Maze option
13 Possess
14 Elderly
15 Not all one kind
17 Clinton's Arkansas hometown
18 Delivery co.
19 Source
21 Song of praise
24 "East of Eden" character
25 Charged bits
26 Lit into
30 Explosive letters
31 External
32 Eisenhower
33 Lent a hand
35 Appear
36 Dud
37 Familiar form of address
38 1954 doo-wop hit for The
- 1 Hot tub
2 Existed
3 Part of FWIW
4 Grave robbers
5 Writes quickly
6 Have bills
7 Backed
8 Sesame paste
9 Quite eager
10 Military visored hat
11 Paradise
16 Spinning stat
20 Bellow
- 21 Pocket bread
22 Half of the off-spring
23 Picnic invaders
24 — in the right direction
26 Convert to computers
27 Told a tale
28 — out (supplemented)
29 Showroom sample
31 Norway's capital
34 "I wish"
35 Prolonged attacks
37 Japanese pond carp
38 Caraway, for one
39 Loathe
40 Cereal choice
41 Despot
44 Vast expanse
45 Sister
46 Mound stat
47 Pooch



© 2020 King Features Synd., Inc.

MAGIC MAZE • SEAFARING WORDS

ONS J S G D Z W T Q N K H D
A X U E E R R P M J G D A X E
V S S T A E S E V O L Q N K L
I F D A L S X V T Q O M J H T
F C A Y A E O W U R K P N S T
L J H F N A B N D C B Z X M A
V T R Q T R O T I M K I H A E
F D B Z S C Y S A N A M A E S
W V T R Q H A O N E G L K S I
H F D C A E L B A E S U A N Z
X W V E S A E S I D U S R I Q

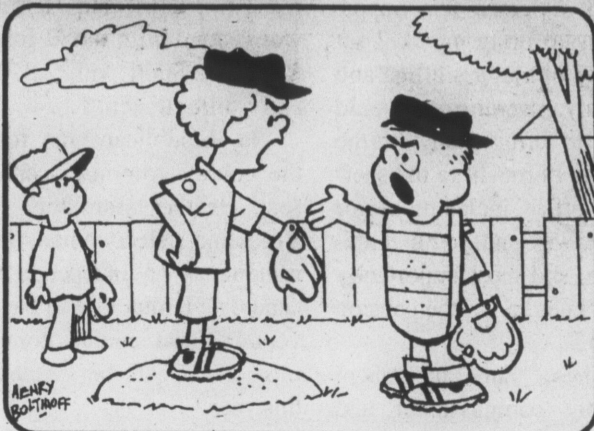
Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Disease	Research	Seams	Seat belt
Inseam	Seal	Search	Seats
Loveseat	Sealants	Seasick	Useable
Nausea	Seaman	Seasoning	

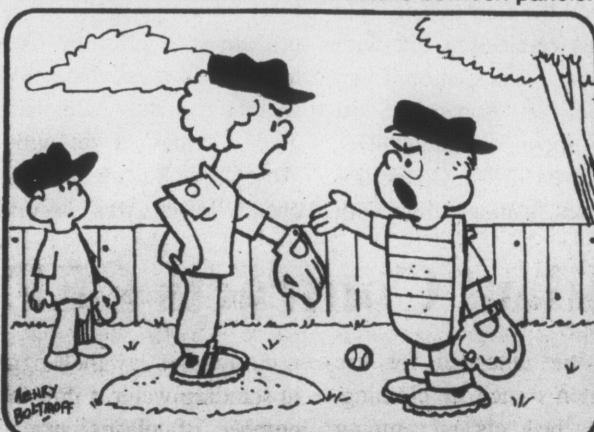
© 2020 King Features Syndicate, Inc. All rights reserved.

HOCUS-FOCUS

BY HENRY BOLTONOFF



Find at least six differences in details between panels.



Differences: 1. Baseball has been added. 2. Building is gone. 3. Catcher's shoes are different. 4. Fence has been repaired. 5. Pitcher's pants are longer. 6. Boy's hat is different.

Trivia test

by Fifi Rodriguez

- GEOGRAPHY: Where are the Azores Islands located?
- GAMES: In poker, what is a "dead man's hand"?
- AD SLOGANS: Which company has a series of advertisements asking the question, "What's in your wallet?"
- U.S. PRESIDENTS: Who was the only president who never married?
- LITERARY: The pet rat Scabbers belonged to which character in the Harry Potter book series?
- MUSIC: Which American singer/songwriter was nicknamed "The Hardest Working Man in Show Business"?
- U.S. STATES: Which state is home to the only active diamond mine in the

- United States?
- MATH: What is the date of the annual Pi Day?
 - ASTRONOMY: After the sun and moon, what is the third brightest object in Earth's sky?
 - MOVIES: What was the name of Quint's boat in "Jaws"?

Answers

- Atlantic Ocean, off the coast of Portugal
- Two pair of black aces and black eights, named after the hand Wild Bill Hickok reportedly held when he was shot to death.
- Capital One
- James Buchanan
- Ron Weasley
- James Brown
- Arkansas
- March 14 (3.14)
- Venus
- The Orca

(c) 2020 King Features Synd., Inc.

Wishing Well®

4	3	4	3	4	7	4	3	7	2	8	7	3
B	D	E	E	A	C	G	P	O	T	S	N	E
6	2	8	5	8	2	3	4	7	8	6	3	6
B	R	T	P	A	A	N	R	F	T	E	D	C
2	3	2	3	7	5	2	4	8	3	5	8	3
N	O	S	N	R	L	F	E	U	O	A	S	T
7	3	7	5	4	8	5	8	4	5	3	2	7
O	H	N	N	E	C	C	H	A	A	E	E	T
4	7	2	5	6	5	7	3	7	8	3	5	4
B	P	R	R	H	E	R	R	O	A	S	F	L
7	5	4	8	2	6	7	8	5	2	8	2	5
B	U	E	N	A	E	L	G	L	T	E	W	L
2	6	8	6	5	6	7	6	2	6	2	7	7
O	E	S	R	Y	F	E	U	R	L	K	M	S

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

© 2020 King Features Syndicate, Inc.

Salome's Stars

ARIES (March 21 to April 19) Careful, Lamb. Taking on too many tasks at one time can cause you to create more snarls each time you try to work your way through the tangled mass. Best to handle one job at a time.

TAURUS (April 20 to May 20) Making bold moves is what Bovines do. But the best moves are made with lots of data to provide backup just in case you charge into an unexpected complication. A new relationship shows promise.

GEMINI (May 21 to June 20) Sharing credit for a job well done is easy for you to do, but not necessarily for your partner. But fair is fair. Don't let yourself be denied the right to have your contributions recognized.

CANCER (June 21 to July 22) Communication is important to help bridge a gap that can lead to problems at home and/or at the workplace. Find a way to get your points across before the breach becomes a chasm.

LEO (July 23 to August 22) Relationships, whether business or personal, need to be watched carefully for signs of trouble. Any negative indications should be dealt with before they become too burdensome.

VIRGO (August 23 to September 22) Congratulations. A more positive aspect highlights much of the Virgo's week. You should find others more receptive to your suggestions, and also more likely to act on them.

LIBRA (September 23 to October 22) All work and little play could wear the Libra's usually positive attitude down. Take some much-needed time off. Perhaps a short jaunt with someone special is the way to go.

SCORPIO (October 23 to November 21) This is a good time to expand your view from the known to the unfamiliar. Confronting new situations could be challenging, but ultimately also could be extremely satisfying.

SAGITTARIUS (November 22 to December 21) Giving advice to those who just want validation for what they're doing can be unsettling. So back off and save your counsel for those who really appreciate it.

CAPRICORN (December 22 to January 19) Cultivating a more positive attitude not only makes you feel better about yourself, but also has an upbeat effect on those around you, especially that certain someone.

AQUARIUS (January 20 to February 18) Keeping the lines of communication open and accessible is the key to establishing the right foundation on which to build an important and meaningful relationship. Stay with it.

PISCES (February 19 to March 20) Before agreeing to act on a request, consider using your perceptive Piscean talents to see what might lie hidden beneath its surface and could possibly cause problems later on.

BORN THIS WEEK: You're a friend who, if you err at all, does so on the side of concern for those you care about.

(c) 2020 King Features Synd., Inc.

CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: Y equals D

TS JIQ TH AIUPQNW JI DJV CAUD
CNWLNWTIQ ZJ AHQ, T'Y LAQHH TZ
VJAPY EQ EAZZQW UJISAHTJII

© 2020 King Features Synd., Inc.

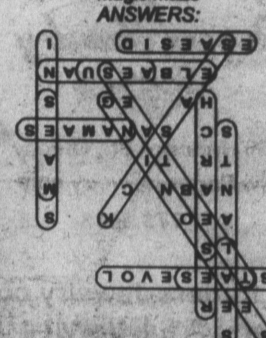
King Crossword

Answers

Solution time: 21 mins.



Magic Maze ANSWERS:



CryptoQuip answer

would be better confusion! margarine to use, I'd guess it

S
E
P

1
0

2
0
2
0

HOLLYWOOD

by Tony Rizzo

HOLLYWOOD -- Can you guess who is the highest paid actor in films for a second year in a row? "The Rock" of ages, Dwayne Johnson, pulled in \$87.5 million, including his pay for the film he's currently shooting, "Red Notice," for which he received \$23.5 million. It co-stars Ryan Reynolds, who pulled in \$20 million for the same film, for a 2020 income of \$71.5 million. Third place at \$58 million belongs to Mark Wahlberg, currently working on "Spencer Underground." They're followed on the Forbes list by No. 4. Ben Affleck, at \$54 million; No. 5 Vin Diesel, \$54 million; No. 6 Bollywood star Akshay Kumar, with \$48.5 million; No. 7. Lin-Manuel Miranda, with \$45.5 million; No. 8. Will Smith, at \$44.5 million; No. 9 Adam Sandler, with \$41 million; and at No. 10, Jackie Chan, with \$40 million. What they all have in common is that they produce their own films and films for others. Lin-Manuel had the \$75 million sale of "Hamilton" to Disney, and Adam Sandler has starred in and produced a slew of films for Netflix. The list for women hasn't been released yet, but in 2019 the No. 1 female earner was Scarlett Johansson at \$56 million, followed by Sofia Vergara at \$44 million and Reese Witherspoon with \$35 million.

Speaking of Will Smith, he will be the executive producer of the reboot of the "The Fresh Prince of Bel Air," his TV series that ran from 1990-1996. It will

probably land at HBOMax, since the service is streaming the original series. Smith also is executive producer of "Life in a Year," which stars his son Jaden, Cara Delevingne, Cuba Gooding Jr. and Nia Long.

The 1982 film "Tron" starred Jeff Bridges and was a modest success, costing \$17 million to make and grossing \$50 million. In 2010, Bridges returned, after winning a best actor Oscar the year before for "Crazy Heart," to make the sequel, "Tron: Legacy," which grossed \$400 million. Now comes word we're going to have another "Tron," this one to star Jared Leto and be called "Tron: Ares." But first we'll see his American crime thriller "The Little Things," opposite Denzel Washington and Rami Malek, opening Jan. 29, and the superhero film "Morbius," co-starring ("Doctor Who's") Matt Smith, due March 19.

Are you ready for a "Three Men and a Baby" sequel? The 1987 original starred Tom Selleck, Ted Danson and Steve Guttenberg. It grossed \$240 million, which prompted a sequel, "Three Men and a Little Lady" (1990), which didn't do as well, grossing only \$72 million. Even so, it's coming, this time as a vehicle for Zac Efron, whose last film was "Extremely Wicked, Shockingly Evil and Vile," which grossed only \$10.5 for Netflix. With that title, they were lucky to make that!

(c) 2020 King Features Synd., Inc.

GO FIGURE!

by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: *

* Moderate ** Difficult *** GO FIGURE!

	-		x		10
÷		+		+	
	x		+		13
+		÷		÷	
	÷		+		4
13		3		12	

1 2 3 3 5 6 7 8 9

©2020 King Features Syndicate, Inc.

KOVELS' Antiques & Collecting

By Terry and Kim Kovel

Carved Stone Bust -- A Rago auction catalog called a large carved bust made of black stone a "Haida Argillite carving" and then explained the meaning of the word "argillite." Antiques can be made by people, companies or methods with unfamiliar names, but this time the auction house realized that bidders needed help. Argillite is a fine-grained black silt stone found in only one spot, the Slatechuck Creek on Haida Gwaii, also called the Queen Charlotte Islands, in the Pacific Ocean off the northwest coast of British Columbia, Canada. The Haida, a North American native culture, were the original people living on the islands.

They have been making carvings of wood and argillite since about 1800. Pipes used with tobacco have been found that were made from 1810 to 1840. The location of the quarry is a secret and only the Haida are permitted to use the stone. Today, Haida carvers make and sell carved argillite jewelry and decorations -- "tourist art" made to be sold to visitors. Both the Haida and European cultures are depicted. Many pieces are amusing. The bust of a man, made about 1840s to 1850s, sold for \$18,750. A carving of one piece as large as a bust is unusual and valuable because the stone breaks easily. Twentieth-century interest in the antique arts of native peoples has led to higher prices.

Q: Do McDonald's restaurant giveaway toys have any resale value? My children have been saving them in the unopened packages for more than 15 years. Is there a way to tell the age?

A: Very few McDonald's Happy Meal toys are worth a

lot of money. Most full sets (eight or more toys) given away in the past five years are worth under \$50 at a retail source. That means a single toy is worth less than \$5, and they usually are just \$1 or \$2, if you are lucky. The 1987 set of 12 Mr. Potato Head toys retails at \$75. It is said that a set of eight Furby toys from 2000 sold for \$900, but that may be a myth. Other old sets (be sure it is the original set, many have been repeated) including Beanie Babies, Lion King or even Jerry from the movie "Despicable" Me can sell for over \$100.

CURRENT PRICES

Kewpie doll, black, side-eyes, red lips, jointed arms, incised, Rose O'Neill, 6 inches, \$210.

Advertising sign, Stolz Premium beer, extra pale, extra fine flavor, white and yellow text, beer bottle, gray ground, 8 x 12 inches, \$330.

Leica Camera, 50-mm Elmar lens, IIIa, black, leather case, 1938, \$420.

Chanel clutch, fabric, black, white, logo printed in two directions, envelope shape, flap, 5 x 7 1/2 inches, \$840.

TIP: If you move your antiques to a new home in a van, watch out for damage. Check the antiques as they are unloaded. Sweep the inside of the moving van and save any small pieces of veneer, wood or screws that might have fallen off your furniture.

For more collecting news, tips and resources, visit www.Kovels.com

(c) 2020 King Features Synd., Inc.

Strange BUT TRUE

* An armadillo's shell is so hard that it can deflect a bullet, as a Texas man discovered to his chagrin when he took aim at one. The bullet ricocheted into his jaw and he had to be airlifted to a hospital. The armadillo, on the other hand, strolled away unscathed.

* One million U.S. dogs hold first place in their owner's last will and testament.

* The original time machine in "Back to the Future" was not a DeLorean, but an old refrigerator. According to HuffPost, "Ultimately, it was determined that it probably was not a good idea to use a refrigerator in such a manner as kids might want to reenact the scene."

* Napoleon introduced brass buttons on soldier uniforms' sleeves to discourage them from wiping their noses.

* The first webcam was created to check a coffee-pot! In 1993, researchers in the University of Cambridge's computer science department really didn't

like getting up from their chairs to check the coffee-pot just to find it empty, so they wired a system that would stream three images per minute from the Trojan Room, where the pot was kept, to the internal computer network. By the end of that year, the stream made it onto the new World Wide Web, endowing the Trojan Room coffee-pot with international, if brief, fame.

* The asteroids in "Star Wars" were actually painted potatoes.

* When English Romantic poet, painter and engraver William Blake was just 4, he claimed to see God through a window. Throughout the rest of his life, Blake said he often communed with angels, incorporating these visions into his art.

* According to the U.S. Food and Drug Administration, the stickers on fruit are edible. We haven't tried them ourselves, though.

Thought for the Day: "The best teachers remain students all their lives." -- John Stott

(c) 2020 King Features Synd., Inc.

Now here's a tip!

by Jo Ann Derson

* "In my shop, I have stored small bits of hardware in baby-food jars. They were all on a shelf together, and when I needed one, I would have to move bottles around until I found the right one. I took a piece of 1-by-4 and cut it into 2-foot sections. Then I glued the bottoms of the bottles in a row to the wood. Now, they still sit on the shelf, but all I have to do is slide the 1-by-4s out and find the right jar. I can still see in the sides, and it makes them so much easier to deal with." -- J.N. in Missouri

* "My child has so many toys that they were starting to take over his room and our house. We got three big plastic storage tubs and distributed the toys among them. Now the rule is that only one tub can be open at a time, so if he wants to play with other toys, he

must pick up all the toys from the tub he is playing with first. It has made such a difference since the house gets picked up at least once a day." -- C.I. in Tennessee

* "Lots of people are selling things online now to make a few bucks, and that's cool. I know I have things I've picked up that I don't use. Why not make a little money? Here's a tip though: Do a little research on price for your item. You want to avoid listing it for too much (no interest) or too little (yes, it gets snapped up quickly, but you could have gotten more for it). A little homework goes a long way." -- C.A. in Florida

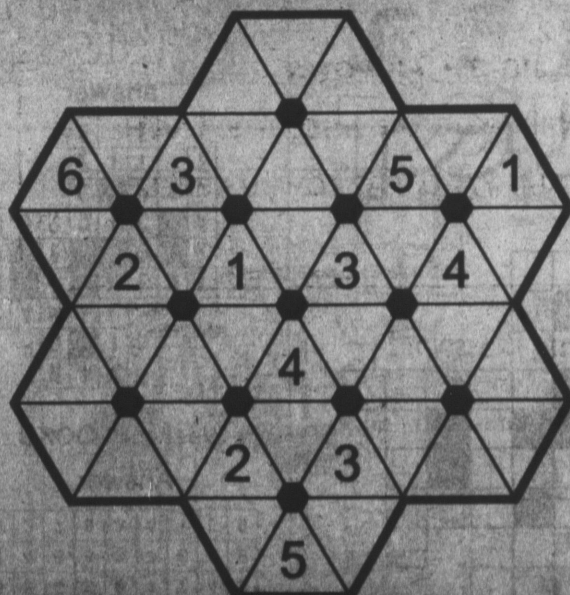
Send your tips to: Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803.

(c) 2020 King Features Synd., Inc.

SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



DIFFICULTY THIS WEEK: ♦♦♦♦

♦ Easy ♦♦ Medium ♦♦♦♦ Difficult

© 2020 King Features Synd., Inc.

STICKELERS

by Terry Stickels

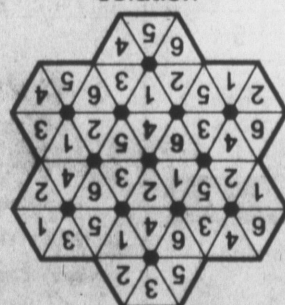
A little weather trivia ...

1. Can you name five main types of precipitation?
2. Which of the following is not a type of cloud?
a. nimbostratus b. altocumulus
c. stratocumulus d. altonimbus
e. cumulonimbus
3. An anemometer measures ?

©2020 King Features Syndicate

SNOWFLAKES

solution



Go Figure! answers

12	3	13
4	1	6
÷	÷	÷
13	7	2
+	+	÷
10	5	8

Sticklers Answer

1. hail, sleet, rain, snow and freezing rain
2. d. altonimbus
3. wind speed

Amber Waves



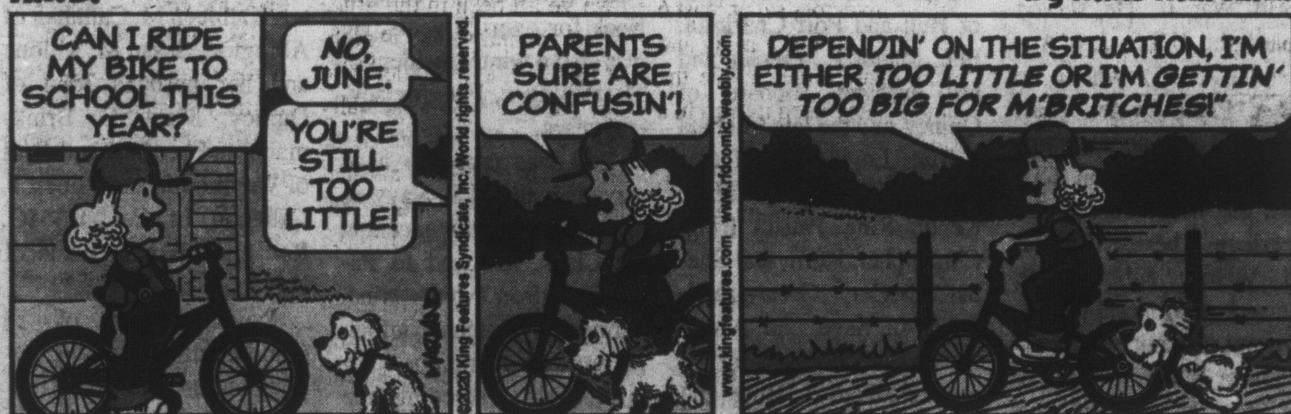
Out on a Limb

by Gary Kopervas



R.F.D.

by Mike Marland



SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Scold

REBATE

Origin

ACUSE

Adorn

SHARING

Emanate

DEUXE

TODAY'S WORD

Conceptis Hitori

Each puzzle consists of a square grid with numbers appearing in all squares. The object is to shade squares so:

1	5	3	1	2
5	4	1	3	4
3	4	3	1	5
4	4	2	3	3
2	1	5	4	4

- No number appears in a row or column more than once.
- Shaded (black) squares do not touch each other vertically or horizontally.
- When completed, all un-shaded (white) squares create a single continuous area.

2	4	4	2	6	1
4	3	5	1	5	6
1	2	2	2	3	5
1	1	6	3	4	4
6	4	3	4	2	5
3	6	1	6	4	2

©2020 Conceptis Puzzles Dist. by King Features Synd., Inc.



Dogs Can't Tolerate Human Bug Repellent

PAW'S CORNER: I live in an area where eastern equine encephalitis and West Nile Virus are active. On my walks, I make sure to wear plenty of bug spray to prevent being bitten by a mosquito infected with either disease. Are my dogs at risk of catching it? Can I use bug spray on their fur? -- Shellie in Worcester, Massachusetts

DEAR SHELLIE: While dogs (and cats) are at risk of catching either disease, most pets recover fully, especially with veterinary treatment (which is mainly supportive, to keep them strong while their bodies fight the infection). Humans can get seriously ill from either EEE or West Nile Virus, so I'm glad you're using plenty of bug repellent. Mosquitoes are very active just before sun-

set, when most of us prefer to take our pets for walks during the hot summer months.

However, pets do not tolerate bug spray made for humans very well. (Citronella candles also can be very irritating.) They still should have some protection from mosquitoes, as these flying pests also carry diseases that can be very harmful to pets, like heartworm. Pet-friendly repellents are available at the pet store or through your vet's office. You can try natural repellents like lemon juice (try mixing it half-and-half with water in a spray bottle and applying to your dogs' coat just before walking), crushed peppermint leaves, or rosemary.

Keep up with your pets' heartworm medication and check them for ticks and fleas after each walk, too. This will reduce their risk of getting a serious illness from an outdoor pest.

Send your tips, questions or comments to ask@pawscorner.com.

(c) 2020 King Features Synd., Inc.



TOP TEN VIDEO, DVD for release week of Sept. 7, 2020

- Top 10 Video On Demand**
- The Silencing (R) Nikolaj Coster-Waldau
 - The Tax Collector (NR) Bobby Soto
 - Emperor (PG-13) Dayo Okeniyi
 - Made in Italy (R) Yolanda Kettle
 - Trolls World Tour (PG) animated
 - Secret: Dare to Dream (PG) Katie Holmes
 - You Should Have Left (R) Kevin Bacon
 - The Vanished (R) Anne Heche
 - Sonic the Hedgehog (PG) James Marsden
 - The Outpost (R) Caleb Landry

Top 10 DVD, Blu-ray Sales

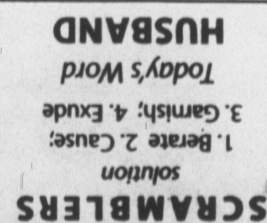
- Trolls World Tour (PG) Universal/DreamWorks
- Scoob! (PG) Warner Bros.
- The Outpost (R) Screen Media
- Deathstroke: Knights & Dragons (TV-14) Warner Bros.
- Paw Patrol: Dino Rescue (NR) Paramount/Nickelodeon
- The Mule (R) Warner Bros.
- 1917 (R) Universal
- Despicable Me 3 (PG) Universal
- Jaws (PG) Universal
- Rampage (PG-13) Warner Bros.

Sources: comScore/Media Play News

(c) 2020 King Features Synd., Inc.

Hitori answer

2	4	4	2	6	1
4	3	5	1	5	6
1	2	2	2	3	5
1	1	6	3	4	4
4	3	5	1	5	6
2	4	4	2	6	1



OBITUARIES

Richard A. Robbins, 84

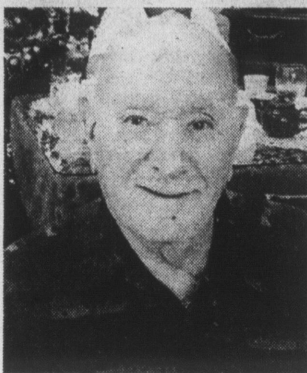
Richard A. "Dick" Robbins, 84, of Port Charlotte, Florida, died Aug. 24 at home.

He was born Oct. 17, 1935 in Quincy, to the late Harold and Blanche Robbins. He lived in Quincy until he moved to Chatham to run the Surfside Motor Inn for 20 plus years. Mr. Robbins retired and split his time between Chatham and Port Charlotte and traveling the world.

There is one thing we all know for sure; there will never be another Dick. He was truly unique and authentic man. There was nothing artificial about him; Mr. Robbins was not interested in impressing anyone or in courting their favor. If someone disagreed with him, he would say "the hell with them." He told it like it was. He could be blunt and rough, but underneath he was a loving and kind.

Mr. Robbins ran the Surfside Motor Inn with basic necessities that that reflected his no frills New England character which didn't embrace change. The Inn appeared much as it did fifty years ago which was appreciated by the many regulars, who came back year after year, not only to enjoy The Cape, but for Mr. Robbins' hospitality. No matter how many drinks were served nightly on the front porch, he was always up early to put out the toast and donuts.

He was a man you could depend on. Habits and routine was his thing. Mr. Robbins went to lunch every day to his well-known haunts, had drinks with his buddies at the VFW in the afternoon



RICHARD A. ROBBINS

and dinner with Joan at night. He loved to eat, talk and drink, watch TV crime shows and buy cars.

Mr. Robbins would join the family by the pool at Wequasset Inn, play with the grandkids and watch Jonathan in skating competitions. The night before he died, he told Joan that she had been good to put up with him for so many years. In every way, Mr. Robbins was true to himself and others. He was his own man.

He is survived by his longtime companion, Joan Hidebrandt; a foster son, John O'Brien; a brother, George Robbins and their families including 9 grandchildren; 6 great grandchildren, nieces and nephews; and many friends. He was preceded in death by his very dear wife Marilyn and foster daughter, Margaret.

Memorial services celebrating Mr. Robbins' life will be held at a later date in Chatham.

Memorial donations may be made to the Chatham VFW Post 8607, 150 George Ryder Rd., Chatham, MA 02633.

Arrangements by Robertson Funeral Home & Crematory Port Charlotte Chapel.

David J. Ring, 95

A funeral Mass for David J. Ring, age 95, of Quincy, was celebrated Sept. 5 at Divine Mercy Parish in St. Mary's Church, Quincy.

Mr. Ring died peacefully Sept. 2 surrounded by his loving family.

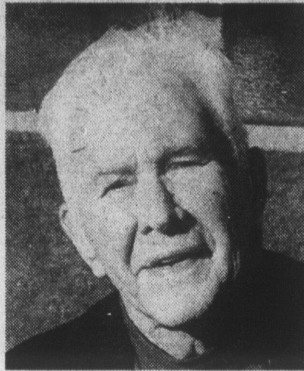
He was born in Boston, to the late John S. and Mary A. (Abely) Ring. Raised and educated in Dorchester, he was a graduate of Boston College High School, Class of 1942.

Mr. Ring lived in Quincy for most of his life and summered in Green Harbor, later becoming a permanent resident of Marshfield, until recently moving back to Quincy.

He proudly served in the United States Navy during World War II. He served aboard the U.S.S. Los Angeles (CA-135) where he was a "Plank Owner" (part of the first crew aboard ship) and U.S.S. Huntington (CL-107). He was awarded the American Theatre Ribbon and Victory Ribbon. He received an honorable discharge at the rank of lieutenant junior grade.

Upon his return, he earned his Bachelor's degree from Boston College, Class of 1948.

Mr. Ring attained his certified public accounting license, working at several prestigious firms in Boston's Financial District. He taught accounting at Chamberlain Junior College and Bentley College for several years, just before launching his career as a self-em-



DAVID J. RING

ployed CPA.

Mr. Ring will long be remembered for being a Ham Radio operator (WA1-DRR) and his quiet wit.

Beloved husband of the late Mary H. (Golden) Ring. Devoted father of David J. Ring, Jr. of Marshfield, Joseph P. Ring and his wife Karen of Marshfield, John M. Ring and his wife April of Hull and Port Charlotte, Fla., Maura E. Ziegler and her husband Richard of Quincy, and the late Michael J. Ring. Loving grandfather of Meredith, David, Marisa, Kendra Ring, Patrick Ring, Christopher, Kerin and Shania Ziegler. Great-grandfather of Sage and Avery. He was predeceased by his brothers, Paul J. Ring and J. Stuart Ring. David is also survived by many nieces and nephews.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Memorial donations may be made to the Marshfield Council on Aging, 230 Webster St., Marshfield, MA 02050.

Edward J. Callahan, Jr., 86

A funeral Mass for Edward J. Callahan, Jr., age 86, of Abington, formerly of Mashpee and Quincy, was celebrated Tuesday in Holy Trinity Parish at Most Blessed Sacrament Church, 1015 Sea St., Quincy.

Mr. Callahan died peacefully Sept. 1 in the comfort of his home, surrounded by his loving family.

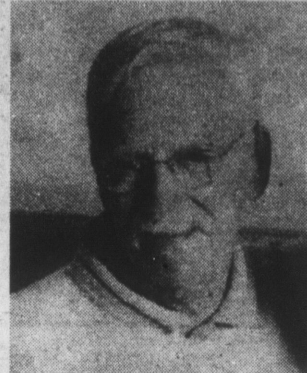
Edward was born in Dorchester, to the late Mary M. (Regan) and Edward J. Callahan, Sr. He was raised in Saint Peter's Parish in Dorchester and was a graduate of the Dorchester High School for Boys, Class of 1951.

Edd had lived in Abington for seven years, previously in Mashpee for 20 years, and Quincy's Houghs Neck for over 25 years. He was also a winter resident of The Villages, Fla. for several years.

Edd was proud to have served in the U.S. Navy as an Aviation Ordnanceman 1st Class, assigned to Patrol Squadron Twenty-Nine, during the Korean conflict. He received numerous commendations, including the Naval Aircrewman Insignia with Combat Star, Good Conduct Medal, China Service Medal, and National Defense Service Medal.

He was employed as a switchman for the New England Telephone Company for 30 years and had served as a union officer.

Edd was a founder and board member of the TSO Golf Association. He was



EDWARD J. CALLAHAN, JR.

dedicated to his family and enjoyed supporting their many activities and accomplishments.

Beloved husband for sixty-two years of Margaret M. "Peg" (Dalrymple) Callahan.

Devoted father of Edward J. Callahan III and his wife Patricia of Bridgewater, Kathleen M. Callahan of Abington, Susan M. Milone and her husband John of Quincy, Marie E. Brinkmann and her husband Paul of Weymouth, and Robert J. Callahan, Lt. Col., USMC, Ret. and his wife Ivana of N.H.

Loving Poppy of 13 grandchildren and 4 great-grandchildren.

Interment, with military honors, was at the Massachusetts National Cemetery, Bourne.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Memorial donations may be made to The Arc of the South Shore, Attn: Development Office, 20 Pond Park Rd., Hingham, MA 02043.

James P. Uvanitte, Jr., 70



JAMES P. UVANITTE, JR.

James Paul Uvanitte, Jr., age 70, of Wareham, died Aug. 26 after a long and courageous battle with illnesses at home.

Mr. Uvanitte is survived by his wife, Jennifer. He was the son of his late parents, James Sr. and Viv-

ian Uvanitte. He is also survived by his children from his first marriage, Michael, Michelle, and Daniel, and his grandson, Samuel James Uvanitte of Carver. He is also survived by a brother, Donald (Donna) Uvanitte of Quincy, his sister Diane (George) Kirk of Plymouth, and a brother Richard Uvanitte of Stoughton. He was predeceased by his brother Bill (Carol) O'Day of Plymouth, and his sister Yvonne of Quincy. He is survived by many cousins, nieces, nephews, grandnieces, and grand-nephews. He was also survived by three brothers-in-law, a sister-in-law, and other relatives and friends in Jamaica. He will be missed by all his former co-workers, especially his good friends, William McCombe and Paul Rocha.

Mr. Uvanitte graduated in

1969 from Quincy High Vocational Technical School. He worked at Woodward Spring as a heavy-duty mechanic, and then for many years at N Star in Wareham until retiring a few years ago. Mr. Uvanitte took great pride in his work and could often be found working on vehicles for friends and family.

He was a caring and dependable friend and brother. As a teenager, Mr. Uvanitte enjoyed water sports, particularly boat racing where he could often be found racing his hydroplane or water skiing on the Town River. He enjoyed long motorcycle rides and adventures with his brother, Bill. Mr. Uvanitte also enjoyed holiday dinners and celebrations where he liked to help with the cooking and preparation. He was the "official gravy stirrer."

Mr. Uvanitte will be missed by all.

Private arrangements were provided by Bartlett Funeral Home in Plymouth.

In Loving Memory



Karen M. Dugan

November 18, 1950 -
September 13, 2016

Fondly Remembered
and Sadly Missed
on your Fourth
Anniversary
by your Family



Honor Your
Loved One's
Memory
With Flowers

cliffords.com
1.800.441.8884



"Caring for your life's journey"

- ◆ Funerals
- ◆ Cremations
- ◆ Pre-Arrangements

Service times and directions at:
www.dolanfuneral.com

THE DOLAN FAMILY 1140 WASHINGTON STREET
W. Craig DORCHESTER, MA 02124
Paul E. (617) 298-8011
Frederick J.
Courtney 460 GRANITE AVENUE
MILTON, MA 02186
(617) 698-6264

S
E
P1
02
0
2
0

OBITUARIES

Amelia Mattes, 99

A funeral Mass for Amelia (Malvesti) Mattes, age 99, of Quincy, was celebrated Wednesday in St. John the Baptist Church, Quincy.

Mrs. Mattes died peacefully Sept. 1.

Born in Quincy, to the late Antonio and Anna (Mariani) Malvesti, she was raised and educated there. Mrs. Mattes was a graduate of Quincy High School, Class of 1938. She was a lifelong Quincy resident.

Mrs. Mattes was a homemaker who was devoted to her family, especially her children and grandchildren, proudly supporting their activities and accomplishments. She loved to cook homemade Italian food and host family gatherings. Mrs. Mattes had a passion for music and loved to sing. She was also an avid Bingo player.

Beloved wife of the late Daniel E. Mattes, Sr. Devoted mother of Daniel E. Mattes, Jr. of Quincy, Ronald J. Mattes and his



AMELIA MATTES

wife Penney of Yarmouth, Paul L. Mattes and his wife Sandy of Florida, Dianne M. Jordan and her husband Thomas of Marshfield, Marcia R. Forrester and her husband James of Quincy. Loving grandmother of Julianne, Jennifer, Craig, Alicia, Shelley, Daniella, T.J., Marisa, Marlena, and the late Gretchen. Cherished great-grandmother of thirteen. She was expecting her

first great-great grandson.

Dear sister of Louis P. Malvesti, Lt., Q.F.D., Ret. of Quincy. She was predeceased by Mary Crowley Purpura, Susan Sherman, Rose E. Carella, Joseph P. Malvesti, Lt., Q.F.D., Ret., John A. Malvesti, Sr., Sgt., Q.P.D., Ret., Luigi Malvesti, Nicholas M. Malvesti, Lt., Q.F.D., Ret. and Anthony E. Malvesti, Lt., Q.F.D., Ret.

She is also survived by many nieces and nephews, great-nieces and great-nephews.

Private interment.

A celebration of Amelia's life will be held at a later date when it is safe to do so.

Memorial donations may be made to the Alzheimer's Association, 309 Waverley Oaks Rd., Waltham, MA 02452.

The Mattes family would like to acknowledge the nurses and staff members at the Dwyer Home in Weymouth for the compassionate care provided to Amelia.

Arrangements under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Madeline C. Papile



MADELINE C. PAPILE

approaching college, Mrs. Papile realized that she, too, wanted to go to college. She graduated from Boston College with both bachelor's and master's degrees in nursing and was the founding nurse of the Quincy Public Schools LPN program at the Quincy Vocational Technical School. She also served on a state committee to raise standards for nursing home directors.

In 1983, she retired and for two years volunteered as a nursing home ombudsman. She realized this was her last chance to develop new interests that she hadn't had the time or money for while raising a family. To give back, she took the AARP tax aide training and taught other volunteers in Quincy, Weymouth, Braintree and Milton for 20 years. She learned how to play golf and loved it, took oil painting lessons and "was consumed by it," and took up bridge and canasta. She made new friends wherever she went.

Most people who knew Mrs. Papile recognized her as a woman ahead of her time and a "force of nature." In an article published in The Patriot Ledger, Quincy, on the celebration of her 100th birthday, she gave the following advice on aging

"Do what you always wanted to do. Develop whatever interests you ever had. Do it now if you can because you'll be surprised how it sneaks up on you."

At age 101, she gave up her independent living and moved to Albuquerque where she was lovingly cared for by her daughter LuAnn and LuAnn's long-time partner Dan Behles (Molly's A#1 private chef). She remained bright, alert, and independent right up to her death.

She was predeceased by her parents, her sisters, Lucille DiCesare and Isabelle Rieger and her brothers, John, Rocky, George, and Charles Jancaterino. She leaves her daughters, LuAnn Papile (partner Dan Behles) and Janet O'Day (wife Rosemary Ananis) and her one and only grandchild, Colin O'Day (partner Karen Locascio) who for several years took Molly for her weekly grocery shopping and hairdresser appointment and willingly ran any errand Molly needed. She also leaves brothers-in-law, Chick and Jimmy Papile, sister-in-law, Gloria Kelly (Al) and numerous nieces and nephews from Massachusetts to Hawaii.

Due to COVID-19, there will be no gathering at this time. There will be a memorial Mass at St. John the Baptist Church in Quincy when it is safe to do so. Her ashes will be interred at the Mount Wollaston Cemetery in Quincy.

Memorial donations may be made to the Boston College School of Nursing, Maloney Hall, 140 Commonwealth Ave., Newton, MA 02467.

LEGAL NOTICE

INFORMAL PROBATE PUBLICATION NOTICE
Docket No. NO20P1432EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Division
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
Estate of:
John Thomas Ricciuti
Also Known As:
John Ricciuti,
John T. Ricciuti
Date of Death:
April 3, 2020

To all persons interested in the above captioned estate, by Petition of:

Petitioner **Michael D. Ricciuti of Milton, MA**
a Will has been admitted to informal probate.

Michael D. Ricciuti of Milton, MA has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.
9/10/20

NOTICE OF PUBLIC HEARING

Case ZBA 20-50

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, September 29, 2020 @ 5:30 P.M. to consider the application of **LAURIE HEMINGWAY** for a **VARIANCE** to construct the addition of an awning and arbor on the front of the house and deck with a new side entrance in violation of Title 17 as amended Chapter 4.0 (dimensional requirements) on the premises numbered **44 ROCK ISLAND ROAD, QUINCY**.

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: Quincy Zoning Board Meeting

Time: Sep. 29, 2020 05:30 PM Eastern Time (US and Canada)

Join Zoom Meeting

<https://zoom.us/j/94738013970?pwd=TVdnRFA2bkZ5M0hCcStvamxKRTBmUT09>

Meeting ID: 947 3801 3970

Passcode: Quincy

Dial by your location

+1 646 558 8656 US (New York)

Meeting ID: 947 3801 3970

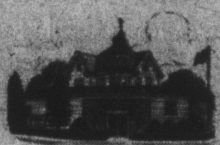
Passcode: 376788

Find your local number: <https://zoom.us/u/ad76Pg2pze>

Plans and specifications can be reviewed online by logging on to the City's ViewPermit System <https://quincyma.viewpointcloud.com/> and entering the property address. Call 617-376-1933 for further assistance.

9/3/20, 9/10/20

More Obituaries online at
www.TheQuincySun.com



Over 70 Years Of
Personalized Service

SWEENEY BROTHERS

Home for Funerals, Inc.

RICHARD T. SWEENEY, JR.

FRANCIS M. SWEENEY • RICHARD T. SWEENEY III

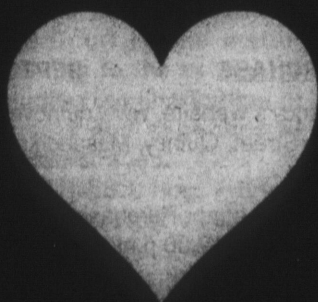
1 INDEPENDENCE AVENUE

QUINCY, MASSACHUSETTS 02169

(617) 472-6344 • www.thesweeneybrothers.com

Dear First Responders, Healthcare Workers
and Essential Workers,

You have our unending gratitude.



Respectfully, Last Responders at
Hamel-Lydon Chapel & Cremation Service of MA



(617) 472-5888 • HamelLydon.com

LEGAL NOTICE

CITATION GIVING NOTICE OF PETITION FOR APPOINTMENT OF GUARDIAN FOR INCAPACITATED PERSON PURSUANT TO G.L. c. 190B, §5-304
Docket No. NO19P2946GD
Commonwealth of Massachusetts The Trial Court Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
In the matter of:
Anthony Chapman
Of: **Randolph, MA**
RESPONDENT
Alleged Incapacitated Person

To the named Respondent and all other interested persons, a petition has been filed by 49 Thomas Patten Dr Operating Company of Randolph, MA in the above captioned matter alleging that **Anthony Chapman** is in need of a Guardian and requesting that Barbara Brown of Sharon, MA Cheryl Klapman of Brockton, MA (or some other suitable person) be appointed as Guardian to serve **Without Surety** on the bond.

The petition asks the court to determine that the Respondent is incapacitated, that the appointment of a Guardian is necessary, and that the proposed Guardian is appropriate. The petition is on file with this court and may contain a request for certain specific authority.

You have the right to object to this proceeding. If you wish to do so, you or your attorney must file a written appearance at this court on or before 10:00 A.M. on the return date of **09/16/2020**. This day is NOT a hearing date, but a deadline date by which you have to file the written appearance if you object to the petition. If you fail to file the written appearance by the return date, action may be taken in this matter without further notice to you. In addition to filing the written appearance, you or your attorney must file a written affidavit stating the specific facts and grounds of your objection within 30 days after the return date.

IMPORTANT NOTICE

The outcome of this proceeding may limit or completely take away the above-named person's right to make decisions about personal affairs or both. The above-named person has the right to ask for a lawyer. Anyone may make this request on behalf of the above-named person. **If the above-named person cannot afford a lawyer, one may be appointed at State expense.**

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: August 13, 2020
PATRICK W. McDERMOTT
Register of Probate

9/10/20

PLEASE RECYCLE THIS NEWSPAPER

LEGAL NOTICE

CITATION ON PETITION FOR FORMAL ADJUDICATION
Docket No. NO20P1835EA
Commonwealth of Massachusetts The Trial Court Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
Estate of:
Norma A. Murphy
Date of Death:
May 8, 2020

To all interested persons:
A Petition for **Formal Probate of Will with Appointment of Personal Representative** has been filed by **Thomas A. Murphy** of **Norwell, MA** requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: **Thomas A. Murphy** of **Norwell, MA** be appointed as Personal Representative(s) of said estate to serve **Without Surety** on the bond in an **unsupervised** administration.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 09/30/2020. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: August 28, 2020
PATRICK W. McDERMOTT
Register of Probate

9/10/20

More news online at TheQuincySun.com

NOTICE OF PUBLIC HEARING

Case ZBA 20-44

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, September 29, 2020 @ 5:30 P.M. to consider the application of **RONALD SHUM** for a **VARIANCE/FINDING** to expand the existing footprint and construct a second floor addition in violation of Title 17 as amended Chapter 4.1.1 (dimensional requirements) on the premises numbered **9 MOON ISLAND ROAD, QUINCY.**

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: Quincy Zoning Board Meeting
Time: Sep. 29, 2020 05:30 PM Eastern Time (US and Canada)

Join Zoom Meeting
<https://zoom.us/j/94738013970?pwd=TVdnRFA2bkZ5M0hCcStvamxKRTBmUT09>
Meeting ID: 947 3801 3970
Passcode: Quincy
Dial by your location
+1 646 558 8656 US (New York)
Meeting ID: 947 3801 3970
Passcode: 376788
Find your local number: <https://zoom.us/j/94738013970?pwd=TVdnRFA2bkZ5M0hCcStvamxKRTBmUT09>
Plans and specifications can be reviewed online by logging on to the City's ViewPermit System <https://quincyma.viewpointcloud.com/> and entering the property address. Call 617-376-1933 for further assistance.
9/3/20, 9/10/20

NOTICE OF PUBLIC HEARING

Case ZBA 20-42

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, September 29, 2020 @ 5:30 P.M. to consider the application of **RICHARD SOOHOO** for a **VARIANCE/SPECIAL PERMIT/FLOOD PLAIN** to re-subdivide three lots into two building lots, maintain the existing structure and construct a single family home on the vacant lot in violation of Title 17 as amended Chapter 4.0 (dimensional requirements) and Chapter 8.1.9 (special permit flood plain) on the premises numbered **168 FURNACE BROOK PARKWAY, QUINCY.**

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: Quincy Zoning Board Meeting
Time: Sep. 29, 2020 05:30 PM Eastern Time (US and Canada)

Join Zoom Meeting
<https://zoom.us/j/94738013970?pwd=TVdnRFA2bkZ5M0hCcStvamxKRTBmUT09>
Meeting ID: 947 3801 3970
Passcode: Quincy
Dial by your location
+1 646 558 8656 US (New York)
Meeting ID: 947 3801 3970
Passcode: 376788
Find your local number: <https://zoom.us/j/94738013970?pwd=TVdnRFA2bkZ5M0hCcStvamxKRTBmUT09>
Plans and specifications can be reviewed online by logging on to the City's ViewPermit System <https://quincyma.viewpointcloud.com/> and entering the property address. Call 617-376-1933 for further assistance.
9/3/20, 9/10/20

INVITATION TO BID

INVITATION TO BID
CITY OF QUINCY, MASSACHUSETTS
PURCHASING DEPARTMENT
1305 HANCOCK ST., QUINCY, MA 02169
The City of Quincy invites sealed bids/proposals for:

PUBLIC WORKS

Detailed specifications are available on-line at the City of Quincy's website, www.quincyma.gov and also available at the office of the Purchasing Agent, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30 AM and 4:30 PM

All questions regarding this bid should be directed to Kathryn R. Logan, Purchasing Agent through email: purchasing@quincyma.gov Questions will be accepted until September 18, 2020 at 12:00 p.m.

Bids/Proposals must be in a sealed envelope. The outside of the sealed envelope is to be clearly marked **"BID ENCLOSED"** with time/date of bid call.

Firm bid prices will be given first consideration. Bids/Proposals will be received at the office of the Purchasing Agent until the time and date stated above, at which time and date they will be publicly opened and read. Late Bids/Proposals, delivered by mail or in person, will be rejected.

If applicable, bids shall be in accordance with M.G.L. Chapter 30B, Chapter 149 as amended, and Chapter 30, Sections 39A, 39B and 39F-R.

The right is reserved to reject any or all bids or to accept any part of a bid or the one deemed best for the City and waive any informality in the bidding if it is in the best interest of the City to do so.

Thomas P. Koch, Mayor

Kathryn R. Logan, PURCHASING AGENT

9/10/20

05/10/18

NOTICE OF PUBLIC HEARING

Case ZBA 20-53

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, September 29, 2020 @ 5:30 P.M. to consider the application of **ENG AI BUN** for a **VARIANCE** to construct a new single family dwelling on the lot in violation of Title 17 as amended Chapter 4.0 (dimensional requirements) on the premises numbered **224 PRESIDENTS LANE, QUINCY.**

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: Quincy Zoning Board Meeting
Time: Sep. 29, 2020 05:30 PM Eastern Time (US and Canada)

Join Zoom Meeting
<https://zoom.us/j/94738013970?pwd=TVdnRFA2bkZ5M0hCcStvamxKRTBmUT09>
Meeting ID: 947 3801 3970
Passcode: Quincy
Dial by your location
+1 646 558 8656 US (New York)
Meeting ID: 947 3801 3970
Passcode: 376788
Find your local number: <https://zoom.us/j/94738013970?pwd=TVdnRFA2bkZ5M0hCcStvamxKRTBmUT09>
Plans and specifications can be reviewed online by logging on to the City's ViewPermit System <https://quincyma.viewpointcloud.com/> and entering the property address. Call 617-376-1933 for further assistance.
9/3/20, 9/10/20

NOTICE OF PUBLIC HEARING

Case ZBA 20-54

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, September 29, 2020 @ 5:30 P.M. to consider the application of **PALMIERO & ALEXIS FEDERICO** for a **VARIANCE** to erect a side yard porch, a portion of which is open and a portion of which is roofed in violation of Title 17 as amended Chapter 4.3.5 (front yard requirements) and Chapter 4.3.6.1 (residence a district) on the premises numbered **39 RICHFIELD STREET, QUINCY.**

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: Quincy Zoning Board Meeting
Time: Sep. 29, 2020 05:30 PM Eastern Time (US and Canada)

Join Zoom Meeting
<https://zoom.us/j/94738013970?pwd=TVdnRFA2bkZ5M0hCcStvamxKRTBmUT09>
Meeting ID: 947 3801 3970
Passcode: Quincy
Dial by your location
+1 646 558 8656 US (New York)
Meeting ID: 947 3801 3970
Passcode: 376788
Find your local number: <https://zoom.us/j/94738013970?pwd=TVdnRFA2bkZ5M0hCcStvamxKRTBmUT09>
Plans and specifications can be reviewed online by logging on to the City's ViewPermit System <https://quincyma.viewpointcloud.com/> and entering the property address. Call 617-376-1933 for further assistance.
9/3/20, 9/10/20

INVITATION TO BID

S
E
P

1
0

2
0
2
0

LEGAL NOTICE

CITATION ON PETITION FOR FORMAL ADJUDICATION

Docket No. NO20P1755EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

Estate of:
Chukwudi Onwudiwe
Igboke
Date of Death:
December 25, 2019

To all interested persons:
A Petition for Formal Adjudication of Intestacy and Appointment of Personal Representative has been filed by Nkiruka B. Igboke of Randolph, MA requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: Nkiruka B. Igboke of Randolph, MA be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in an unsupervised administration.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 09/16/2020. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: August 13, 2020

PATRICK W. McDERMOTT
Register of Probate

9/10/20

LEGAL NOTICE

CITATION ON PETITION FOR FORMAL ADJUDICATION

Docket No. NO18P1481EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

Estate of:
Marie Brice
Lahence Ducheine
Date of Death:
April 17, 2018

To all interested persons:
A Petition for S/A - Formal Adjudication of Intestacy and Appointment of Personal Representative has been filed by George Ducheine of Randolph, MA requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: George Ducheine of Randolph of Quincy, MA be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in an unsupervised administration.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 09/30/2020. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: August 26, 2020

PATRICK W. McDERMOTT
Register of Probate

9/10/20

NOTICE OF PUBLIC HEARING

Case ZBA 20-48

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, September 29, 2020 @ 5:30 P.M. to consider the application of YING ZHENG & LIN WEI for a VARIANCE to legalize the two separate lots to keep existing single family home at 26 Ferndale Road and construct a single family home on the vacant parcel in violation of Title 17 as amended Chapter 4.1.1 (dimensional requirements) on the premises numbered 26 FERNDAL ROAD, QUINCY.

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: Quincy Zoning Board Meeting

Time: Sep. 29, 2020 05:30 PM Eastern Time (US and Canada)

Join Zoom Meeting
<https://zoom.us/j/94738013970?pwd=TVdnRFA2bkZ5M0hCcStvamxKRTBmUT09>

Meeting ID: 947 3801 3970

Passcode: Quincy

Dial by your location

+1 646 558 8656 US (New York)

Meeting ID: 947 3801 3970

Passcode: 376788

Find your local number: <https://zoom.us/j/94738013970?pwd=TVdnRFA2bkZ5M0hCcStvamxKRTBmUT09>

Plans and specifications can be reviewed online by logging on to the City's ViewPermit System <https://quincyma.viewpointcloud.com/> and entering the property address. Call 617-376-1933 for further assistance.

9/3/20, 9/10/20

NOTICE OF PUBLIC HEARING

Case ZBA 20-49

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, September 29, 2020 @ 5:30 P.M. to consider the application of THEODORE WALSH for a SPECIAL PERMIT/FLOOD PLAIN/FINDING to construct an addition within the 100-year flood plain in violation of Title 17 as amended Chapter 4.1.1 (dimensional requirements), Chapter 8.1 (flood plain), and Chapter 9.4 (special permit) on the premises numbered 45 WINTHROP STREET, QUINCY.

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: Quincy Zoning Board Meeting

Time: Sep. 29, 2020 05:30 PM Eastern Time (US and Canada)

Join Zoom Meeting
<https://zoom.us/j/94738013970?pwd=TVdnRFA2bkZ5M0hCcStvamxKRTBmUT09>

Meeting ID: 947 3801 3970

Passcode: Quincy

Dial by your location

+1 646 558 8656 US (New York)

Meeting ID: 947 3801 3970

Passcode: 376788

Find your local number: <https://zoom.us/j/94738013970?pwd=TVdnRFA2bkZ5M0hCcStvamxKRTBmUT09>

Plans and specifications can be reviewed online by logging on to the City's ViewPermit System <https://quincyma.viewpointcloud.com/> and entering the property address. Call 617-376-1933 for further assistance.

9/3/20, 9/10/20

REQUEST FOR PROPOSALS

**REQUEST FOR PROPOSALS (RFP)
CONSULTANT REVIEW SERVICES
CITY OF QUINCY
QUINCY, MASSACHUSETTS**

NOTICE

DUE: September 24, 2020 @ 11:30 a.m.

In accordance with M.G.L. Chapter 44, Section 53G, and Chapter 30B, The City of Quincy acting on behalf of the Planning Board, is soliciting proposals for furnishing non-exclusive on-call consultant review services to assist the Planning Board, Zoning Board of Appeals, Conservation Commission, and City Council in their review of land use permit applications, including but not limited to Subdivisions, Site Plan Reviews, Special Permits, Variances, and Notices of Intent, among others. The City, on a case by case basis, is also seeking Building Code Plan Review and Construction Phase Oversight services. Proposals will be received at the office of the Purchasing Department; City Hall; 1305 Hancock Street; Quincy, MA 02169, until **Thursday, September 24, 2020 at 11:30 a.m.**

Proposals may be submitted for one or more of each type of plan review. One contract may be awarded for the whole service, or more than one contract may be awarded if it is deemed to be in the best interest of the City of Quincy

Copies of the Request for Proposals may be obtained from the Purchasing Department; City Hall; 1305 Hancock Street; Quincy, MA 02169 or by calling (617) 376-1060, between 9 AM and 4 PM, Monday through Friday.

The City of Quincy Planning Department shall determine the selected proposer(s). The City of Quincy Planning Department reserves the right to withdraw the Request for Proposal; to reject any and all proposals; and to accept any proposal deemed to be in the best interest of the City of Quincy.

9/10/20

REQUEST FOR QUALIFICATIONS

**CITY OF QUINCY, MASSACHUSETTS
Public Buildings Department**

**Thomas P. Koch, Mayor
Paul J. Hines, Public Buildings Commissioner**

Request for Qualifications

In accordance with M.G.L. Chapter 7, the City of Quincy, Massachusetts Department of Public Buildings are soliciting architectural design profession qualifications to support the development of the future **Central Fire Station** until **1:00 p.m.** local time, **Thursday, October 1, 2020**, in the offices of the Purchasing Agent, 1305 Hancock St., Quincy, Massachusetts 02169.

The Scope of Services for the individual design professional or firm includes, but is not limited to, provide professional Architectural/ Engineering (A/E) design services necessary to support the design, specification and public procurement for the future construction of a new Central Fire Station building via MGL Chapter 149 or 149A. This project is to be bid in full compliance with Massachusetts General Laws, Chapter 149, Sections 44A-J, as last revised, all Federal, State and City of Quincy regulations, design guidelines and requirements.

Copies of the Request for Qualifications will be available September 10, 2020 in the offices of the Purchasing Agent, 1305 Hancock St., Quincy, Massachusetts 02169 or on-line at the City of Quincy's Website, https://www.quincyma.gov/govt/depts/purchasing/current_bids.htm.

The City shall determine the selected Architect and reserves the right to withdraw the Request for Qualifications; to reject any and all qualification packages; and to select any qualification packages deemed to be in the best interest of the City of Quincy.

The selection and award of potential Contract shall be in full compliance with Massachusetts General Laws, Chapter 7, as last revised, all Federal, State and City of Quincy regulations in relation to Equal Employment Opportunity, OSHA and subject to the minimum wage rates set under the Massachusetts Prevailing Wage Law Chapter 149, §26. The City reserves the right to waive any informality in or to reject any or all qualification packages when such an action is deemed in the best interests of the City. The City of Quincy reserves the sole right to amend this RFQ by formal Addendum.

Non-responsive qualification packages may be rejected.

Thomas P. Koch
Mayor
9/10/20

Paul J. Hines
Commissioner, Public Buildings Dept.

Kathryn R. Logan
Chief Procurement Officer



**PLEASE
RECYCLE
THIS
NEWSPAPER**

Strong Lending Numbers Driving Norfolk Real Estate Market

Cont'd From Page 12

stated as the primary reason for these solid sales and lending numbers. As long as interest rates remain low, we should be able to sustain these numbers in Norfolk County. Additionally, real estate observers are continuing to see the demand for housing far exceeding the available supply.

"Anecdotally, we have been made aware of in-

stances of housing selling for above the original asking price," O'Donnell continued. "While all of us are hopeful a vaccine to eradicate COVID-19 will be available sooner than later, the after effects of the pandemic will be interesting to watch. Will remote work continue to be utilized by companies large and small? Will remote work result in individuals and families

considering more rural areas to live? Going forward, will individuals and families be more inclined to live in single-family homes as opposed to condominiums? These are just a few of the many questions facing the Norfolk County real estate market over the next few months and years."

O'Donnell also reminded Norfolk County citizens and other users that the Registry

of Deeds building remain closed to the public and real estate professionals alike.

"This is being done out of an abundance of caution," O'Donnell said. "Registry staff continues to be onsite doing the important work of

recording land documents in a safe, accurate and secure manner. We are receiving documents via regular mail, Federal Express and a drop-off box located just outside the main entrance to our building located at 649 High

St., Dedham. Many of our institutional users, banks, law firms, title companies, are utilizing electronic recording for their land document submissions. I urge any institutional user not using electronic recording to consider its usage."

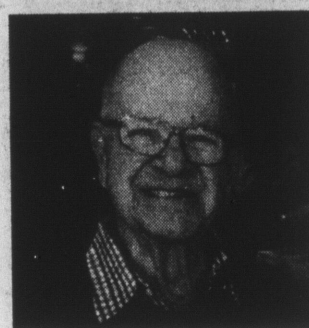
OBITUARIES

William J. Egan, Jr., 82

William J. Egan, Jr., age 82, of Quincy, died Sunday.

The beloved husband of 56 years to Ann M. (Regan) Egan. Loving father of Paul William Egan of Quincy and Sheila Egan Varela and her husband Julio of Milton. Brother of Joan Finn of NH formerly of Norwell and the late Leo Egan and Jacqueline Kiley. Cherished Grampy of Grace Sofia Varela, Jack Henry Egan and Miguel Egan Varela, and a treasured uncle to many nieces and nephews.

Mr. Egan worked as a bus operator for the MBTA for thirty years. He was a beloved Boston sports fan, and avid tennis player for many years. His passion



WILLIAM J. EGAN, Jr.

for sports made him a cherished coach of many Quincy Youth Hockey and baseball teams. He enjoyed summers on Wells Beach, Maine as a young boy and again in his adulthood. Above all else, his family was the greatest love and achievement of his life.

The viewing hour will be

private for immediate family only.

A funeral Mass (masked and social distanced) for friends and family will be celebrated at Divine Mercy Parish in Sacred Heart Church, Quincy, at 11 a.m. Thursday.

Interment at Pine Hill Cemetery, Quincy.

A collation event celebrating Mr. Egan's life will be held at a later date.

Memorial donations may be made to JDRF, 60 Walnut St., #102, Wellesley, MA 02481.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Nuala Donnellan, 83

Nuala (Hussey) Donnellan, age 83, of Quincy, formerly of Watertown, died peacefully Sept. 4 at home, surrounded by her loving family.

With humility, grace and abiding Catholic faith, Mrs. Donnellan overcame many personal and medical challenges. She always welcomed family, friends,



NUALA DONNELLAN

neighbors and strangers with a spirit of genuine warmth, generosity, and boundless positivity. She loved to sit and chat over a cup of tea, and never shied away from sharing stories with anyone who would listen. Mrs. Donnellan will be forever missed by all who knew and loved her.

She was born in Ballinlough, County Roscommon, Ireland, to the late Robert and Winifred (Hussey) Hussey. She was raised and educated in County Roscommon. Mrs. Donnellan had lived in Quincy for the past twelve years, previously in Watertown for eighteen years.

As a young woman, she spent several years in London before immigrating to the United States in 1960. She was employed as a clerical worker for IBM Corporation and State Street Corporation. She went on to work as a home health aide for many years.

Mrs. Donnellan was a parishioner of Saint John the Baptist Church in Quincy. She enjoyed travelling, particularly to Ireland, to visit relatives and friends. She was devoted to her family,

especially her nine grandchildren, actively supporting them at their sporting events and activities.

Beloved husband for fifty-eight years of Thomas F. Donnellan. Devoted mother of Robert and his wife Cindy of Weymouth, Karen and her husband Carl Potts of Quincy, Maureen of Quincy, Brian and his wife Catherine of Middleton, and Kathleen and her husband Matthew Wright of Littleton. Loving grandmother of Molly, Katie, Thomas, Maggie, Nicholas, Sophia, Theresa, Sarah, and Colin.

One of six siblings, Nuala is survived by her brothers, John Hussey of County Roscommon, Ireland and Christie Hussey and his wife Betty of Manchester, England. She was predeceased by Francis Hussey, Robert Hussey, and Josephine Igoo. She is also survived by many nieces and nephews.

Visiting hours are 5 to 7 p.m. Wednesday in the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy. Relatives and friends are invited to attend.

A funeral Mass will be celebrated in Saint John the Baptist Church, Quincy, on Thursday at 10 a.m.

Interment at Blue Hill Cemetery, Braintree.

Services are operating in accordance with current guidelines.

Memorial donations may be made to Maria Droste Counseling Services, 1354 Hancock St., Suite 214, Quincy, MA 02169 or mariadroste@counseling.com.

Quincy Point Congregational Church

Sunday, Sept. 13, is "Rooted in Love" Sunday at Quincy Point Congregational Church.

There will be online worship starting at 10:15 a.m. on YouTube and outdoor worship beginning at 10 a.m. Reserve your spot early for outdoor worship. There will be some socially distanced mission projects and planting around the church grounds.

Outdoor worship is limited seating for 25 people on the Abbey Road, side lawn of the church. Reserve your spot at <http://quincypointcongregational.eventbrite.com>. (The Eventbrite reservation links are functional the Monday before wor-

ship). The next remaining projected outdoor worship date for this month is on Sept. 27.

Your assistance is requested for two pieces of weekly online worship. 1. If you can take a selfie, or take pictures with your phone, tablet, laptop, computer, or digital camera, you can also be a part of our online worship services! Just tape yourself reading the liturgy, the scripture for that Sunday, or perhaps share your thoughts in a sermon, and send it to the Church Office and you are all set.

2. Looking for photos or artwork for online worship. The church is always looking for ways to add art and

photographs to enhance its online worship experience. If you'd like to contribute to our worship services, contact the Church Office for more information.

Church School officially starts online on September 20. The program is still being developed and is fluid but will mostly consist of videos created by teachers and activities mailed home to students. The curriculum being used is Bible Story Basics.

Worship is also broadcast on Wednesdays at 6 p.m. on Quincy Access TV-Channel 8 or if you have a voice remote or smart TV, simply say, "Quincy Point Congregational Church on YouTube."

The Church Office will remain open, Monday through Friday from 9 a.m. to 2 p.m. Call 617-773-6424 or email at office@quincypointcongregational.org if you have any concerns or questions. Feel free to visit us on social media: on Facebook, Twitter and Instagram.

Beach Church Sunday

The Rev. Martha Swanson, pastor of Christ Church Mobile Ministries, will preach a message on the calling of the Disciples, Peter, Andrew and John, to leave their lives as Fishermen behind and join Jesus in his mission to proclaim the Gospel, this Sunday at Beach Church.

Held every Sunday at 8 a.m. on Wollaston Beach between the Squantum and Wollaston yacht clubs, the services are 30 minutes and are ideal for proper social distancing and are filling a need as many Churches have still not reopened due to the pandemic.

Contract Bridge

THE SURE WAY

South dealer.

Neither side vulnerable.

NORTH

♦ A 9 6 5 2
♥ A 7 3
♦ 7 4 2
♣ J 5

WEST

♦ 8 3
♥ Q 10 6 2
♦ K J 5
♣ K Q 10 4

EAST

♦ 7
♥ J 8 4
♦ 10 9 8 6
♣ 9 7 6 3 2

SOUTH

♦ K Q J 10 4
♥ K 9 5
♦ A Q 3
♣ A 8

The bidding:

South 1♦ West Pass North 2♦ East Pass

Opening lead — king of clubs.

Some people greatly enjoy taking finesse — especially when the finesse wins. But the fact is that finesse should be avoided like the plague, and should be taken only when no better option is available.

Consider this deal where South is in four spades. He has four possible losers — a heart, two diamonds and a club. Since the heart and club losers can't be avoided, the hand boils down to losing only one diamond.

One way to tackle this problem is to lead a diamond from dummy to the

queen. If East has the king, the contract is made, but if West has it, the contract goes down.

In this case, however, it would be wrong for declarer to stake everything on the diamond finesse, which would give him about a 50-50 chance of succeeding. Instead, he should adopt a line of play that allows him to avoid the finesse altogether — one that will make the contract regardless of who has the king of diamonds.

Accordingly, declarer takes West's king-of-clubs lead with the ace and draws two rounds of trump, having made a mental note that West is marked by the opening lead with the queen of clubs. South then cashes the king and ace of hearts and leads a third heart. East wins with the jack and returns the ten of diamonds.

South does not try the diamond finesse, as there is now no point in risking it. Instead, he wins with the ace and exits with a club, saddling West with the lead.

West is helpless. If he cashes the king of diamonds, he establishes South's queen, while if he leads a heart or club — giving declarer a ruff-and-discard — his play is equally ineffective.

Observe that when declarer leads the third heart, it does not matter which opponent actually wins the trick or how the defense proceeds from then on. South is certain to succeed, as there is no way the opponents can wriggle out of the trap he has laid for them.

©2020 King Features Syndicate Inc.

by Steve Becker



1. Name the band that started out as Mighty Joe Young.
2. Did the Beatles ever nab a Grammy for Song of the Year?
3. Who released "Want Ads"?
4. Name the duo that wrote and released "Little Latin Lupe Lu."
5. Name the song that contains this lyric: "Hey, where did we go, days when the rains came? Down in the hollow, playing a new game."

Answers

1. Stone Temple Pilots, aka STP. Legend says that the group first came together when it was learned that two band members were dating the same girl. They dumped her and became friends.
2. Yes, for "Michelle" in 1967. They also picked up nominations for "A Hard Day's Night" in 1965, "Yesterday" in 1966, "Hey Jude" in 1969 and "Let It Be" in 1971.
3. The Honey Cones, in 1971. It originally was to be called "Stick Up," but went through a rewrite to become "Want Ads." Later they did release the original "Stick Up."
4. The Righteous Brothers, in 1962.
5. "Brown Eyed Girl," by Van Morrison in 1967. The song was a bit suggestive for many radio stations, so a sanitized version changed one line for radio play.

© 2020 King Features Synd., Inc.

S
E
P

1
0

2
0
2
0

CLASSIFIEDS

SERVICES	SERVICES	SERVICES	SERVICES	SERVICES	SERVICES
DERRICKS PAINTING <i>When Quality Counts</i> Interior/Exterior Home Repairs Gutter Cleaning References Available 617-851-1688 Licensed/Insured	ACE WATERPROOFING INC. All Construction Exteriors 35 YEARS EXPERIENCE Licensed and Insured acewpinc@yahoo.com Masonry Waterproofing Roofs Call Jim Healy 617-230-4156	KERRY CONSTRUCTION INC. CARPENTRY, GUTTERS, DECKS REPLACEMENT WINDOWS & DOORS SHINGLE & RUBBER ROOFS FULLY INSURED & LICENSED JIM AT 617-825-0592	IMAGE LANDSCAPING <i>We are committed to your property.</i> QUALITY WORKMANSHIP FOR ALL YOUR LANDSCAPING NEEDS  We Clean it, Trim it, Remove it! 617-471-0044	T & M Landscape • Spring & Fall Cleanups • Power Washing • Lawn Mowing Services • Yard Mulching • Bushes & Trees Trimmed <i>Free Estimates</i> 617-733-4554 ~ AFFORDABLE RATES ~	HOME SWEET HOME REAL ESTATE Broker/Owner Fran Lawlor Wollaston, MA 02170 Member of MLS Cell 617-314-3788



Bob Jansky
We'll work with you!
Heating Systems - Kitchen & Baths
 WWW.JANSKYMECH.COM
 Emergency Service
617-774-9003
 janskymech@gmail.com
 MA Lic. #15288

THOMAS C. SWEENEY
 Smaller Jobs a Specialty
 54 Years Experience
 Carpentry, Siding, Painting, Porches
 Vinyl/Windows, Doors
 Roofing, Decking, Steps
 License #1373 Free Estimates
 Reliable
781-974-4434
 References

GENERAL CONTRACTING
 • Carpentry • Roofing
 • Siding • Windows
 • Painting • Bathrooms
 Also, Handyman Jobs
 - Great References -
 Call
617.980.6558

M&M SALVAGE
 - CLEANOUTS
 - CASH FOR CARS
 - FREE SCRAP REMOVAL
617-842-8205

CROWN PLUMBING & HEATING
 For all your plumbing needs
617-770-3318
 LIC. 9258

HALLS FOR RENT
MORRISETTE LEGION POST
 81-83 Liberty St., Quincy
 Function Hall Available
 Call for Details 617-770-4876
 Internet Capable • Weddings • Showers • Christenings • Meetings After Funeral Gatherings

HOUSE CLEANER WANTED
 Seeking reliable, local house cleaner for my father in QUINCY POINT.
 Call Sully for more info.
@617-749-7767

MISCELLANEOUS
LAND FOR SALE:
 12 acres only \$59,900.
 Wooded land on quiet country road. Minutes to Great Barrington MA, lakes and ski Areas. Surveyed and perc tested. Financing available 802-447-0779

FOR SALE
4 FISHING RODS
CALL 617-472-6844
 TO TAKE A LOOK

PERSONAL
 THANK YOU
 ST. JUDE, BLESSED MOTHER,
 ST. ANTHONY, ST. JOSEPH,
 ST. PEREGRINE,
 ST. THERESA
 J.D.

Jim Riley

Riley Construction
 Commercial & Residential Roofing All Phases
 Windows and Gutters
 Quincy, MA 02169
 (617) 472-3335
 rileyconstruction@live.com
 Licensed & Fully Insured
 Mass Reg #138824
 Free Estimates

DG'S YARD MAINTENANCE
 • LAWN MOWING • Mulching, Weeding & Edging
 • Small Tree Removal • Hedge & Shrub
 • Overseeding/Sod • Trimming or Removal
 • FULLY INSURED • Rototilling & Dethatching
 Serious about Service... Reasonable Rates
CLEAN-UPS
 617-786-9558...FREE ESTIMATES

J.F. ROOFING Co.
 QUINCY, MA
 • Shingles
 • Rubber
 • Slate
 • Copper
 • Vinyl Replacement Windows
617-471-8216
 CREDIT CARDS ACCEPTED
WE PAY CASH FOR HOUSES, CONDOS OR LAND
 Any Condition, Any Area, Any Issue
NO REALTOR COMMISSIONS
QUICK CLOSING
 CALL OR TEXT ANYTIME
(617) 249-3961

HELP WANTED
DG'S YARD MAINTENANCE
HELP WANTED
 Contact Dana
617-786-9558

Want to pick up a copy of The Quincy Sun?
 Here are stores in Quincy that sell it on their newsstands:

GOODIE'S STORE 1250 Hancock St., Presidents Place	ARTERY GROCERY 1000 Southern Artery	7-11 721 Hancock St.
NEW STORE ON THE BLOCK 1183 Hancock St., Quincy Ctr. T Station	7-11 495 Washington St.	BEALE ST. NEWS AND TOBACCO 17 Beale St.
HANCOCK MARKET 5 Cottage Ave.	DAIRY FARM 330 Washington St.	CVS 42 Beale St.
MIGNOSA'S FRUIT BASKET 138 Granite St.	7-11 230 Washington St.	COFFEE BREAK CAFE 12 Old Colony Ave.
STAR MARKET 130 Granite St.	STOP & SHOP Southern Artery	SUPREME LIQUORS 615 Hancock St.
WALGREENS 132 Granite St.	CVS Southern Artery	MULLANEY'S VARIETY 205 W. Squantum St.
HANCOCK PARK LOBBY SHOP 164 Parkingway	7-11 650 Adams St.	STOP & SHOP 65 Newport Ave.
FRANKLIN ST. BP 60 Franklin St.	VILLAGE COMM. MARKET 100 Willard St.	7-11 363 Hancock St.
7-11 78 Franklin St.	COPELAND LIQUORS 273 Copeland St.	WALGREENS 324 Hancock St.
SHOP N SAVE LIQUORS 20 Independence Ave.	GRANITE MART 308 Willard St.	SAM'S VARIETY 125 Billings Rd.
DONUT + DONUTS + MUFFINS 33 Scammell St.	7-11 Copeland St.	LUCKY'S WINE & LIQUOR 66 Newbury Ave.
PRESIDENTIAL LIQUORS 25 Scammell St.	JOE'S PLACE 260 Centre St.	ATLANTIC MARKET & LIQUORS 247 Atlantic Ave.
ADAMS VARIETY 22 Independence Ave.	CORNER FOOD MARKET 1060 Hancock St.	CARMINE'S CAFE 69 Huckins Ave.
DAILY MART 291 Quincy Ave.	200 FOOD MART 200 Sea St.	7-11 751 E. Squantum St.
ROCHE BROTHERS The Falls	ADAMS SHORE SUPERMARKET 494 Sea St.	LUCKY SHAMROCK 265 Beale St.
WALGREENS 418 Quincy Ave.	PALMER STREET MARKET 231 Palmer St.	ANDRE'S STORE 20 Brook St.
WALGREENS 550 Adams St.	BERNIE'S GENERAL STORE 1147 Sea St.	EVEREST MARKET 121 Standish Ave.
	WEST ELM VARIETY 139 W. Elm Ave.	QUINCY MARKET 33 Washington St.
		5 CORNER FOOD MART 163 Newbury Ave.

The Quincy Sun
CLASSIFIED AD FORM
 MAIL TO: THE QUINCY SUN, 1372 HANCOCK STREET, QUINCY, MA 02169
 PAYABLE IN ADVANCE. Payment must accompany order.

RATES	INDEX
1 WEEK	☐ Services
2-4 WEEKS	☐ For Sale
5-10 WEEKS	☐ Autos
11 WEEKS OR MORE	☐ Boats
	☐ For Rent
	☐ Wanted
	☐ Help Wanted
	☐ Work Wanted
	☐ Pets
	☐ Lost & Found
	☐ Real Estate
	☐ Antiques
	☐ Flea Markets
	☐ Yard Sales
	☐ Instruction
	☐ Day Care
	☐ Personal
	☐ Miscellaneous

☐ Enclosed is \$ _____ for the following ad to run _____ weeks in **The Quincy Sun.**
 COPY: _____

NO REFUND WILL BE MADE AT THIS CONTRACT RATE IN THE EVENT OF CANCELLATION.
 DEADLINE: FRIDAY AT 4PM. PLEASE INCLUDE YOUR PHONE NUMBER IN AD.

QUINCY COLLEGE

The Board of Governors of Quincy College Congratulates



**Governor Katherine P. Craven,
Chief Administrator & Financial Officer, Babson College**

Named CFO of the Year in the Education Category by the Boston Business Journal

Member of the Quincy College Board of Governors since 2018

First Deputy State Treasurer

Founding Executive Director of the Massachusetts School Building Authority

...

"We are proud that our fellow Quincy College board member Katherine Craven has been recognized for her tremendous commitment to community and public service. Thank you, Governor Craven. Quincy College is a stronger institution because of your service."

— Paul Barbadoro, Esq.,
Chairman, Quincy College Board of Governors

QUINCY COLLEGE - EMT CERTIFICATION NEW CLASSES START SEPTEMBER 22. APPLY NOW.

Emergency Medical Technicians (EMT's) are clinicians who operate at the Basic Life Support (BLS) level, receiving approximately 150 hours of training.

They are certified to perform BLS skills such as CPR, airway management, oxygen therapy, patient assessment and more.

The EMT certification is offered at Quincy College's Quincy campus as a six-credit, entry-level program.

5 Qualities of an *Excellent* EMT

1. Ability to Perform Under Pressure
2. Calm, Kind & Professional Scene Presence
3. Ability to Communicate
4. Compassionate
5. Good Judgement/Decision Making Skills



It's easy to get started. Contact us today:
Call 617-984-1710 or Email admissions@quincycollege.edu

Register now!

S
E
P

1
7

2
0
2
0